

# Proceedings from Opening Space for Peace and High Performance 2023

## Our Invitation



**I thought I knew what peace meant? Now I don't.  
I thought I knew what high performance was, but now I don't believe I do.  
We thought we understood the world, and wow has it surprised us!**

*Therefore we ask...*

**What does Peace mean?  
What does High Performance mean?  
What do they mean now, as so much continues to change?**

This is an invitation for people with various backgrounds to explore how we can invite peace for impact, leveraging the practice of Open Space.

## **Who's invited?**

People willing to use their gifts and expose hidden ones...

People willing to explore and take action to redefine our futures together...

People willing to create & support impact...

This is the space for people like you — like all of us.

## **What to expect?**

A time to share, to learn and to deepen our conversational practice in our work, in our homes, and in our communities around issues, initiatives and possibilities that matter to us and that we want to explore together.

## **When is it happening and where?**

January 13th, 14th, 15th, 2023

We hoped to meet in person, but we've switched to virtual-only again this year to best serve our community. As in 2021 and 2022, we will gather on QiqoChat.com using Zoom and other online tools.

## **How are we going to work together?**

Our dialogues will be in Open Space Technology, a loose structure powered by five principles and one law which guides behavior and provides clues in self-management.

**Whoever comes are the right people  
Wherever it happens is the right place  
Whatever happens, is the only thing that could have  
Whenever it starts is the right time**

## When it's over, it's over

The law of mobility (or the law of two feet) — every person is responsible for their own learning and moves to conversations they find the most rewarding and where they can make a difference.

## How it all started...

For nearly a quarter of a century, people from around the world have come together to open space over four or three days in New York City, at International House.

Over the years, this gathering has always been unique and special. It was like coming home for those who attended before; for those new to Open Space, a welcoming place that quickly felt like home.

Past gatherings were hosted by Harrison Owen, Karen Davis, with Devorah Gilbert and Ralph Copleman; in recent years, Suzanne Daigle, and the [Open Space Institute](#)

'Opening Space for Peace and High Performance' has been the call for more than a decade. Now more than ever, in its broadest applications of self, life, work, community, and world; it speaks to the urgent need of our times.

Last year, the convening question was: "HOW MIGHT — AND WILL WE GENERATE GLOBAL IMPACT THROUGH THE GIFT OF OPEN SPACE?". This question is still very much alive in us, fueling dialogues around the world.

We are excited you are joining us in this adventure. *Be prepared to be surprised!*

**January 13-15, 2023**

In the late 90's Harrison Owen wrote *The Practice of Peace*. It was around that time that the tradition of holding a learning event in Open Space during the Martin Luther King federal holiday weekend began. The teachings of Dr. King and the work of Open Space around the world are inspired by similar values, principles and mission.

If you are sensing the shifts and invigorated by the possibilities of navigating change in ways that tap into our unique individual and collective potential, we warmly invite you to join us.

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## SCHEDULE

We are excited you are joining us in this adventure - any one or all three days. We welcome arrivals for reception and networking at 9am EST (-0500 GMT). The opening each day happens at 10am and ends 3pm EST.

On Saturday after news and announcements we include an option for all to join the hosting organization Open Space Institute - US' annual member meet-up from 3:30pm to about 4:30pm EST or whenever it is over.

Please view this [Daily Flow page](#) to better see what it looks like in your time zone.

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## DONATION

Our desire is to include all who want to participate. The suggested donation is \$25 for the three days to cover our costs. Any amount above will be welcome with the goal of continuous educational activities to foster learning in Open Space through OSI US. If financial circumstances are difficult, know that you will be welcome at no cost.

Registration is necessary to have access to the sessions.

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## CONTACT

Karen Davis at +1 (212) 595-9107 or [karen@karenjdavis.com](mailto:karen@karenjdavis.com).

## YOUR HOSTS

**Open Space Institute US: OSI-US** holds space for Open Space and serves by: providing access to resources on Open Space; connecting individuals and groups to inform, inspire, mentor, and sustain each other in opening and holding space; and being an inclusive learning community. We believe that inspired behavior can be an everyday experience and that humanity is only limited by its perceptions of the possible. OSI was created to grow that sense of possibility and make it a reality by focusing on: learning, research and practice. Our board currently includes Karen J. Davis, Harold Shinsato, April Jefferson, Riton Erickson, and Susan Liao.

**Karen J. Davis:** Karen, a consultant with organizations globally, is committed to enhancing the health, effectiveness, and joy of human systems. She is dedicated to co-creating global communities through working and learning with colleagues throughout the world. For a decade Karen was graduate faculty in Santiago de Chile. She serves on the boards of Open Space Institute of US, the International Organization Development Association and previously the Organization Development Network, as well as on boards of community and cultural organizations. Karen is a co-author in *The Sustainable Enterprise Fieldbook*. She has been involved with Open Space since before its naming. When not traveling or working around the world, she lives in New York City, returning

regularly to her native Arizona. Summers, she is on her farm in rural Quebec, Canada. Karen describes herself as a gardener and a world citizen.

**Harrison Owen:** Harrison is President of H.H.Owen and Co. His academic background and training centered on the nature and function of myth, ritual and culture. In the middle '60s, he left academe to work with a variety of organizations including small West African villages, urban (American and African) community organizations, Peace Corps, Regional Medical Programs, National Institutes of Health, and Veterans Administration. Along the way he discovered that his study of myth, ritual and culture had direct application to these social systems. In 1979 he created H.H.Owen and Company in order to explore the culture of organizations in transformation as a theorist and practicing consultant. Harrison convened the First International Symposium on Organization Transformation and is the originator of Open Space Technology. He is the author of *Spirit: Transformation and Development in Organizations*, *Leadership Is, Riding the Tiger*, *Open Space Technology: A User's Guide*, *The Millennium Organization*, *Tales From Open Space*, *Expanding Our Now: The Story of Open Space Technology*, *The Spirit of Leadership: Liberating the Leader in Each of Us*, *The Power of Spirit: How Organizations Transform*, *The Practice of Peace*, and *Wave Rider: Leadership for High Performance in a Self-Organizing World*.

Click this [link](#) to see who's coming.

## OUR GUIDE

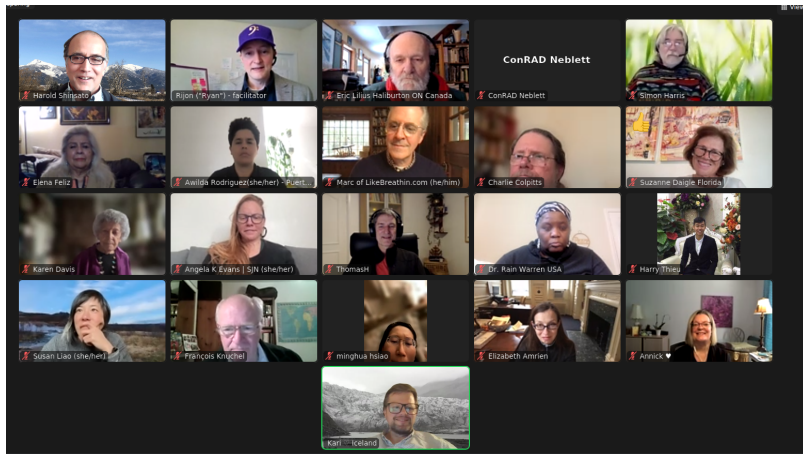
### The Principles

- Whoever comes are the right people.
- Wherever it happens is the right place.
- Whatever happens, is the only thing that could have.
- Whenever it starts is the right time.
- Whenever it's over, it's over.

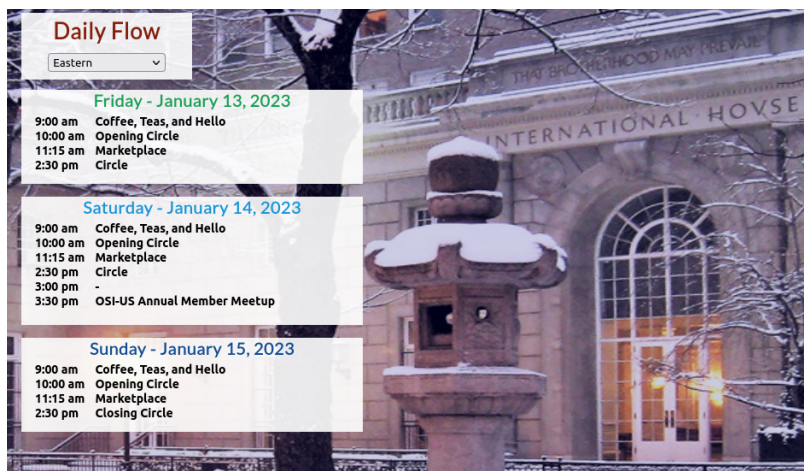
### The Law of Mobility "Law of Two Feet"

If you find yourself where you can't learn or contribute, move yourself to a place where you can.

### PREPARE TO BE SURPRISED!



## Daily Flow and Marketplace



## Day 1 Marketplace Peace & High Performance 2023


**11:15am est**

Can we have peace without non-violent conflict? /Harold

Add comment

**11:45am est**

When will we have real-time AI dictation to translate and vocalize between the world languages in video-conferencing and OST events like today, could it be that it is just around the corner in time? - Kari



Anonymous 2mo  
If we want to engage 8 Billion people in one topic at the same time, do we need to cross the language barrier with this tech?

Add comment

**12:15pm est**

What is mine to do? --Kim

Add comment

**1:00pm est**

1pm ET (10am PT) - Embracing Open Space principles in conversation & dialogue: what does that look like? - Susan

Add comment

**?**

Sunday with Rain and Rijon - Expanding the Net - Opening MORE Space (immediately following the Opening)

Add comment

**12:45pm est**

For the Love of Open Space I wrote a book. - Suzanne

Add comment

**2:00pm est**

Endings and New Beginnings - How might we better deal with them? (Annick)

Add comment

## Day 2 Marketplace Peace & High Performance 2023

**11:00am est**

What could you do in the service of peace with free use of QiqoChat? We can make that happen! - Lucas Cioffi

Anonymous 2mo  
As always such a generous offer Lucas. You are a gift to our Open Space community.

Add comment

**11:30am est**

Which are the practical elements that create space for magic (Peace and High Performance) to happen in physical OSTs? How can we do OST as closely as possible online?/Thomas


Anonymous 2mo  
KARI: I am in

Anonymous 2mo  
I'll see you there! Love this topic! Thank you Thomas

Add comment

**12:00pm est**

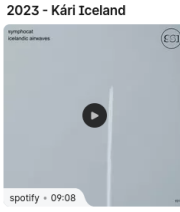
Practical steps to holding space for international students where they are. - Tom Brown



Add comment

**12:30pm est**

Organize an OST parallel to a large music festival in downtown Reykjavik, Iceland, in early November 2023 - Kári Iceland



spotify · 09:08  
Foggy Reykjavik

Add comment

**1:00pm est**

Bursting Bubbles - Harrison Owen

Add comment

**1:30pm est**

Open Space as a Ritual. (Annick)

Anonymous 2mo  
Experimenting with Open Space: what does that look like? - Susan

Add comment

**12:00pm est**

Opening Space for INSIGHT. Presence, Dialogue and the Practice of Peace. Richard Schultz

Add comment

## Day 3 Marketplace Peace & High Performance 2023

**11:00am est**

What is your relationship with peace? Do you remember the first time you desired peace? Harry/Sweetness

Add comment

**12:00pm est**

Room 26, Exploring social safety and open space. Do rituals make a difference for equality and social safety? Opportunities and obstacles?/ Annika/Annick

Add comment

**1:00pm est**

Endings and New beginnings in the workplace. How might we better deal with them? (Annick)

Add comment

**2:00pm est**

Live sitar music with Ikhliaq.

Ikhliaq has been a part of PHP live at International House and will be playing just before the closing circle in this virtual adventure.

Anonymous 2mo  
<3

Add comment

**11:30am est**

"EXPANSION" AND "INVITATION": Am I hearing the knock? The calling? The whispers in my life? (Rijon and Rain)

Add comment

**12:30pm est**

Mind, body and spirit. Conversation on how to incentive our best being / Ulises (What is to be spiritual and how is related to our best physical and cognitive performance?)

What is to be spiritual and how is related to our best physical and cognitive performance?

Add comment

**1:30pm est**

What's love got to do with it Peace/Peak Performance? How do I connect to, remember loving, is it a choice? What do I have to do with it? What is your experience of loving and connecting to it. What interrupts what helps? /Skye

Add comment

**Future Conversation Beyond Day 3**

Discussing/exploring how to co-write a guide to online open space (add your name in the comments section and I'll reach out after the event)- Lucas Cioffi

Anonymous 2mo  
Thomas Herrmann

Anonymous 2mo  
Eric Lillus

Anonymous 2mo  
I looked at the extensive notes on Thomas's Day 1 session and noted how he tries to include the essence of Open space in the visuals. Those notes are very valuable to me.

Anonymous 2mo  
Simon Harris

Anonymous 2mo  
Lucas, Can you figure out how I can be in 10 places at one time? LOL Thank you in advance. Rain

Add comment

**11:45ish est - Open Spacing to explore: people and power /Susan**

Add comment

# The Sharing Wall



Tony Bruce  
Eva Stenby Carlsen  
Lucas Cioffi  
MARLENE COLON TORRES  
Charlie Colpitts  
Annick Corriveau  
Quita Crump  
Suzanne Daigle  
Betty Davis  
Karen Davis  
Rijon Erickson  
Angela Evans  
Elena Feliz  
Elena Feliz  
Tania Fox  
Janet Gerson  
Ann Goldman  
Mary Jo Greil  
Kari Gunnarsson  
Simon Harris  
Therese Hendrickson  
Audrey Hepburn  
Thomas Herrmann  
Skye Hirst  
Minghua Hsiao  
April Jefferson  
Irene Jenkins  
K. Sweetness Jennings  
Syed Kareemullah  
Marai Kiele  
Moussa Kone  
Farah Lenser  
Paul Levy  
Chuni Li  
Susan Liao  
Eric Lilius  
Ariel Lublin  
Doug Marteinson  
Kim Maynard  
Elaine McCullough  
Kevin McGovern  
Luci McKean  
Daniel Mezick  
Allie Middleton  
ConRAD Neblett  
Auset O'Neal  
Barry Owen  
Harrison Owen  
Ralph Pearce  
Thomas Perret  
Donald Phillips  
Elizabeth Price  
Betty Proctor  
Judit Revesz  
Gérène Robichaud  
Awilda Rodriguez  
Kennan Salinero  
Richard Schultz  
Charisse Sciuva  
Harold Shinsato  
Romy Shovelton

Takia Stewart  
Michal Szpor  
Harry Thieu  
Marc Trudeau  
Magdalena Valderrama  
Lee Vandivier  
Christopher Vestal  
Rain "Dr. Rain" Warren  
Gail West  
Annika Widegård  
Keith Woomer  
Wojciech Zawisz

## 2023 Annual Member Meeting OSI-US

Welcome To the Annual Member Meeting for the Open Space Institute of the United States

Who is a member? You can be a member by signing up at our website, but whether or not you are a formal member - whoever comes is the right people!

### Meeting "Minutes"

Started after the evening news for day 2 of Opening Space for Peace and High Performance - at about 3:40pm est

Who came: Harold, Susan, Rijn Erickson, Dr. Rain Warren, Paul Levy, Marc Trudeau, Charlie Colpitts, Karen J. Davis

Minute of silence

Check-in Themes: tired, excited about new board energy, lots of ideas, happy if this is short, my dog giving space, called out of the bath suddenly and extra soak before getting out of lots and lots of open space, sparking feelings wondering what am I what to welcome in, here is where my feet are taking me, glad that folks are glad and that we're here, and life is here, admiration of Dr. Rain's talk how Harrison transformed who she was being, who do I need to be to have an impact like Harrison's, afraid of getting push back for being perceived as contributions being inappropriate, wondering what the board is up to.

Harold gave a quick update of our efforts, most of which through the year, and where we have the most impact is in the Peace and High Performance open space conference, once a year in January. We're doing well financially. We have 2 new members in 2022, and we lost one, currently at five board members. Our other efforts include the maintenance of the website, <https://osius.org>, where all our proceedings from our meetings can be viewed. We fund and support the OSList, an email list operating since the late nineties. And we have been hosting the OSHotline zoom meeting that happens on Tuesdays for quite a few years, right now with the help of our member Charlie Colpitts.

## Space 4: 11:15 am est Does High-Performance (as Contest) undermine Peace? What alternate framings support both? - Marc Trudeau

TOPIC:: What's in the "SPACE" for you? What's present for you about what's happening in the world personally and globally?

ATTENDEES: RAin Warren, Convener

Betty Proctor, Betty Davis, Quita Crump, ThomasH, François Knuchel, 🇺🇸

[Dr. Rain Warren] 11:23:25 Hello, Betty!

[Betty Proctor] 11:23:27 Hi, Rain

[Dr. Rain Warren] 11:23:30 Well, it's open. I'm just very curious.

[Dr. Rain Warren] 11:23:36 And I. I set up the Transcript, and I hope I can save the Transcript.

[Dr. Rain Warren] 11:23:40 I don't know where it saves to, so that would be a way of taking the notes.

[Dr. Rain Warren] 11:23:44 So I'm just very, very curious. What's stirring up in people about what's happening in our world.

[Dr. Rain Warren] 11:23:55 And also what's not only what's happening like out there, but also in here with you

[Dr. Rain Warren] 11:24:06 And I've just noticed for myself that most of the people that I hang out with they have like a worldview.

[Dr. Rain Warren] 11:24:18 They're they're global people. They interact with people around the world.

[Dr. Rain Warren] 11:24:24 And at the same time there's stuff going on with them in their own personal lives, in their community.

[Dr. Rain Warren] 11:24:31 Everything. So we're confronted with so much stuff and so I'm just curious.

[Dr. Rain Warren] 11:24:37 What's been going on with people? What's happening?

[Dr. Rain Warren] 11:24:41 It reminds me that I don't know if you're familiar with that Marvin gay song.

[Dr. Rain Warren] 11:24:45 What's going on. Let's go, you know what's going on.

[Dr. Rain Warren] 11:24:49 Let's go, you know, like that. Oh, I just open it up.

[Dr. Rain Warren] 11:24:53 For whatever people want to share.

[ThomasH] 11:24:56 Hmm.

[Dr. Rain Warren] 11:24:58 Welcome. Betty Davis, one of my favorite actresses

[Betty Davis] 11:25:05 Thank thank you. Hi, morning. And thanks for asking that question. I think it was really good, and I feel like I don't even have a time to ask myself these questions.

[Betty Davis] 11:25:17 Here in the Bay area. It's just, you know, work, work, work.

[Betty Davis] 11:25:22 It's very career driven. So it's good to pause and think a little bit about it.

[Betty Davis] 11:25:27 So I think that's what I'm doing.

[ThomasH] 11:25:31 I'm I'm just checking Betty Davis, W. W.

[ThomasH] 11:25:35 Would you like to have your camera off because it's off? Now?

[ThomasH] 11:25:38 Just wondering.

[Betty Davis] 11:25:38 Oh, yes, I'm just in the process of getting myself together.

[ThomasH] 11:25:42 That's fine!

[Betty Davis] 11:25:42 It's early in the morning here in the Bay area, and I will turn it on in a few minutes.

[ThomasH] 11:25:45 Thank you. Thank you. Okay, I was just wondering if you were aware.

[ThomasH] 11:25:50 Thanks.

[Betty Davis] 11:25:50 Yeah, thank you. Yes.

[Dr. Rain Warren] 11:25:52 Yeah, turn your camera on, because I'm seeing my Betty Davis

[ThomasH] 11:25:56 So, so, so, Betty Proctor, what what's going on

[Betty Proctor] 11:26:04 So when you set that, it made me think of the spaces where the interaction between external and the internal to something that is keeps bubbling up in my world.

[Betty Proctor] 11:26:19 Right now I have connections in Palestine, and I'm a a pastor.

[Betty Proctor] 11:26:25 So I end up in spaces where Israel is politicized religiously quite often, and so Palestinian apartheid ends up, being one of the topics that I've is heavy on my heart and ends up being an external system that's like a the

[Betty Proctor] 11:26:51 Dark secret for the mainstream community, and I think of so that for me, that's like a touch point that ends up being.

[Betty Proctor] 11:26:59 It's that external, internal. So that ends up being for me a personal touch point that I see even with things like water pollution.

[Betty Proctor] 11:27:07 You know we don't have cesspools in our world that aren't connected to and spirit.

[Betty Proctor] 11:27:16 So yeah, what came up for me

[ThomasH] 11:27:26 The first thing that came up to me now, when I was thinking a little bit is so much going on in the world, of course, as well.

[ThomasH] 11:27:35 I've been working with and sharing open space technology for the past 20 years, and what other ways of getting together and being in genuine connection with each other.

[ThomasH] 11:27:47 And right now, I have 2 elderly parents, and just like an example that that that when we have kind of meetings with the in the hospital, with doctors, with other people who are supporting them, it's just this lack of knowledge of how can we create a life nourishing space to come

[ThomasH] 11:28:13 together, to listen respectfully to each other, and to share with each other.

[ThomasH] 11:28:17 What's our needs, and and how are we? And so on.

[ThomasH] 11:28:22 So I'd be working internationally by the bit as well.

[ThomasH] 11:28:27 At the same time I see also here in my home country in Sweden, the such a lack of knowledge.



[ThomasH] 11:28:33 I'm just so blessed and so happy to game, to share and to to train many people in, how to to just get together in a way that where we can give everyone the the a good chance to express themselves, and we will listen to respectfully and I think that's global need that is

[ThomasH] 11:28:58 In many, many places, and I feel the best I can do with just to continue to share.

[ThomasH] 11:29:08 And I also just turned 60 this year, and I was kind of getting a little bit nervous about how do I ensure to make a legacy kind of leave a legacy kind of and then a friend of mine who will probably show up here as well, later on?

[ThomasH] 11:29:22 Marai and Germany are working, locked together with her.

[ThomasH] 11:29:25 She. She just told me that. Thomas, you already left the legacy and so many people out there doing the work that you've taught, and that was really nice feeling for me.

[ThomasH] 11:29:34 So I just feel like I left the legacy I don't need to be stressed anymore.

[ThomasH] 11:29:37 And just, I'm just happy to continue the work I do, and I I don't need to to think that I'm the one who is going to save the world.

[ThomasH] 11:29:45 I just do my part with a lot of joy I'd love, and that's fine

[ThomasH] 11:29:53 Thank you.

[ThomasH] 11:29:57 Hi, Francois! Nice to see you as well

[Dr. Rain Warren] 11:30:01 Welcome to the space, Betty, I think about what you shared about Palestine, and having worked there with young people, some of them that was a few years ago.

[Dr. Rain Warren] 11:30:17 Some of them are older now, and every now and then I wonder what their lives are like and what they're dealing with.

[Dr. Rain Warren] 11:30:25 Some of them, you know, are no longer here on the planet because of the violence in the war, and I think about some of the things I named earlier.

[Dr. Rain Warren] 11:30:39 You know for me I just can't like ignore it like it doesn't impact me.

[Dr. Rain Warren] 11:30:44 It impacts me, you know, even when I in the Us.

[Dr. Rain Warren] 11:30:50 I guess it was a couple of years ago. Someone came into a synagogue, and I don't.

[Dr. Rain Warren] 11:31:02 I don't remember if it was a bomb or shooting at a synagogue, and I was on the phone with a friend, and we cried, neither one of us are Jewish.

[Dr. Rain Warren] 11:31:14 We like, you know.

[Dr. Rain Warren] 11:31:17 You know, we cried. Then we went to program at one of the temples here, and they were shocked.

[Dr. Rain Warren] 11:31:26 They said, Oh, wow! We have 2 black people attending like it was a shot expression like we wouldn't care about what was going on in a community that wasn't necessarily my community.

[Dr. Rain Warren] 11:31:43 And so that felt a little weird. And, Thomas, I'm a caregiver for my mom, who's 90

[Betty Proctor] 11:31:45 Yeah.

[Dr. Rain Warren] 11:31:53 And I took on this role right after I finished my doctorate.

[Dr. Rain Warren] 11:31:59 And that's been my life for the last 3 years.

[Dr. Rain Warren] 11:32:04 And so I've I still just very rarely. Now and then I might do consulting.

[Dr. Rain Warren] 11:32:09 I might participate in an open space. You know I do.

[Dr. Rain Warren] 11:32:15 My own programs and activities, mostly virtually. But I've I'm like here in a place that I wouldn't necessarily choose to live in Tallahassee, Florida, in the South.

[Dr. Rain Warren] 11:32:28 No, and that's where I wound up being, and so so I have this world that in some ways feels very small, and then based on my background and experience, it's like a huge.

[Dr. Rain Warren] 11:32:42 It's like a bigger world. And so for me, just finding the balance and just really being at the point of looking, you know, what is my life about, and the rest of my life about a friend of mine gave me this concept called quality time remaining so Thomas, you turned 60.

[Dr. Rain Warren] 11:33:05 I'm actually 62, and you know, I'm thinking about from now.

[Dr. Rain Warren] 11:33:15 Given the quality time that I have remaining one. Do I want my life to be about in my mind?

[Dr. Rain Warren] 11:33:21 I'd love to be sitting on a event somewhere eating.

[Dr. Rain Warren] 11:33:24 Ice cream that has no negative impact on my body.

[Dr. Rain Warren] 11:33:29 Looking at the ocean with a couple of books I'm reading

[Dr. Rain Warren] 11:33:35 And then

[Dr. Rain Warren] 11:33:38 Then my other mind is like the world, you know, being in the world.

[Dr. Rain Warren] 11:33:45 Welcome, oh, Hi! Patty! Nice nice to see you! Oh, this is not!

[ThomasH] 11:33:47 Alright!

[Betty Davis] 11:33:49 Hey!

[Dr. Rain Warren] 11:33:51 This is an open conversation for you to express whatever is present for you.

[Dr. Rain Warren] 11:33:57 Oh, you know, just being here, what's going on with you?

[Dr. Rain Warren] 11:34:00 What is your world? Just sharing a glimpse?

[Dr. Rain Warren] 11:34:04 For others, and that's where we are

[Betty Davis] 11:34:10 Yeah. And I think lately the theme in my life or in the past, I guess couple of weeks has been kind of questioning what my thoughts are and how I'm thinking, and how I'm approaching things.

[Betty Davis] 11:34:25 Questioning my assumptions, and I realize that you know my I, guess I tend to be in a bubble of my own life, and and I want to kind of go out a little more into an open up.

[Betty Davis] 11:34:40 A little more into into community. But but yeah, I feel like there's a tendency and I guess the Us.

[Betty Davis] 11:34:48 And and I'm actually Hispanic and and Caucasian.

[Betty Davis] 11:34:51 So I have the 2 Mexican-american cultures, and it feels sometimes like, you know, there is a very individualistic culture here in the Us.

[Betty Davis] 11:35:01 Right versus other cultures that could be like more family, oriented or community relying more on the community.

[Betty Davis] 11:35:09 So I'm just observing that. And and you know, questioning my the way I think the way I, you, you know, assume things and trying not to trying to embrace everyone kind of over all human, and we all have value and dignity, and and we're not like Mexican

[Betty Davis] 11:35:32 We're not like, you know, African, American, or you know, Asian.

[Betty Davis] 11:35:37 It's, you know, all one big thing. So and just gonna be understanding a little more like how we can.

[Betty Davis] 11:35:45 I guess, tend to sometimes group into things and be like, okay, this is my tribe, and that's your tribe, and that just creates, I think, a lot of division.

[Betty Davis] 11:35:59 It can be unhealthy and just I I'd like to have more awareness personally of all of those things, of how I think, how I assume things.

[Betty Davis] 11:36:10 I perceive others myself, and then hopefully have a healthier, more open approach to to life.

[Betty Davis] 11:36:27 Sorry I was rambling a bit

[Dr. Rain Warren] 11:36:29 Thank you. Thank you, Betty. Well, I think well, I'll just speak for myself.

[Dr. Rain Warren] 11:36:35 I'm in. I was randomly, too, but that's where I am.

[Dr. Rain Warren] 11:36:39 I ramble until I stumble upon the time when I'm not.

[Dr. Rain Warren] 11:36:44 Maybe so just jump in, Tito's here, Conrad.

[Dr. Rain Warren] 11:36:50 Front. Wall, here from Sweden. Just jump in. It's open.

[Dr. Rain Warren] 11:36:56 There's no nothing.

[Dr. Rain Warren] 11:36:59 Oh, agenda! Other than Sharon

[François Knuchel] 11:37:07 Hey? I really don't know where I am, because okay, since you're talking about age, I mean, this morning I had a birthday

[François Knuchel] 11:37:41 Yeah, you? You you mentioned quite a few things in the main circle in the the home room range.

[François Knuchel] 11:37:51 That the things that were on your mind, and as you were saying, the listing of all those, all those things, thinking, Okay, yeah, nothing's changed.

[François Knuchel] 11:38:03 Those were the things I was thinking 30 years ago. And yeah, and and and yet we're still stuck in the same.

[François Knuchel] 11:38:10 And we're still to the degree that. And and then simply because you know you, you at some point, no

display is all right. Well, because I'm not that kind of person.

[François Knuchel] 11:38:29 But but we're yeah where you just see

[François Knuchel] 11:38:33 We're still stuck in the same with the same issues.

[François Knuchel] 11:38:36 And and the same issues have just become stronger. It's wrong, but also not only strong.

[François Knuchel] 11:38:41 I feel that the violence in the world has increased, especially in the last few years.

[François Knuchel] 11:38:45 So I do get a sense there is one part of me that where I get the sense and this is where I'm at.

[François Knuchel] 11:38:55 Yeah, as the as the crisis are increasing, getting worse and more and more people are becoming aware of that is, that is something at least change more people.

[François Knuchel] 11:39:10 Obviously, people are always becoming more desperate.

[François Knuchel] 11:39:13 And you know there's a great desperation there, and not name what to do.

[François Knuchel] 11:39:17 They're becoming more violent. And and as society the world, I just figure is getting a is getting more.

[François Knuchel] 11:39:26 And yet there's another side, and I looked at it from another and I see there's so many good things of the being, so many future happening in embarrass communities, and I tend to be long in the in that group, although I don't think one particular community.

[François Knuchel] 11:39:46 But in number of different. Yeah, I'm sorry.

[François Knuchel] 11:39:51 This in this limbo states at the moment where I I I see all the all these.

[François Knuchel] 11:40:00 Yeah, the increase of virus and and and increasing, and it doesn't have to be physical violence.

[François Knuchel] 11:40:05 By the way, it's all kind of all kinds of going on, and at the same time all these positive news news, the New World being reinvented.

[François Knuchel] 11:40:19 So, yeah.

[François Knuchel] 11:40:22 That's where I'm at, basically not going. And of course, the reality is a bit of both of them.

[François Knuchel] 11:40:33 It's a big question.

[Betty Davis] 11:40:47 I wonder if there's really more violence, or we're just more informed about it.

[Betty Davis] 11:40:52 And and there's the social media aspect of things. See how that's shared

[Dr. Rain Warren] 11:41:02 You have something else, Betty, will you complete

[Dr. Rain Warren] 11:41:07 Ready!

[Dr. Rain Warren] 11:41:11 You know, I think I I had that same thought

[Dr. Rain Warren] 11:41:16 Like that. You had fans while the things haven't changed.

[Dr. Rain Warren] 11:41:21 Thought about this so much, and and also the thought that maybe it's the social media that we have more access to it.

[Dr. Rain Warren] 11:41:30 But something's telling me something's very different. There's something different.

[Dr. Rain Warren] 11:41:36 It's just like something different in the air. And

[Dr. Rain Warren] 11:41:42 Oh!

[Dr. Rain Warren] 11:41:45 I'm so disappointed with the politics in the United States.

[Dr. Rain Warren] 11:41:50 It just seems like what happened to the integrity

[Dr. Rain Warren] 11:41:56 And then I could always look out there and then look at.

[Dr. Rain Warren] 11:42:00 I have to keep pointing back at myself. Where were the places that I could have gotten involved?

[Dr. Rain Warren] 11:42:05 And I was turned off and changed my mind. You know what would have happened if I had stuck in there and said, Yeah, I'm gonna you gonna run for office or take on this role.

[Dr. Rain Warren] 11:42:19 And so I guess I'm at that point in my life where I'm looking back and I'm looking forward, and I'm just in this present space of okay quality time remaining what are you gonna do with the rest of it?

[Dr. Rain Warren] 11:42:34 So, Kita. Hello, everybody! Just jump in on. It's sort of like a open conversation

[Quita Crump] 11:42:44 Thank you. Thank you. I just wanted to presence myself.

[Quita Crump] 11:42:49 Say happy birthday to principal and just a acknowledge who's in the room is well, I remember you to us in Sweden from earlier Daddy.

[Quita Crump] 11:43:07 We met in other rooms and other platforms. Richard, I have not yet met you I'm so glad to see my dear Conrad here.

[Quita Crump] 11:43:16 I can't wait to hear him speak, and Betty, I just love your name, but I I thank you for what you shared, and I think it is a a bit of both.

[Quita Crump] 11:43:29 I'm gonna say, start with, what's happening with me globally and personally, this is my very first time in open space.

[Quita Crump] 11:43:41 And I'm so grateful to you, Duran, for inviting me, and I I'm feeling so at home here because the theme of peace and highest performance are things of my life.

[Quita Crump] 11:44:00 So you know. It's of course I should be there.

[Quita Crump] 11:44:05 So that said globally, what I'm up to is community taking a look or a read?

[Quita Crump] 11:44:15 What's happening? Where and what are the solutions?

[Quita Crump] 11:44:21 Because I have a belief that the solutions are in the hands of the individuals who alright experiencing.

[Quita Crump] 11:44:31 Oh, whatever is out of balance. And so my antenna purpose is is focused on having those conversations that are gonna want to shift, unite, and coalesce people into the actions that will correct the conditions.

[Quita Crump] 11:44:51 So that's that's what I'm up to, globally, personally, I'm looking to see what my individual role can be at this particular juncture in my life online.

[Quita Crump] 11:45:06 I'm 71 years old when experiencing some rather serious health crisis right now.

[Quita Crump] 11:45:14 And so, time remaining is a very real conversation for me.

[Quita Crump] 11:45:19 So. But what actions can I take with the resources that I have at hand?

[Quita Crump] 11:45:27 They're gonna make a difference. I have some targetting communities.

[Quita Crump] 11:45:32 I've already started conversations in, and I'm looking to see how to continue that, how to empower others in conversation, how to reach out to youth in hopes of waking them up to the reality of the responsibilities we have to each other to organize our lives, in ways that

[Quita Crump] 11:46:01 Make a difference, not just for our own definitely good course. We must do that.

[Quita Crump] 11:46:09 But being aware and recognizing that we're part of the United Home, and what affects one part, ethics so that's pretty much a nutshell.

[Quita Crump] 11:46:19 Thanks.

[Dr. Rain Warren] 11:46:23 While, Kita, you, I think you said what I'm up to better than I did

[Dr. Rain Warren] 11:46:30 Wow!

[Dr. Rain Warren] 11:47:14 You know, I think about the things that I think about in the world, and it's not like I'm not a person who's like constantly watching the news and all of the things it's just that lately it's been in my spirit.

[Dr. Rain Warren] 11:47:28 To look at things, and I have some friends who they're at the stage of their life, what?

[Dr. Rain Warren] 11:47:36 They're just enjoying their life. They're traveling the world.

[Dr. Rain Warren] 11:47:37 They're eating out a great restaurants. They're laughing there with their grandchildren.

[Dr. Rain Warren] 11:47:42 They're just having fun, like all of this stuff I mentioned.

[Dr. Rain Warren] 11:47:46 They're like, Oh, yeah, that's interesting. That's all happening. And then it's just like, Wow.

[Dr. Rain Warren] 11:47:55 That's not a part of their reality. In the same way it is a part of mine.

[Dr. Rain Warren] 11:48:02 They don't feel compelled that they have to do anything about it.

[Dr. Rain Warren] 11:48:05 They're like, wanna go to dinner. Wanna take a trip, and I'm just like I I wanna you feel I feel so happy for you that we still have a world where you can travel.

[Dr. Rain Warren] 11:48:19 You know, it had its limits, and I feel like that's changing

[Dr. Rain Warren] 11:48:27 I would love to have a world where it was just free.

[Dr. Rain Warren] 11:48:29 You could just enjoy all of the different cultures with no threat or no.

[Dr. Rain Warren] 11:48:35 Unsafe thoughts, or anything, and when my friends travel I always have a safe trip.

[Dr. Rain Warren] 11:48:42 You know.

[Dr. Rain Warren] 11:48:45 And I just wonder, you know, what are we? What what are we creating

[Dr. Rain Warren] 11:48:53 I don't know

[RichardSchultz] 11:49:03 Hello, everyone! Hello, friend Swan Thomas! I know you. I don't know the others here, so I had a trouble getting into Kiko Chat.

[RichardSchultz] 11:49:11 I've got too many. He could chat ids, and somehow everything got mixed up and put me somewhere, and I wasn't on a list, and it was bizarre.

[RichardSchultz] 11:49:20 Anyway, I'm here. I'm here in open space so it's nice to be here with you, and and pieces is is very much part of of what I do.

[RichardSchultz] 11:49:29 I run a piece cafe every second week, which is done in bomb dialogue, and it from a quad.

[RichardSchultz] 11:49:37 The question, what's in the space for me? What's what's happening in the world?

[RichardSchultz] 11:49:41 I I noticed these polarities a lot as what I'm attuned to, and I noticed the narratives from from both sides.

[RichardSchultz] 11:49:51 I try and listen to both sides and I try and go into a little bit of depth if I can, in all, not both sides of many multi multi polar views, and there's no there's no there there's a there's it's insane.

[RichardSchultz] 11:50:06 There's suppression. There's narratives, there's control.

[RichardSchultz] 11:50:08 Talking about open space and letting go of control. Everybody's trying to control in this world of which seems like fear and uncertainty.

[RichardSchultz] 11:50:16 There's shaming, there's canceled culture.

[RichardSchultz] 11:50:21 Let us feels like a lot of superficiality.

[RichardSchultz] 11:50:24 We people want to stay in the service because to go underneath this, too intimidating in some ways or something like this.

[RichardSchultz] 11:50:32 So how do we? Yeah, we can listen to the mainstream news.

[RichardSchultz] 11:50:37 And I get one picture, but I don't get the the in-depth story, and I get a narrative which may not entirely be true, and then I can go and dip into some of the the not allowed channels, and I can get convinced there, maybe or I can be I hate

[RichardSchultz] 11:50:55 This, and refuse to listen to the other side of the conversation.

[RichardSchultz] 11:51:00 So dialogue is important to me. How can we let go of our assumptions, and can we hold a space together where we have different opinions?

[RichardSchultz] 11:51:09 Different world views and have a real conversation without about data.

[RichardSchultz] 11:51:14 Really relationship. And Francois and I got to know each other in a boom dialogue, and I've loved that space of of really open conversation.

[RichardSchultz] 11:51:26 The other thing. I see all of those things in these shadow archetypes playing out in the world, and I do shadow work, and that's an important underneath, not superficial work for everybody, and our collective to do.

[RichardSchultz] 11:51:39 But I also see the other side in a complete blossoming of spirit and consciousness and change in the world.

[RichardSchultz] 11:51:47 So I see both sides of this, and I'm fascinated by this massive change that the world is going through.

[RichardSchultz] 11:51:54 And I think that the catalyst for this consciousness is what might be considered the dark side, the shadow, the gift is often inside the shadow.

[RichardSchultz] 11:52:03 Are we willing to do the inner work, though to when they shadow, comes into presence, and we get to see it?

[RichardSchultz] 11:52:11 What are we gonna do with it? Are we gonna try and shut it down?

[RichardSchultz] 11:52:15 Suppress it, control it. Are we going to talk about that elephant?

[RichardSchultz] 11:52:17 Under the table and really investigate the wounding and the trauma that actually probably created it.

[RichardSchultz] 11:52:26 In the first place. So this deeper work is important, and much of the world seems to be wanting to stay in the superficial side.

[RichardSchultz] 11:52:33 I like to go deep that's why I like to be in spaces like this.

[RichardSchultz] 11:52:36 It tends to go a little deeper, but even in liberal groups I often find that we're I am attached to my own

biases.

[RichardSchultz] 11:52:45 My own narratives, and I can't always see them. And I.

[RichardSchultz] 11:52:49 So I you know, and then I judge. How do you? How do I open up?

[RichardSchultz] 11:52:52 How do I see what I'm not seeing whether it be climate change, climate change isn't isn't, is one topic doesn't bother me as much as the inner climate that we're all experiencing.

[RichardSchultz] 11:53:03 And the social implications of all these things that are going on the world.

[RichardSchultz] 11:53:08 If we don't go into the inner world to open our perspective on what's happening, I think we're in for real trouble.

[RichardSchultz] 11:53:16 That's the opportunities in open space and dialogue and things is really investigating our perspective on what's happening.

[RichardSchultz] 11:53:23 Because, as you, as everyone said, one perspective is, Wow, I can finally be free and travel, and you draw my retirement, or whatever it is, it's a it's a valid perspective.

[RichardSchultz] 11:53:33 When he'll get lost in this stuff. Just have fun.

[RichardSchultz] 11:53:38 Go ahead! Yeah, I don't know, so I'm curious.

[RichardSchultz] 11:53:40 I'm fascinated by what's going on, and I'm and I ask every morning, How do I serve

[Dr. Rain Warren] 11:53:48 Richard, you know, when you were speaking so many questions popped up, and I guess I'm at the point in my life where they pop up and they just disappear so I don't remember.

[Dr. Rain Warren] 11:54:00 But in the moment I'm what I'm present to is like

[Dr. Rain Warren] 11:54:07 The question, by what's going on globally, you know, th that's kinda always easy for me to talk about, because it doesn't feel personal to me.

[Dr. Rain Warren] 11:54:18 But then at asking asking the question, What's going on with you internally, you mentioned depth you mentioned.

[Dr. Rain Warren] 11:54:31 We could be superficial, or we can, you know, be out, put put it as real like what's really going on with you.

[Dr. Rain Warren] 11:54:39 And I could see that you know what's maybe what's going on.

[Dr. Rain Warren] 11:54:44 The world. The world mimics what's going on with me internally.

[Dr. Rain Warren] 11:54:51 Yeah.

[RichardSchultz] 11:54:51 Yeah, yeah.

[Dr. Rain Warren] 11:54:53 And I guess and I don't know. We have people who represent different generations on this.

[Dr. Rain Warren] 11:55:01 I'm assuming different generations, different decades. And maybe it's a condition of my age.

[Dr. Rain Warren] 11:55:09 What, how I'm viewing the world is so different I'm just see, is like so in front of my nose, in my twenties, and my thirties and my forties.

[Dr. Rain Warren] 11:55:20 No fear, you know. Travel anywhere when, where, like, how I'll be there.

[Dr. Rain Warren] 11:55:26 My bag is already packed. Now I'm a little ahead, and I think about it.

[Dr. Rain Warren] 11:55:31 Do I really want to go there? No, you know I'm more able to say no. I never thought I would experience some of the things that are going on in my body.

[Dr. Rain Warren] 11:55:46 No one told me about Trigger Finger. Do you all know about trigger Finger?

[Dr. Rain Warren] 11:55:52 It's just like when I sometimes, when I hold my hand like this, one finger stayed, and I have to pop it back open.

[Dr. Rain Warren] 11:56:01 And when I went to the doctor to check it out is that?

[Dr. Rain Warren] 11:56:05 Oh, yeah, that happens as you aid the cartilage in your joints tends to wear out, and it won't be replaced so I could give you a shot it's gonna be very painful, and it may or may not make a difference.

[Dr. Rain Warren] 11:56:22 We could do surgery, and sometimes that works. Sometimes it doesn't yes, but what you can do temporarily.

[Dr. Rain Warren] 11:56:31 Just get you some medical tape and keep that finger straight, so it does.

[Dr. Rain Warren] 11:56:35 And I'm like, you're the surgeon.

[Dr. Rain Warren] 11:56:37 Yeah, you know. And I was like, so as I get older or my options narrowing, you know.

[Dr. Rain Warren] 11:56:53 And so I guess I'm in the I'm somewhere in the middle trying to balance what was and what's the come and what is right now?

[Dr. Rain Warren] 11:57:05 The same in the world, like what was what's come?

[Dr. Rain Warren] 11:57:11 I keep saying what's coming I feel like something's coming, and what is right now.

[Dr. Rain Warren] 11:57:16 So that's mine.

[Dr. Rain Warren] 11:57:27 That's all.

[RichardSchultz] 11:57:36 Brought up the figure. It trigger fingers that I I I pay attention to where I'm triggered, and and that takes me out of peace.

[RichardSchultz] 11:57:49 I can't do anything else up in the world, but I can.

[RichardSchultz] 11:57:54 I can come to peace with everything and every place that I'm triggered in the world, and I think that's for me.

[RichardSchultz] 11:58:00 That's always the first step, is it? If I if I'm trying to go to war against something I don't like out there, then I'm not at peace, and I then facilitated and put space a number of he's conferences and I see them.

[RichardSchultz] 11:58:14 Arguing amongst each other, not out of peace with each other, and themselves wanting to fix the world out there, and arguing about how to do it, but not a piece with themselves, and really fighting with each other in a peace conference.

[RichardSchultz] 11:58:26 Of seeing that happen. Date. Good! That they they we we tend to want to make peace happen out there all the time, and and I'm at a piece with that.

[Dr. Rain Warren] 11:58:27 Fighting at the phone

[RichardSchultz] 11:58:39 It's usually an internal reflection. So I'm starting to get it's hard almost to get some joy. Oh, I've been triggered.

[RichardSchultz] 11:58:47 Wow! I get to find out something else within myself that's separate from from myself.

[RichardSchultz] 11:58:54 Another part, another belief, our assumption that takes me out of peace, and when that happens, then I can go.

[RichardSchultz] 11:59:02 Look at the same opera, same thing in the world from an opportunity rather than a problem.

[RichardSchultz] 11:59:09 And I can ask, How do I serve? Do I serve within this, or just do I just let go?

[RichardSchultz] 11:59:14 Sometimes the answer is not go. I I have more clarity about of my role sometimes.

[RichardSchultz] 11:59:19 What's happening out there is, I think, all the time is just an indicator for me to be much more present right with me right now.

[RichardSchultz] 11:59:29 Not worried about the future, not about the past. Just come into presence, and the you know, that's what I like about the opportunity of of meetings like this, or boom dialogue.

[RichardSchultz] 11:59:40 It's a practice of presence. Of what's really going on right now.

[RichardSchultz] 11:59:45 Here, and that's and this piece there for everyone, no matter what is happening in the world.

[RichardSchultz] 11:59:50 I think this piece there and then we can take piece out there

[RichardSchultz] 11:59:59 So for me. Everything's an opportunity right now. It's I.

[RichardSchultz] 12:00:03 I mostly enjoy. I'm concerned about the world. I'm I'm trying to serve in the best way I can, and maybe follow me short there some lots of times.

[RichardSchultz] 12:00:14 But

[RichardSchultz] 12:00:17 Yeah.

[Betty Davis] 12:00:19 I really like what rain did of going to that service in the Jewish community, and I think, like little acts like that, even if you don't feel a 100% centered and invite.

[Betty Davis] 12:00:35 But just taking a doing something small even to help someone or to I don't know, to show that you care that that really stayed with me

[Betty Davis] 12:00:49 And yeah, just reaching out, even if it's if it's another community or another.

[Betty Davis] 12:00:57 Faith, it's it's fine. So I, yeah, I think I wanna do more of that.

[Betty Davis] 12:01:03 Just little acts of you were like smiling to someone or saying Good morning.

[Betty Davis] 12:01:07 And on the street is something that can have a change in their day.

[Quita Crump] 12:01:19 I just wanna comment I. And listening to Richard, I several times, how do I serve?

[Quita Crump] 12:01:29 How do I serve? And I hear a focus on service, and that means a lot to me, because that's the thing in my life as well.

[Quita Crump] 12:01:39 It's one thing to have beliefs and convictions and something else, to actually take actions and services.

[Quita Crump] 12:01:49 Isn't an action for me is an act of love, and it's the only way I'm going to manifest the the energy in the role.

[Quita Crump] 12:02:01 What I'm trying to see transformed in the world.

[Quita Crump] 12:02:07 And someone else mentioned. I forgot now did. But it's not a kind of like a over there thing for me.

[Quita Crump] 12:02:20 Is kind of a parity of of energy, I'm in the process of finding my work groups you can even call them spiritual work groups, if you like, doesn't have so much to do with ideology or revision.

[Quita Crump] 12:02:39 As it has to do with intended outcome and purpose.

[Quita Crump] 12:02:44 So that's what my focus is. And I just wanted to.

[Quita Crump] 12:02:49 Appreciate the language of. I've heard you use, Richard, cause I'm in that same to wait with. Thank you.

[Dr. Rain Warren] 12:03:01 And Kita. I I we've talked about this a lot service global service out here.

[Dr. Rain Warren] 12:03:10 And service over here for me. I'm learning I don't know if I've learned it yet.

[Dr. Rain Warren] 12:03:19 Then there has to be a balance. Otherwise, you know my quality time remaining on both sides is compromised, and is compromised.

[Dr. Rain Warren] 12:03:31 I wanna, also share that I participate in a organization called the International Black Summit, and we distinguish Trigger as that thing that you're unwilling.

[Dr. Rain Warren] 12:03:44 Or unable to be, with expanding in it. Being with it, provide you an opportunity to see what you're committed to.

[Dr. Rain Warren] 12:03:58 So behind the trigger is some kind of commitment, and I can't be triggered unless there's something over here in me.

[Dr. Rain Warren] 12:04:06 That's the trigger point. So it's it's I.

[Dr. Rain Warren] 12:04:10 I hear it as the same thing that you, said, Richard, but just different language.

[Dr. Rain Warren] 12:04:15 So I I appreciate that

[Dr. Rain Warren] 12:04:19 Just unmute and speak is, you know.

[Dr. Rain Warren] 12:04:24 Open.

[RichardSchultz] 12:04:32 Agree with what you said brain and and what? Yeah, Trigger is is something you you're unwilling to be with.

[RichardSchultz] 12:04:40 And but whatever you cannot be with will also never let you be.

[RichardSchultz] 12:04:44 It will always merely come back to you and trigger you again and again again until you're willing to be present with that and the gifts, as you said, are inside that trigger inside that shadow.

[RichardSchultz] 12:04:55 But as long as if we push it down, and continue to suppress it versus bring it into the open and be with it, it will, it will continue to cause havoc in our in our lives, always in the body, in our lives, in our projections at each often projected into the world, and the way to make it

[Dr. Rain Warren] 12:05:05 In the body

[Betty Davis] 12:05:07 Hmm.

[Dr. Rain Warren] 12:05:09 Cool.

[RichardSchultz] 12:05:13 Go away is to to heal the separation inside of ourselves, at least that's the journey I've been on for the last 10 or more years and I think we're seeing a lot of collected shadow emerging right now, and we don't know how to deal very well yet.

[RichardSchultz] 12:05:27 We're learning how to deal with collective show versus the individual show.

[RichardSchultz] 12:05:31 Individual shadow was tough enough, but when you get groups playing out these shadow archetypes and continue to like this cancel culture is often a suppression of something else, too.

[RichardSchultz] 12:05:43 It's if to push it back down and suppress people from talking about something again.



[RichardSchultz] 12:05:47 Is typically shadow and and that's not the way to deal with it.

[RichardSchultz] 12:05:52 It'll perpetuate it, as far as I understand.

[RichardSchultz] 12:05:55 So so canceling people out, or telling the Maid to shut up that they can't say anything from the Liberal left.

[RichardSchultz] 12:06:03 Does that the right does that also? It's not gonna solve the problem.

[RichardSchultz] 12:06:08 It it can't. It's we're because we're at war with that element.

[RichardSchultz] 12:06:11 As long as it were, at war, and not a piece with what's arising.

[RichardSchultz] 12:06:15 We have issues

[RichardSchultz] 12:06:17 It will continue.

[Betty Davis] 12:06:17 I find it helpful sometimes when there is a trigger, an emotion, anger, for example, separate it from myself, in my way, in a way not like making like I'm angry, but like there is anger manifesting and separating yourself, from it.

[Betty Davis] 12:06:34 I think is really helpful. And just observing it, and that helps to be with it.

[Betty Davis] 12:06:40 It's just like, no, no, I'm angry, but there is anger or there's anger being felt.

[Betty Davis] 12:06:46 Hang around businesses, get something.

[Dr. Rain Warren] 12:06:48 What I think. A key word you said. Betty was observing it, that if you're you're present to it, you're aware of it.

[Dr. Rain Warren] 12:06:56 There's some choices there, but a lot of my sometimes when I kind of keep it to the person.

[Dr. Rain Warren] 12:07:03 Sometimes when I'm triggered, there's anger there, and that is, I'm just gone.

[Dr. Rain Warren] 12:07:10 But then by step back, and I look at it, and I mean it happened this week.

[Dr. Rain Warren] 12:07:15 Just look at it, and engage with the person. Then there's all there's I was.

[Dr. Rain Warren] 12:07:20 Gonna say, always, but I don't like using that word, but there's always a gift in that it.

[Dr. Rain Warren] 12:07:27 It may be some challenge to get to. But when you were speaking, Richard, you said something about

[Dr. Rain Warren] 12:07:35 You're you just well, I don't know. This is what you said, but this is what I heard something about your own personal journey and struggle with healing, and I wanted to know if you could share a little bit more about that

[Dr. Rain Warren] 12:07:52 If you're willing.

[RichardSchultz] 12:07:55 Yeah, just about anything. And I don't wanna take up space in the room. What?

[RichardSchultz] 12:08:00 What exactly or what, what would you like to hear more and just clarify that it for me

[Dr. Rain Warren] 12:08:09 I don't know but you just alluded to that that that you had a your own journey, that you were going through.

[Dr. Rain Warren] 12:08:16 Feel the separation inside of ourselves, at least, that's the journey I've been up to.

[Dr. Rain Warren] 12:08:23 Zoom Phone for the last 10 years.

[RichardSchultz] 12:08:27 Yeah.

[RichardSchultz] 12:08:30 I'll I'll just say that my my practice developing practice and ongoing practice is whenever I'm disturbed or out of piece, angry whenever I'm triggered talking, going back to the trigger, I when when I when I come into a deity, with it, because I don't always

[RichardSchultz] 12:08:54 do that right away? Or, yeah, I might be lousy to someone first and be angry and kind of hold on to that a little bit less so now.

[RichardSchultz] 12:09:01 But let's start. And you know they did this to me in blame.

[RichardSchultz] 12:09:05 I might be there, but when I come back into integrity with with understanding how I co-create that that situation, I go inside and and identify what I cannot be with the back to your words and the the part of me that I've separated, so if I hate incompetence was

[RichardSchultz] 12:09:29 One that one I dealt with many years ago. I couldn't stand people that were in competent ship.

[RichardSchultz] 12:09:32 That person's so incompetent and why can't they do things right?

[RichardSchultz] 12:09:36 And I'm and I'm triggered by that, and I'm out of peace at that.

[RichardSchultz] 12:09:39 So I go through a process of of of looking at myself, and where I judge myself or my I'm afraid of being incompetent and having to be a perfectionist, because I don't want to fail.

[RichardSchultz] 12:09:53 And things like this, and all the things that I were unraveled.

[RichardSchultz] 12:09:55 There and then I can be with incompetence within myself, and let go of I you know I'm competent here.

[RichardSchultz] 12:10:04 Why don't I get someone else to do this for me?

[RichardSchultz] 12:10:05 There's a gift there why in the hell do I have to control everything?

[RichardSchultz] 12:10:09 And then, and then I also don't attract incompetent people in my world anymore, or at least, if I do it, doesn't it?

[RichardSchultz] 12:10:18 Just kinda so what? They're. I'm incompetent sometimes, too, it doesn't bother me.

[RichardSchultz] 12:10:23 I don't get triggered by it anymore.

[RichardSchultz] 12:10:24 So it's an ongoing process with everything. I can't stand, and that's good.

[RichardSchultz] 12:10:29 Anything I can't stand or hate is projection of me always

[Dr. Rain Warren] 12:10:36 Beautiful.

[RichardSchultz] 12:10:36 And so anything we can't stand in the global world collectively going on.

[RichardSchultz] 12:10:41 If we are calling up in the content of life, making it wrong, making others wrong, there's a compart of me in that as I'm unified with that consciousness, there's a part of me that's contributing to that victimization or bullying or something else always and I have to deal with that first before

[RichardSchultz] 12:11:02 I can clear before I can serve with an open heart, because I'm not serving with an open heart.

[RichardSchultz] 12:11:10 If I'm not, if I haven't dealt with what's inside of me first

[Dr. Rain Warren] 12:11:14 And sometimes I've found it easier to deal with. It was like less.

[Dr. Rain Warren] 12:11:19 It. It's easy to do with the out there and then, when I take it to the personal, that's my struggle.

[Dr. Rain Warren] 12:11:25 That's my challenge. How do I take care of my own business?

[Dr. Rain Warren] 12:11:30 Versus being out there is easy, consultant life. You go in, help them fix it, and you go out.

[Dr. Rain Warren] 12:11:37 You know that that can be easy. What I want to share earlier I shared that.

[Dr. Rain Warren] 12:11:44 I have friends who are just living a good life. They're traveling, eating that they don't listen to the news.

[Dr. Rain Warren] 12:11:49 It's just like funny. So I I have to keep looking at my phone because I have friends I've invited.

[Dr. Rain Warren] 12:11:55 If they have trouble getting them. So I look at my phone in this room.

[Dr. Rain Warren] 12:11:59 Oh, my goodness! That sounds so amazing! But I'm getting ready to fly to Mexico for 6 months.

[Dr. Rain Warren] 12:12:03 To see if that's still where I want to relate.

[Dr. Rain Warren] 12:12:09 Have fun. So the world is going on in different ways with different people.

[Dr. Rain Warren] 12:12:18 Some people have joined us. It's an open conversation.

[Dr. Rain Warren] 12:12:22 What's going on globally, what's going on.

[Dr. Rain Warren] 12:12:26 Personally, people have shared. I don't know what the time is, and it's open. Unmute yourself.

[Dr. Rain Warren] 12:12:34 Whatever it's present for you feel free to share it, and if you want to say your goodbyes, Betty, you can unmute and say goodbye.

[Dr. Rain Warren] 12:12:44 So everyone hears you and

[Dr. Rain Warren] 12:12:46 Thank you for joining us

[Betty Davis] 12:12:48 Thank you for sharing. This is great. I'll see you again hopefully in the next days

[Dr. Rain Warren] 12:12:53 You like

[ThomasH] 12:12:57 I'm I'm Thomas. I met most of you already, some not yet, and I just wanted to share.

[ThomasH] 12:13:04 I'm I'm going for some dinner here in a minute.

[ThomasH] 12:13:07 And the I thought I'd just share briefly about the national initiative.

[ThomasH] 12:13:11 I'm part of here in Sweden. We had a election some time ago, and we have a quite, much more far right wing government now, which is disturbing to some of us.

[ThomasH] 12:13:26 And we are planning now, which is actually a secret almost that the last last Thursday of every month, from from January we we going to meet in right now.

[ThomasH] 12:13:42 It's 20 cities in Sweden where we're going to meet, and to just have a walk together.

[ThomasH] 12:13:47 And the theme for our coming together is to support Demo.

[ThomasH] 12:13:53 Democracy, human rights and sustainable future, and we had some discussions first, about what was the theme, and so on, and initially, it was a more like against some other things.

[ThomasH] 12:14:08 But then we finally agreed on that we would like to have these marches for something that we believe in, and to keep it as open as possible, also for people who we would have excluded if we would have phrased it in a different way.

[ThomasH] 12:14:24 So I'm reading. Read the curious about that. Then I'm the initiative in my town, and I know the initial initiator on the glo on the national level well, and she has done some extraordinary extraordinary work started like national movements.

[ThomasH] 12:14:40 I really really curious where where this is? Gonna go? It's just plan to be kind of a surprised, all of it. All of a sudden, things were happening in 2030 citizens, Sweden at the same time, without anyone really knowing about it.

[ThomasH] 12:14:53 So it's kind of a little bit like a secret, and I'm quite inspired by that, and it also gives hope for a lot of people, because a lot of people in Sweden also lose blues spirit.

[ThomasH] 12:15:05 And whatever, and I I used to be really proud of, of, of my country, and, for example, during the big crisis which is still going on, of course, in Syria we accepted like 160,000 refugees in our small country, and I was really proud about that and now we're receiving like 900 a year and

[ThomasH] 12:15:24 that's the new government, and also the old government was going that direction as well.

[ThomasH] 12:15:28 And so I'm quite bothered about what's happening in my country, and I'm quite happy about that.

[ThomasH] 12:15:34 Initiative, and I hope I can share in the future with you.

[ThomasH] 12:15:39 How it's gonna go. And also, another thing I wanted to say is, also, I've been working and I work.

[ThomasH] 12:15:44 I am in circles every day, almost like, and also teaching how to open space and circles, and I I often say that every time we facilitate a a circle with people together, the world becomes a little bit better place and I deeply believe that and that's also for me important to find things that

[ThomasH] 12:16:07 I feel that I make a difference, even if I can change the world.

[ThomasH] 12:16:11 I just think just like Richard and others here said that how can I be of service?

[ThomasH] 12:16:17 And I also, actually, and make sure to enjoy life. I went to world open space on open space and in in Bilbao.

[ThomasH] 12:16:25 This autumn, and I, I I drove my motorbike down there and had a wonderful journey through the Pyrenees and through most of Europe.

[ThomasH] 12:16:34 And it's just like also, I make sure also to enjoy life

[ThomasH] 12:16:39 Yeah, and I, it's it's just thank you so much for for what you shared here.

[ThomasH] 12:16:45 I just feel the beautiful smell of some dinner and I'm really hungry as well.

[ThomasH] 12:16:51 So I'm just gonna leave you now, and thanks for listening to me.

[ThomasH] 12:16:55 And Hi Thomas as well, my neighbor from Finland and Hi, Eric and Harry. I didn't, and Conrad didn't need to yet see you later.

[Dr. Rain Warren] 12:17:03 Bye, bye, enjoy your mill

[ThomasH] 12:17:05 Thank you. I will see you later

[Dr. Rain Warren] 12:17:09 Hmm.

[Dr. Rain Warren] 12:17:11 Hmm.

[Eric Lilius Haliburton ON Canada] 12:17:21 Oh, I could do

[Eric Lilius Haliburton ON Canada] 12:17:24 Feel a little bit about well, I mean I was. I came through the opening, so I'm rain.

[Eric Lilius Haliburton ON Canada] 12:17:32 I sort of view. Kind of details, all, all of what's out there to deal with.

[Eric Lilius Haliburton ON Canada] 12:17:39 And I'm I'm what am I?

[Eric Lilius Haliburton ON Canada] 12:17:45 I'm I'm sorry to I'm a recovering environmentalist.

[Eric Lilius Haliburton ON Canada] 12:17:48 Oh, in some ways, and I I'm actually right now.

[Eric Lilius Haliburton ON Canada] 12:17:55 I'm very deeply affected by what's sort of going on with me.

[Eric Lilius Haliburton ON Canada] 12:18:01 Personally, I have been sort of engaged in. Well, it's just what geek, culturing myself.

[Eric Lilius Haliburton ON Canada] 12:18:12 I well, I see myself as being colonized by a culture.

[Eric Lilius Haliburton ON Canada] 12:18:18 Oh, that's sort of defined by, say, Anglican Church.

[Eric Lilius Haliburton ON Canada] 12:18:26 A school system which I know regard as kind of residential.

[Eric Lilius Haliburton ON Canada] 12:18:32 But for a culture so it wasn't. I wasn't.

[Eric Lilius Haliburton ON Canada] 12:18:36 I wasn't being change from being indigenous to whatever the white man is defining at the time.

[Eric Lilius Haliburton ON Canada] 12:18:44 But I was within that culture. I also how it I'm just looking at how it

[Eric Lilius Haliburton ON Canada] 12:18:56 And part of what's happening with me

[Eric Lilius Haliburton ON Canada] 12:19:03 Is.

[Eric Lilius Haliburton ON Canada] 12:19:07 How's as someone who's been involved with in environmental issues for decades

[Eric Lilius Haliburton ON Canada] 12:19:18 Hi, well, basically, what would I? Come come up against this just being the the myth of separation that I'm I would.

[Eric Lilius Haliburton ON Canada] 12:19:29 My culture taught me as I'm separate

[Eric Lilius Haliburton ON Canada] 12:19:34 Other beings and superior, and all of that stuff, you know, just it's part of

[Eric Lilius Haliburton ON Canada] 12:19:42 Quite privilege.

[Eric Lilius Haliburton ON Canada] 12:19:45 And so what? What is going on with me at the moment is, I am now sort of spending time with being, and in my culture, and it's it's it's a it I would have to call it a transition at 75 years. Old.

[Eric Lilius Haliburton ON Canada] 12:20:07 So I should have, and and live this way, being in kinship.

[Eric Lilius Haliburton ON Canada] 12:20:17 With all beings, so at the age of 75, I'm kind of, in a sense, being kind of reborn into being well at the moment, I call it being sort of 2 eyed sees this culture, and I guess they would have to call it the dominant.

[Eric Lilius Haliburton ON Canada] 12:20:37 I, and

[Eric Lilius Haliburton ON Canada] 12:20:40 I mean, I can literally go for a walk

[Eric Lilius Haliburton ON Canada] 12:20:44 Lost in thought. And if I say to myself, Let's just hang in with the beings

[Eric Lilius Haliburton ON Canada] 12:20:52 I slow, now I breathe more deeply, and I'm present so it's it's just.

[Dr. Rain Warren] 12:20:53 Hmm.

[Eric Lilius Haliburton ON Canada] 12:21:01 It's another way of being present. But people looking for within the culture that it shaped me.

[Eric Lilius Haliburton ON Canada] 12:21:09 And sort of. Now I have this sort of doorway which I'm working with I'm actively working with.

[Eric Lilius Haliburton ON Canada] 12:21:19 Want to go there and more. So it's like I am.

[Eric Lilius Haliburton ON Canada] 12:21:24 Have things to release.

[Eric Lilius Haliburton ON Canada] 12:21:26 I mean, it's just it's usually that's the process.

[Eric Lilius Haliburton ON Canada] 12:21:34 Like I'm gonna go with. And I would have to say, it's like you.

[Eric Lilius Haliburton ON Canada] 12:21:37 What is my incidentality?

[Eric Lilius Haliburton ON Canada] 12:21:41 We're in Sweden, England, Georgia. Yeah, back to my, you know, my ancestry.

[Eric Lilius Haliburton ON Canada] 12:21:52 That's that's my human answer. Speak! But but no, now it's like

[Eric Lilius Haliburton ON Canada] 12:22:00 Someone said to me while ago, like when we're driving our cars and burning, we're bringing our ancestors

[Dr. Rain Warren] 12:22:11 Okay.

[Eric Lilius Haliburton ON Canada] 12:22:11 And I was a profound plot for me. It's like I took that sort of one that went into my body, and it went

[Eric Lilius Haliburton ON Canada] 12:22:20 And then I'm looking at myself with with the gas.

[Eric Lilius Haliburton ON Canada] 12:22:24 Oh, it's just putting it in there and thinking. Acknowledging ancestors as I put them into the tank.

[Eric Lilius Haliburton ON Canada] 12:22:32 And and for me it's like, just it's just it's acknowledging things like acknowledging a technology.

[Eric Lilius Haliburton ON Canada] 12:22:42 And the violence on the earth that that allows us to do what we're doing right now.

[Eric Lilius Haliburton ON Canada] 12:22:48 It's just simply acknowledging that I mean I'm I'm part of one of the big denials in my life has been not knowing about not acknowledging violence.

[Eric Lilius Haliburton ON Canada] 12:23:05 I mean this culture. It's like it's normalized in this culture.

[Eric Lilius Haliburton ON Canada] 12:23:11 These are revelations to me at the age of 75.

[Dr. Rain Warren] 12:23:15 Hmm.

[Eric Lilius Haliburton ON Canada] 12:23:16 But they're coming from this process of deculturing

[Eric Lilius Haliburton ON Canada] 12:23:21 Yeah, right now, I'm kind of like, I feel like, kind of like soup.

[Eric Lilius Haliburton ON Canada] 12:23:27 Of of things, and I get ingredients from from many directions.

[Eric Lilius Haliburton ON Canada] 12:23:37 So partly why I'm here. I'm I'm also part of a

[Eric Lilius Haliburton ON Canada] 12:23:42 Of an entity called a school called Home, which is based actually in

[Eric Lilius Haliburton ON Canada] 12:23:52 Run by. I don't know whether the Dark moment project means anything to anybody but

[Eric Lilius Haliburton ON Canada] 12:23:58 Someone who just start at an online school. And Mike familiar, I came to the first of these few years ago

[Eric Lilius Haliburton ON Canada] 12:24:13 It was just really strong, right?

[Eric Lilius Haliburton ON Canada] 12:24:18 That. Well, Hi! It can happen

[Eric Lilius Haliburton ON Canada] 12:24:26 With this technology. And so it's like

[Eric Lilius Haliburton ON Canada] 12:24:32 The school. Indeed, like there is, there has to be a technology that will help with the kind of things to like.

[Eric Lilius Haliburton ON Canada] 12:24:42 It almost feels like it runs an open space has ideas.

[Eric Lilius Haliburton ON Canada] 12:24:47 It's just I'm here to kind of re

[Eric Lilius Haliburton ON Canada] 12:24:54 So that's true. And because I'm doing this 2 world thing, I it's like politics can just drag the the old wanting to keep on top of all of that stuff is still there and let it go.

[Eric Lilius Haliburton ON Canada] 12:25:15 We just let it go. So anyway, like, at least, I feel kinda like a suit, and it's kind of the imaginal cells

[Eric Lilius Haliburton ON Canada] 12:25:26 Whatever it is, it turns the account over into a butterfly. This is

[Eric Lilius Haliburton ON Canada] 12:25:34 Life is interesting, and pen and complex.

[Dr. Rain Warren] 12:25:45 You know.

[Dr. Rain Warren] 12:25:47 You know, it seems like in and sometimes in these spaces I hear

[Dr. Rain Warren] 12:25:54 The thought. Sometimes people say, Just be here in the moment, be present.

[Dr. Rain Warren] 12:25:59 Now, almost as they're saying, don't worry about the past. Don't think about the past, but for me often the passes right there with you in the present

[Dr. Rain Warren] 12:26:13 When you talk about, you know, ancestors right here in the present, in our actions, and the things that we have privileged to benefit from

[Dr. Rain Warren] 12:26:29 We are here because of the past. Good. That ugly, however it looks, and what we do here in this present impacts the future.

[Dr. Rain Warren] 12:26:43 So I mean everything that you said. I. I related to it in the way that I related to it, and my mind thinks and I appreciate it. That's all.

[Dr. Rain Warren] 12:27:03 Thank you. I appreciate it. Just unmute and talk.

[Dr. Rain Warren] 12:27:07 If there's something you would like to say

[Eric Lilius Haliburton ON Canada] 12:27:14 It is, it is it? Is it being present? I mean I I mean I I get on.

[Eric Lilius Haliburton ON Canada] 12:27:23 Zoom calls with people where people say I'm all zoomed out

[Eric Lilius Haliburton ON Canada] 12:27:28 And it's like, and and I just say what what you get out of this is what you put into it, and and and and also the possibility of of

[Eric Lilius Haliburton ON Canada] 12:27:43 Emergence.

[Eric Lilius Haliburton ON Canada] 12:27:46 You go away with something nobody brought, you know, in the sense that it, but it comes out in in generative conversations, where and where people can say

[Eric Lilius Haliburton ON Canada] 12:28:07 When someone was talking, and then the next person picks it up.

[Eric Lilius Haliburton ON Canada] 12:28:10 It's like something that the previous person said is what has generated this next piece of so it becomes a threat

[Eric Lilius Haliburton ON Canada] 12:28:25 And to be able to do that with someone who's in Australia and Europe and North America.

[Eric Lilius Haliburton ON Canada] 12:28:34 Simultaneously is really gift, and and for us to get into that space all simultaneously would be like thousands of dollars in our whole pile of fossil fuels

[Eric Lilius Haliburton ON Canada] 12:28:50 So the but I but I'm also

[Eric Lilius Haliburton ON Canada] 12:28:57 It's like.

[Eric Lilius Haliburton ON Canada] 12:29:01 Well, what's going back to mind is is, is land agreements or these land acknowledges that that every organization is tacked on the front end of I'm there.

[Eric Lilius Haliburton ON Canada] 12:29:11 Whatever they don't talk about the land, there's no knowledge of the land and there's no acknowledgement of the other than you.

[Eric Lilius Haliburton ON Canada] 12:29:23 So the whole structure is still colonial, because it's sort of within

[Eric Lilius Haliburton ON Canada] 12:29:31 And said, The mother has not been acknowledged

[Eric Lilius Haliburton ON Canada] 12:29:37 But as soon as you do that it's like you're you're state putting us like a

[Eric Lilius Haliburton ON Canada] 12:29:47 Well, I was gonna use the phrase, speaking a claim.

[Eric Lilius Haliburton ON Canada] 12:29:53 And boy, there's a Colonial in the colonial phrase, right to acknowledge the mother.

[Eric Lilius Haliburton ON Canada] 12:30:00 It's like, if that that's not happening, it's my school system.

[Eric Lilius Haliburton ON Canada] 12:30:06 Told me nothing, no, don't worry that I was. Like I was kin to everything.

[Eric Lilius Haliburton ON Canada] 12:30:14 It's like that's

[Eric Lilius Haliburton ON Canada] 12:30:17 In the history of the culture that I was being raised in, I would be witchcraft or so.

[Eric Lilius Haliburton ON Canada] 12:30:24 Some you know something that the church didn't want you to do, and you you could be larger than Saint centuries later. A magical process.

[Eric Lilius Haliburton ON Canada] 12:30:38 I'm kind of wandering around, but these are the kinds of things that I think about.

[Eric Lilius Haliburton ON Canada] 12:30:43 And just examining my school system because schooling yes, on the on.

[Eric Lilius Haliburton ON Canada] 12:30:52 What I call this sort of cultural level is really on.

[Eric Lilius Haliburton ON Canada] 12:30:55 School systems are under attack, and just sort of move to under funds.

[Eric Lilius Haliburton ON Canada] 12:31:01 And just basically take it down till it's privatized, or whether to go to school or not, becomes a choice as opposed to being some kind of a

[Eric Lilius Haliburton ON Canada] 12:31:13 I guess, in this frame. But this call report culture now is like a right.

[Eric Lilius Haliburton ON Canada] 12:31:19 It's also the responsibility of the culture

[Eric Lilius Haliburton ON Canada] 12:31:24 Most that's pretty much disappearing

[Eric Lilius Haliburton ON Canada] 12:31:30 Hello! The school system that I was raised in and sort of in the fifties basically doesn't really exist. Yeah.

[Eric Lilius Haliburton ON Canada] 12:31:41 I felt when I left High school that I was actually supported.

[Eric Lilius Haliburton ON Canada] 12:31:46 I felt supported by government. And if you go to university, basically on the grant

[Eric Lilius Haliburton ON Canada] 12:31:55 It's so different now. Forces that are sort of just literally.

[Eric Lilius Haliburton ON Canada] 12:32:02 Slowly, slowly, slowly draining out.

[Eric Lilius Haliburton ON Canada] 12:32:07 Yeah, that's just. And but I also look at it and see

[Eric Lilius Haliburton ON Canada] 12:32:14 We don't acknowledge the land. We don't have an embodied sense of where we are built in, to the culture that I was raised in

[Eric Lilius Haliburton ON Canada] 12:32:28 And for me, you know but one of the. If I can go on it's just this is kind of just just unlock the kind of a thread in the one of the seminal things that I sort of made me.

[Eric Lilius Haliburton ON Canada] 12:32:45 Shift, was in a conversation with a man named Martin.

[Eric Lilius Haliburton ON Canada] 12:32:52 Who? Okay with the voice for a Mayan culture. And it was the concept of original sin

[Eric Lilius Haliburton ON Canada] 12:33:05 Hey? You said in this culture it's original Gap.

[Eric Lilius Haliburton ON Canada] 12:33:10 You? Are you born very grateful from that for which you came?

[Eric Lilius Haliburton ON Canada] 12:33:17 So at that moment I was coming out of the earth is being born into it.

[Eric Lilius Haliburton ON Canada] 12:33:23 And it's like, it's so different.

[Eric Lilius Haliburton ON Canada] 12:33:29 That that that idea is sank into me, and there was some kind of pardon me just did.

[Eric Lilius Haliburton ON Canada] 12:33:33 Yes.

[Eric Lilius Haliburton ON Canada] 12:33:36 This feels right?

[Eric Lilius Haliburton ON Canada] 12:33:38 No, I will send any signs that connection. 2 earth, but but embodied as opposed to me. It's an idea.

[Eric Lilius Haliburton ON Canada] 12:33:48 Yeah, you know, I I can see. You know that we're part of.

[Eric Lilius Haliburton ON Canada] 12:33:52 But feeling can. Ship is different. What is the relationship? And it's like that whole, that separation is the thing that embodies.

[Eric Lilius Haliburton ON Canada] 12:34:05 Oh! Good violence that happens on this planet. That's as we chew it up.

[Eric Lilius Haliburton ON Canada] 12:34:14 Or

[Eric Lilius Haliburton ON Canada] 12:34:16 So we will be doing what we're doing if we actually had that relationship, you you probably wouldn't be able to talk to each other.

[Eric Lilius Haliburton ON Canada] 12:34:26 Maybe we'd still be in wooden ships. I don't know right just empire and all.

[Eric Lilius Haliburton ON Canada] 12:34:34 Whatever it is, it came out of Western Europe. And just just that whole organization separates Christian separation.

[Eric Lilius Haliburton ON Canada] 12:34:46 Doctrine of discovery. You do whatever you want.

[Eric Lilius Haliburton ON Canada] 12:34:50 All those people out there are savages. Yeah, queues

[Eric Lilius Haliburton ON Canada] 12:34:58 Let's be that's built into the

[Eric Lilius Haliburton ON Canada] 12:35:09 You know, I don't consider myself like 50 anymore. That whole idea of original sin is really in their keep.

[Eric Lilius Haliburton ON Canada] 12:35:19 In the Garden of Eden

[RichardSchultz] 12:35:33 One of the words that you used early on is emergence, and and being in these spaces, and what what emerges just kind of almost magically, a threat of conversation happens and I contemplate life like that, too.

[RichardSchultz] 12:35:48 And our the whole key. History is as a process of emergence one of the things that I've learned through my own journey, and still learning is, is something like caught trust in life.

[RichardSchultz] 12:36:05 The life, consciousness. Life knows what it's doing. It'll it'll it will bring us home with all the disturbances that are going on in the world, with all of the things that look like trauma, and things are happening.

[RichardSchultz] 12:36:20 There is, there's I call it, a GPS, a God positioning system, and God can trigger some pay, but that word can trigger some people, but a GPS.

[RichardSchultz] 12:36:27 If I take a wrong turn. The GPS says, recalculating, and will send me to another experience to bring me eventually home back to my knowing of oneness.

[RichardSchultz] 12:36:37 So every time I go back in my life, and I think some, if I did a mistake or did something wrong, or somebody did something to me.

[RichardSchultz] 12:36:44 If I can be with that, and look at that, I find that I I can find gratitude, and I would do it all over again.

[RichardSchultz] 12:36:52 Yeah, that experience to learn what I learn when I come out of it and and and say, Wow, that was perfect for me.

[RichardSchultz] 12:36:59 And my growth, and my journey home. That was right, and so I extrapolate as as about so below as below it, so above, I, Santa Cruz, that what the world is going through?

[RichardSchultz] 12:37:11 If we have gives us an opportunity. All these are all these things, the colonialization, all the things we did, all the separation journey that we did we'll we'll expand us in some ways, but there's always a consciousness that will bring us home back to unity and and acceptance of who we

[RichardSchultz] 12:37:31 Are as long as I don't get lost in the content of life, and we talk about the witness and the observer before.

[RichardSchultz] 12:37:38 If if I could witness life, I can be in joy and peace with everything that's going on.

[RichardSchultz] 12:37:42 If I can come from that place if I get lost in the content of life, then I get disturbed.

[RichardSchultz] 12:37:49 I I get angry. I get sad, and that that's okay, too, to be to notice those there's nothing wrong with that.

[RichardSchultz] 12:37:57 But from the witness, from the observer.

[RichardSchultz] 12:38:02 Trusting the consciousness knows what it's doing, or and and and we're we're limiting that by being our mind for absolutely by all the things we're doing, we're making all kinds of stupid things, doing all kinds of stupid things, from from a view.

[RichardSchultz] 12:38:17 Of separation, but I think there's a I think there's a always an opportunity that's presented to us to do a correction within our mind, individually and collectively.

[RichardSchultz] 12:38:26 That's right. I think I'm I think we could live, in joy and peace with everything is happening from that perspective.

[RichardSchultz] 12:38:34 If from, from, if we don't get lost in the actor, roll and step back to the spiritual one.

[RichardSchultz] 12:38:45 That is having the experience. I think I think consciousness knows what it's doing.

[RichardSchultz] 12:38:52 I don't fully know that, but that's my!

[RichardSchultz] 12:38:55 That's been my

[RichardSchultz] 12:38:57 Learning more and more deepening, deepening that there's there's nothing wrong here unless I think that there's something wrong.

[RichardSchultz] 12:39:05 And start to go in opposition to it, and then again back.

[RichardSchultz] 12:39:08 How do I serve within this stream we call life and and serve in the direction with others, through kindness, through love and and help, bring, contribute to bringing people home to that unity versus to disturbing that that process of going home.

[RichardSchultz] 12:39:29 So I get to co-create with consciousness in a service mode where I can fight it and and cause violence and destruction.

[RichardSchultz] 12:39:39 So that's kinda where I'm going, like I think I can trust life.

[RichardSchultz] 12:39:43 I can't necessarily try. Everything is happening here, but I can trust life itself.

[RichardSchultz] 12:39:47 I can trust consciousness.

[RichardSchultz] 12:39:54 And that's about being, as you said, it's about being.

[RichardSchultz] 12:39:57 It's being in that present moment and acknowledging where I'm still carrying stuff from the past and healing that say, oh, this some, this trigger from the past is a rows.

[RichardSchultz] 12:40:09 This is something that still I'm holding on to let me resolve that ancestral work all the all that work is important to let it go.

[RichardSchultz] 12:40:18 Let it go! Let it go! Let it go! Everything that's blocking me from seeing that who I am at my essence am I essence?

[RichardSchultz] 12:40:29 I think I'm peace. I'm joy. I'm presence.

[RichardSchultz] 12:40:34 I'm eternal, and everything else. Here is a dream

[Dr. Rain Warren] 12:40:45 Well, thank you. I just want to ask if there's anything anyone else wants to say I think we've been here for the hour and a quarter.

[Dr. Rain Warren] 12:40:56 How are an hour and 15 min or so so? Is there anything else, anyone?

[Dr. Rain Warren] 12:41:03 Any like closing thoughts. What is I'm I'm seeing Conrad scratch his head.

[Dr. Rain Warren] 12:41:10 So so is there anything you would like to say to be complete

[ConRAD Neblett] 12:41:16 Mostly mostly. I've been upsetting and listening and been a have been okay with listening and being



quiet.

[ConRAD Neblett] 12:41:30 It was something that, Eric. It's Eric right.

[ConRAD Neblett] 12:41:35 Am I correct? Stated that at 75 these are my words, my interpretation.

[Eric Lilius Haliburton ON Canada] 12:41:36 Yes.

[ConRAD Neblett] 12:41:43 Which you said at 75 you noticed something around white privilege, and I was gonna say something, and that's No.

[ConRAD Neblett] 12:41:56 I'm not gonna address that. I don't wanna get, you know, but it's still there.

[ConRAD Neblett] 12:42:03 And what's there for me is, what did you discover?

[ConRAD Neblett] 12:42:08 And

[ConRAD Neblett] 12:42:14 What are you doing about it like, what what are you doing to to expand

[ConRAD Neblett] 12:42:23 So, if you could first just share with me, like, what? What is it that you noticed is 75.

[ConRAD Neblett] 12:42:28 I was. It wasn't real clear to me

[Eric Lilius Haliburton ON Canada] 12:42:40 I think when I was well, I've been aware my privilege for longer than that.

[Eric Lilius Haliburton ON Canada] 12:42:47 Just because of oh.

[Eric Lilius Haliburton ON Canada] 12:42:51 Being born in 1947 to post floor conservative Canada.

[Eric Lilius Haliburton ON Canada] 12:43:01 Oh! The only

[Eric Lilius Haliburton ON Canada] 12:43:05 People caller in my home town. Where's people around Chinese restaurants?

[Eric Lilius Haliburton ON Canada] 12:43:13 And one family, and he was a shop teacher in my high school.

[Eric Lilius Haliburton ON Canada] 12:43:19 But I got to know that family, but it's like I lived in.

[Eric Lilius Haliburton ON Canada] 12:43:23 I lived in whiteness. Oh.

[Eric Lilius Haliburton ON Canada] 12:43:28 And and I also was aware of so where it's moving United States.

[Eric Lilius Haliburton ON Canada] 12:43:35 But I I think what I was saying more is that I just see more clearly how that was built into the culture that I live in.

[Eric Lilius Haliburton ON Canada] 12:43:46 No.

[Eric Lilius Haliburton ON Canada] 12:43:49 I I found that I like trialing just because I could become.

[Eric Lilius Haliburton ON Canada] 12:43:53 I felt like I wanted to not separate myself from wherever I was.

[Eric Lilius Haliburton ON Canada] 12:44:03 But I also just know where, because I'm because I'm white

[Eric Lilius Haliburton ON Canada] 12:44:09 I am given privilege just just it's built into this.

[Eric Lilius Haliburton ON Canada] 12:44:16 It's built into the system. I can't. And it's like

[Eric Lilius Haliburton ON Canada] 12:44:21 How are you? I just become more aware of it, just in terms of being

[Eric Lilius Haliburton ON Canada] 12:44:30 Other zan

[Eric Lilius Haliburton ON Canada] 12:44:37 But it's an ongoing thing. I'm sort of saying that it's 75 years old.

[Eric Lilius Haliburton ON Canada] 12:44:44 I am sort of in

[Eric Lilius Haliburton ON Canada] 12:44:47 It's what what is now, what I would just sort of call is like, I am actually in sort of a kinship relationship.

[Eric Lilius Haliburton ON Canada] 12:44:54 With other other than human

[Eric Lilius Haliburton ON Canada] 12:45:02 And that's very new to me.

[Eric Lilius Haliburton ON Canada] 12:45:05 Actually feeling that as some as it is like connection. Yeah, being so entangled in all of that.

[Eric Lilius Haliburton ON Canada] 12:45:16 As opposed to separate from it

[Eric Lilius Haliburton ON Canada] 12:45:31 And I don't like it.

[ConRAD Neblett] 12:45:41 Thank you.

[Eric Lilius Haliburton ON Canada] 12:45:45 I know there are range still here, but we appreciate the hosting

[Eric Lilius Haliburton ON Canada] 12:45:57 Yeah, I'm sure. Probably going to be in a noted the space over the weekend part of it is just refreshing my sense of how Kiko Chat works

[Eric Lilius Haliburton ON Canada] 12:46:14 That's it. Technology.

[Eric Lilius Haliburton ON Canada] 12:46:22 Yeah, I,

[Eric Lilius Haliburton ON Canada] 12:46:26 I guess

[Eric Lilius Haliburton ON Canada] 12:46:28 I guess this is. Is this over

[Dr. Rain Warren] 12:46:35 What do you say?

[Eric Lilius Haliburton ON Canada] 12:46:39 Feels sort of like it.

[Dr. Rain Warren] 12:46:43 I'm sorry I missed the a part of what was just said.

[Dr. Rain Warren] 12:46:48 I could go back and look at the Transcript. I

[Dr. Rain Warren] 12:46:54 I am taking care of my mom. And she was calling the mother the mother the mother is present with me now.

[Eric Lilius Haliburton ON Canada] 12:46:58 Right.

[Dr. Rain Warren] 12:47:03 And so I had. Say, I have the transcript here

## **Space 5: 11:15 am EST What's in the "SPACE" for you? What's present for you about what's happening in the world personally and globally?**

## **Space 6: 11:15 am EST Can we have peace without non-violent conflict? /Harold**

Convenor: Harold Present: Harry, Kevin, Kim, Charlie, Marc, Elizabeth

Harold: How do we let people disagree, especially as I've been aware of how fallible has been my point of view after needing to shift it so often in my sixty years on the planet. First, let's hear everyone what brought you here. Harry: Thinking of being valued by others. How we honor others peoples view? Honoring them. Peace in clonflict giving up of being right. Marc: Listening as a tool for peace/conflict. Can one really have conflict/disagree without first listening/getting curious. Charlie: These are lessons and teachers, even if your teacher spits i your face.

Harold: Can you please explain what you mean by "non-violent" conflict? Kim - what am I in this conflict? How am I dealing with this. Enneagram - the patterns - nope I'm still in the patterns. Being aware of the polyvegal "thing". Anything can have me "go off". Tools help me come back to ground. Awilda: How do we learn and listen. Strategies without violence. Conversation with mom - raised in a violent space. It became her teaching strategy. We became a mirror. She's 73, peaceful and doesn't want conflict. Here in curiosity, ways and what we do. Part of our life. Kevin: Peace without conflict? nervous system responds to the words, how I define them in self and others. Curiosity on definition. between and amongst us. An inherent push away. Is there a peace that is bad, a conflict that's good.

Does peace imply an absence of "conflict" or just an absence of "violence"? Suzanne: intellectual head was drawn to the topic. Can we have peace without non-violent conflict? From heart? day and night. all polarities, birth and death. peace & conflict go hand in hand. Not denying conflict when it's there, don't fix it or try to make it go away. The questions are there. Mary Jo: Studied the spirituality of non-violence for 11 years. My step daughter ignored me and dealt with the reality of being the enemy. Theory that I was studying, and facing the reality. Grief recovery counselor. Realizing the gift the family member gave me. It's hard. I'm not a master. But her gift to me helps me follow my commitment to be non-violent. Elizabeth: One lesson to impart. On an academic since kindergarten - one lesson to students for those who go to school. Don't extrapolate from what you hear to either theiir intellect or their heart. Don't assume the person's intelligence or their level of compassion. People with very high IQ - instead of facing it on an intellectual level - instead of having open space - not just students but also faculty of assuming their stupid, simply doesn't realize... that the person is a racist or bad. I love the conflict. Life force energy. It's the flip side of peace, not opposites. Kennan - I love this conversation. The aspect of anger and setting boundaries when they have been transgressed. What if the other person is too weak. Is there another way to set that boundary.

Kennan: Anger is often a boundary-setting response, whiuch sometimes the hearer is too weak to absorb. Is there an alternative way to set that boundary? Suzanne: welcome them head and heart. Kari: The quality of conflict. Necessary of good conflict. Conflict can go bad and sour. "If we dont have trust and peace, our conflict will go sour and bad" Betty: Peace needs justice and requires conflict. Conflict is part of the dynamics of life. Necessary in a community. Simon: Interested in the premise the process I'm interested in.

Peace is not the absence of conflict - peace is the quality of conflict.

Peace is dynamic.

The peace we can experience in midst of conflict - baffling.

Honoring our lineage and what's brought us to our current moment.

Kim: What's it like to be you? - a most interesting question

Harold: Peace requires high-quality conflict. Justice. No peace without justice.

And justice requires a certain "balancing."

Sadness and fear masquerade as anger.

Richard Rohr? Center for action and contemplation. Prophecy usually draws conflict. They killed Jesus for pete's sake. Kari: Anger is a comfort. "Anger is a comfort for the disappointed, the fearful and the sad" Kevin: Different emotions - anger boundaries. Fight flight can limit my capacity. Conflict isn't inherently good or bad. Different modes or ways, 2 drivers. How much are we trying to assert versus cooperate. Mary Jo:

Point(s) of trauma in our history block our ability to resonate with others.

Boundaries ...

Harold: We may need to put some folks in orange jump suits Marc: I worry about the exceptions we generously allow ourselves while vilifying similar behavior in others.

Behavioral norms: 7 Transgressions not restricted to one religion: (All variations of Theft) Murder, assault, rape, theft, trespass, coercion, calumny.

Betty: I spend time in prisons, and the people in orange jump suits are just like you and me.

Harold: right now some make money putting the poor in orange. We need to look at the darkness that we've allowed to run our society. We need many fewer in orange.

Jesus didn't command people to behave better, he invited them to.

Edmund Burke - tolerate to invite the conditions for virtue. Cultivate the conditions in individual hearts. Nervous to create a virtuous society through the state. It needs to emerge naturally to emerge from the human heart. Barry Johnson - polarity thinking. It's not either or, it's and. See any polarity there will always be a downside.

## **Space 7: 12:15 pm EST Productivity vs High Performance / Are you tired? - Awilda**

## **Space 8: 11:45 am EST When will we have real-time AI dictation to translate and vocalize between the world languages in video-conferencing and OST events like today, could it be that it is just around the corner in time? - Kari**

I am trying to understand how we think or manage the concept of productivity in relation to high performance which can take us to a reflexion about VALUE. With that I reflect on the use of energy, our energy. Fatigue/Tiredness as a constant state of being. Is it worthy?

Would love to know what you all think?

## **Space 9: 12:15 pm EST What is mine to do? -Kim**

What is mine to do? Convenor: Kim Participants; Charlie, Kevin, Betty. Kári, Thomas, Harry, ConRAD, Minghua, Ulises, Rain

Is there an essential nature during these wild times for why I am here. A doingness to discover (or for parents to discover in their children.) Rooted in some sense - I know what I am in service of.

Kim has wondered what is hers to do. How do folks arrive to this awareness for themselves, what is present for them. What brings you to this conversation? Harold - loved the title - loved that it was Kim. Kevin - supporting non-profits, assure there's space for growth to emerge. Charlie - Open Space is ideal for the scenario Kevin describes. Autonomy for the whole organization to move forward to make org change work. Kari - something in me, be awake to the people who are trying to be present for the change that needs to happen, but don't really have a network or capability to nurture their own sanity while doing that. To connect with themselves. Harry: I'm not into doing. I think about having some achievement in the world to prove my value and what my life is about. I'm not into doing, but into being and experiencing. Discover who can I be in this moment when I am speaking in this moment, expressive, shy, open or closed, or just being. All about, my awareness, who can I be.

Harold shared this joke/wisdom. "To be is to do"—Socrates. "To do is to be"—Sartre. "Do be do be do"—Sinatra

Ulises: Like the valuing of being. Harry:Who can I be. When I am faced with children who make other parent friends of mine tired, would I still be able to be loving? Faced with those who hate me, can I still be loving? Kari: Am here because I love the event since 2018 when I invited the WOSonOS to Iceland. Fell in love. Proceedings from Iceland: <https://openspaceworld.org/files/osonos/proceedings/wosonos2018iceland.pdf> ConRAD: Here and open and listening. Kim: Going meta- so much happening in that liminality. Personal, human, spiritual, new economics, new political structures, fascinating and positive and hopeful. So much happening in there. Jump into this tribe. Psychotechnologies. How do we have this ability to conflict together and move forward beautifully. I like so many things, but nothing was home ground. The notion of liminal space, tribalist, popping from one to

another and holding the space of evolution (or whatever what you want to call it) I realize I am a metatribalist, feel into what it is that I do. What am I present for? Holding this large large space for our evolutionary process. For the planet, for whatever is transpiring to give it the space and love and my own inner vulnerability in not knowing this and being alive to it right now. That beingness (as Harry spoke about) really appealed. How to organize day is less clear. But I am doing it. Ulises: The biggest issue around beingness is anxiety. People seek solving that anxiety with things the system gives us, that never works and never satisfies. We need to take care. Agile mindset - no - this is more profound than this. Once we cure anxiety - then the good stuff comes. Not by bringing in AI, tech, frameworks. Rain: All of it has a place. Including wealth, the big house. Message in the media in the US about wealth that you have to have a lot of money and a big house and that will make you happy - I agree with that. I would. That's not all. What is disturbing to me - a friend with fruit trees. She can't eat all that fruit, can't even give it all away. It could feed a whole community. There's an imbalance. How do I bring myself into balance, in a space of peace. Dealing with a lot of stuff. local and global. My eyes have been opened and can't close them back. There's always doing in being.

Harry: There's being that comes from the environment and conditions that generates the nervousness and fear. There's a being that comes from choice. The question Kari is asking. What do you want to be present for? What Harry wants to be present for who I am. I am the I am that creates. I am the I am who chooses. I am not a product of conditions. difficult is a form of creation. you create the war and you create the reason for that. mainly think. check your being. Elena: It's about choice. When Rain earlier all the things (and more) articulated what's going on in the US. I'm 73 and I have no anxiety. It's presence. It's getting older. And with all the things, bless George Floyd, all the things now, like a six year old shooting their teacher. As a life long learner, I can examine if I'm deluding myself, but I am examining. There are mental conditions, some are more anxious depending on genes and environment. When I say I'm resilient - difficult life experiences helped me. As long as I'm not afraid of death, I'm okay.

Harry: Fathers and mothers, fabulous. Ulises. wow! Who can be a father, can't believe that. Ulises: First step to eliminating anxiety is to recognize it. Be more present to what I have. I feel I am in a moment of change.

Kim: thank you. maybe we're winding down. Really appreciating this. Product and the Process. The individual and the momentariness. Right now, what is mine to do right now. The things we are facing that the world has right now. Poverty, unemployment, and many things. I'm taking away gratitude and appreciation for the expanse which we're holding. There's a tangible willingness to be there, to do or to be. I feel buoyed up. Thank you!

A few more notes taken by Kim on the side:

What brought you to this question "what is mine to do"?

The thought that we each have an essence that is ours to be, in service of the greater. Perhaps it is for us to discover it (and for parents to help in that) and then to cultivate and express it. And we can look for and encourage that in others. Why might we have chosen to be on this planet at this time. These are wild times! What is our personal contribution

There is a recipe that is often repeated: One starts by living a structured, modern culture defined life generally geared towards external rewards. Then one gradually comes to the recognition that this life is limited in meaning and opens to other forms of living. As such, one begins to shed some of the old lifestyle and friends and find new ones. Eventually in this new space, one gets clearer and clearer about what is truly meaningful here and where is it that one finds real alignment. Within that, one's true nature, one's sense of offering in service comes alive. This recipe may or may not be real or work for others. Kim has spent years in this discovery process and while she has discovered greater and greater alignment, a tangible "offering" is somewhat illusive.

Product vs. process—the process is mine to do Unraveling the past efforts—has it been of benefit? Has it also done harm? The shadow comes into play. Composting the old and listening to others, those who aren't necessarily acknowledged but offer a great deal. E.g. Robert F. Kennedy Jr. book The Real Anthony Fauci

Regulating myself in different environments—awareness, what am I attending to, my beingness. Trauma work, working with leaders on how to develop culture. Is there a recipe or best practices? Top down vs. bottom up? Taking time to develop processes and systems. Also holding spaces for others to regulate them and working with the conflict that arises to emerge and grow and innovate.

Some people are trying to be awake to what needs to happen but they don't necessarily have the network or capacity to do it. Helping them connect to themselves in being present. Meta.

May not be in the doing or achieving. More into being and experiencing. What it is to discover this moment. Who can I be right now? A loving and kind, present person, expressive? Process is happening right now.

Spiritual; process. Discover our true nature, why we are here. Why do we want to change organizations? Not to make money. Discover yourself?

If I'm a father can I be loving and patient? Who can you be?

What is it that calls be to be of service? Why do I care?

What are you present for?

Being present to that voice, that essence of being that wants to speak, that flow-through that isn't personal but larger than that.

What are the conditions for the spirit to emerge?

Robert Henry—it isn't to make art. It is to be in that wonderful space that makes art possible(?)

A new sickness is anxiety. The rewards that the system gives us—money, car, etc. but anxiety can't be cured by having those things. How to value what we have and be more present? It is more profound than having things. How do we cure anxiety so we can be more creative?

All of it has a place—the things, the big house. I agree with I'd be happier with more money but it's not all. Someone who has too much and can't use it all—there is an imbalance. How to be in a space of peace while dealing with it all. You can't unsee what you've seen. Always being and doing. The being informs the nature of doing.

Does the being come from choice?

Choice; I am the I who chooses who I want to be. If being, the doing will be so effortless.

It may not be easy to be peaceful or enlightened. And we need to push ourselves to be better. It is hard.

Choice and practice. Not about being perfect. Resiliency. Life experiences have helped me to be ok.

## **Space 10: 12:45 pm EST For the Love of Open Space I wrote a book. - Suzanne**

For the Love of Open Space I wrote a book.... Convenor: Suzanne Participants: Charlie, Elizabeth, François, Marc, Harold

Suzanne sees "she could have missed her life". Is it possible to be anywhere but in open space.

The book: Open Space on the Open Road: A Love Story <https://www.amazon.com/Open-Space-Road-Love-Story/dp/B0BQ5DRJV4>

This represents a narrative summary of a very special conversation where I had the opportunity to share the process and content of my book. One of the important goals in writing "Open Space on the Open Road: A Love Story" was that it would generate intimate conversations about each other's lives—personal and professional. By sharing vulnerably as I had, others would too. That happened here and I'm super grateful. Not surprising, it's the stuff of Open Space. Thank you, Harold Shinsato, for capturing some of these notes, and for adding the link to a Video that was produced by the OSI Board that speaks to my deep love for Open Space Technology.

The first question of the group who convened was: How did you write this book? Tell us the process.

Suzanne then tells the tale of how she started writing this book in the summer of 2021 while in Canada, at the urging of Jasmina Nikolic, an Open Space colleague and friend. It had been suggested by others before, especially connected to Suzanne's nomad lifestyle. Finally, it did not fall on deaf ears. As luck would have it, Suzanne came across Stephen Pressfield's book: "Nobody wants to read your sh\*t". A famous screenwriter and author, his common sense struck a chord, providing her a structure and approach on this project, taking her back to her storytelling journalist days. It would also serve to give her courage, face her fears by putting herself out there writing what would become a very personal autobiography of her life—before and after running into Open Space Technology.

Quickly she decided her book should be in Three Parts (The Personal, The Professional, and Kitchen Table Wisdom) with an Appendix at the end, more descriptive of the philosophy and mechanics of Open Space. She then made a list of the stories and started writing. A bit like her own Marketplace Wall of topics. In less than two months that summer, she had written the bulk of her first draft—albeit unfinished. It would be rewritten many times during the next year and a half. A total of 44 chapters - the humorous mixed with the serious.

To retain her simple and plain language voice and for financial reasons, Suzanne decided to self-publish seeking the help of a publishing consulting firm, JETLAUNCH, to help her navigate the book to final print and distribution. She entrusted the review of her final draft to Sharon Joy Kleitsch, who provided invaluable suggestions. Sharon Joy deeply understands Open Space and in fact, she is the one who led her to OS in 2008. To assist on writing style and grammar, Suzanne used the Grammarly application. It too was invaluable in the writing and rewriting. Chris, CEO of JETLAUNCH provided another set of eyes. In total the last stage process to publication and sales, book cover, final layout, took about 4 to 6 months. It was very smooth and quite rewarding. At the very end, Suzanne determined that an important chapter was missing. It became the longest most difficult chapter to write. Open Space: A Brave Act became the comprehensive summary chapter that described the joys and difficulties of pursuing this path in life to invite Open Space in our everyday world. A far braver act than selling one house and going on the road, destination unknown.

Suzanne closed the above description expressing her deep appreciation for being given the opportunity to do so, even more that it was happening at "Opening Space for Peace and High Performance", a gathering that she holds very dear.

What followed was an intimate exchange and feedback from the group. Most rewarding to her is that people seemed to understand that under the surface of the crazy antic stories contained in this book, was a deep love and a depth that sought through simplicity to explain the beautiful complexity of Open Space. It had been Suzanne's greatest fear that it would diminish OS. Charlie, who bought and read the book, confirmed that Suzanne need not have worried on that regard.

Elizabeth, an erudite academic and frequent participant at the International House gatherings, further confirmed the need for this type of book. Laughingly, she described how frustrating it can be to read books by obscure professors or intellectuals that can require someone to read a few pages 17 times before truly understanding its message and depth. Few readers reading it, a tough going to understand it. The real brilliance, she said, is in the simplicity, and she had no doubt that Suzanne would have achieved that. Her love of people and Open Space would come through.

Francois who had also started reading the book admitted to feeling a bit envious and jealous especially with regards to Suzanne's freedom-based travelling lifestyle. Reflecting on it more, he realized that in his youth, for over a decade, he too had travelled the world. Hitchhiking and staying on the cheap had provided him with extraordinary experiences, so many different perspectives plus experiencing the warmth and kindness of people everywhere. I would never have lived in Japan all those years if not for those early travels.

### **In Francois' words captured by Harold:**

I went to places to discover and learn, and ironically that the experience opened me up to work and responsibilities that make it

harder to travel. I did it before getting married. I was always a bit of an outcast even working in corporate life. My roles enabled the outcastedness. I hadn't bumped into Open Space then I did it before knowing it was Open Space. Not part of conversation, but as a way of learning. I was a cross cultural and language trainer, and rather than teach I let people learn in what I later learned was an open space way. Same as Harrison in the early days before it was named. Thinking about it, how would anyone start a career go through corporations and ever come across open space except by chance - other than being on the road. Suzanne's book title, Finding Open Space on the Open Road is so naturally a part of the process of being open, not having too many demands or expecting too much, forget it you'll never get it. The real travel enables you to meet people where they are, rather than to just see things.

Francois felt that Suzanne's travels were brilliant as it relates to Open Space including her tag line Open Space on the Open Road. You are living Open Space, he said, by not knowing where you will be, meeting people where THEY are, in their homes or organizations. He felt it provided her with a heightened level of understanding and empathy.

Suzanne was extremely appreciative for his comments, feeling he had completely understood what she was trying to convey.

Later she mentioned that "she could have missed her life" had it not been for Open Space and that this book was an expression of her gratitude for what it brought to her life hoping others might be awakened at a younger age to the richness of life. In response, Charlie questioned whether the principle of "whatever happens is what is meant to happen" applies, (in other words, are we not destined to live the life we live?). A wonderfully rich discussion followed about how vibrant or not vibrant our life can be. Not as much a regretting of one's life but regretting that it was not as vibrant as it could have been. As an example, Harold relates the story of Jim and Michelle McCarthy asking the question: "Have you had those experiences at work that felt 70 times better than the norm?". Harold then describes those times in his career when that did happen, with people joyously contributing, when Harold could even choose/create his own projects and building close relations between people in the process. Work felt like the best game. Marc mentioned the same and what a miracle it is when we can create environments that are like that, where we are on purpose. Overall, it's about a feeling of aliveness and this is what Open Space ultimately invites all the time.

On a closing note, with a wonderful touch of humor, Suzanne shared how Charlie had mentioned enjoying the "bedroom scenes" in this Love Story. Of course there are none, but that brave humorous comment speaks to the loving friendship that exists in our World Open Space community leading to wonderful banter and very deep conversations.

The book was dedicated to Harrison Owen and Sharon Joy Kleitsch

From Harold, many thanks to Suzanne Daigle for her work in open space - <https://youtu.be/73i0-2s0laI>

## **Space 11: 1 pm EST Embracing Open Space principles in conversation & dialogue: what does that look like? - Susan**

Embracing Open Space principles in conversation & dialogue: what does that look like?

[\*See end of note for Session Transcript - via Zoom closed caption feature]

### The Principles

Whoever comes are the right people.

Wherever it happens is the right place.

Whatever happens, is the only thing that could have.

Whenever it starts is the right time.

Whenever it's over, it's over.

The Law of Mobility "Law of Two Feet"

If you find yourself where you can't learn or contribute, move yourself to a place where you can.

### PREPARE TO BE SURPRISED!

What does this mean for programming? Facilitators? Funders  
When there's no agenda - how will I do this?

Requirements?  
Trust / Having to trust it - everyone in the room is important  
Control / Letting go of control?

adrienne marie brown - <https://adriennemareebrown.net/> - Emergent Strategy

What does this mean re: Equity? Curating Communities? (online); The Call? - How do we make a call? The invitation What happens when no one shows up?

Reflection - Taking principles too literally... much more there about starting the permission, starting the process of giving permission to people.  
- "Wicked Problems"

How do we make the call? How can we have a difficult conversation to transform our community? To heal our community?

What is that matters to me impact the room?

How can my life be enhanced by looking at OST Principles?

What am I saying no to?

“movement is breath made visible” - Anna Halprin

What does embracing Open Space principles look like to you?

what do you want to be present for?

Session Transcript via Zoom closed caption transcript

[Awilda Rodriguez] 10:13:17 Something that we should honor in our ways of managing what that means.

[Awilda Rodriguez] 10:13:21 But I was, you know, doing the work, and we were doing the map and know what it was really doing.

[Awilda Rodriguez] 10:13:28 Everybody was talking and talking, it was conversation I was like, but we have to create a project at the end of the thing, and you know, I think it kind of moving everything with this concept of trusting them, and they at the end they didn't. I asked them.

[Awilda Rodriguez] 10:13:41 They were, they decided together gonna do a video. And I was like great.

[Awilda Rodriguez] 10:13:45 And I asked for the video before showing up to university, because I have to watch the video.

[Awilda Rodriguez] 10:13:50 Who knows what happens with this in in the institution, and believe it or not.

[Awilda Rodriguez] 10:13:55 As soon as I had to lose I had to let go of my control, and what happens?

[Awilda Rodriguez] 10:14:00 What happened was amazing. It was one of the best videos I've seen dance, and it was everybody was honored, and that in the actually, the students really talk highly of the process because it really engaged their leadership.

[Awilda Rodriguez] 10:14:12 So I think that it's weird and it's a great question, because I'm actually gonna facilitate a big because kind of a symposium for creative industries.

[Awilda Rodriguez] 10:14:24 And I am. People are really challenged by the fact that there's no agenda, and everybody's like.

[Awilda Rodriguez] 10:14:29 But how you gonna do this like, seriously, we need to know in the institution, right?

[Awilda Rodriguez] 10:14:35 Kind of needs that in regards to also justifying funds and and validation of of the work and I don't know yet, but I'm just as you know. It's kind of like you have to trust it.

[Awilda Rodriguez] 10:14:48 And in that letting go, and trusting that everybody that is in the room is important.

[Awilda Rodriguez] 10:14:53 I think that, and something that I combine this with is with emergent strategy by Adrian Marie Brown.

[Awilda Rodriguez] 10:15:00 But she has a whole list of principles, too, and I combine these 2 methodologies, and that helped me a lot, because then Adrian Murray Brown has this other way of thinking of a value of us right?

[Awilda Rodriguez] 10:15:13 And how do we show up to a room, and how do we allow people to show up to that room and and honor them in the diverse way that they are?

[Awilda Rodriguez] 10:15:21 And I think that's yeah. It's kind of like trusting, and which is extremely challenging in these times and all times.

[Awilda Rodriguez] 10:15:30 But you know, that's what it's all about human relationships. Right?

[Awilda Rodriguez] 10:15:32 It's because of this, such an important thing of trust. And how do we do that when we trauma, etc. systems, government and colonialism, etc.

[Susan Liao (she/her) - Portland, OR] 10:15:48 I just well, I'm typing some notes in Kiko chat, but I also turned on the transcript for the conversation.

[Susan Liao (she/her) - Portland, OR] 10:15:58 So that's which sometimes I find it's nice to have some words to refer to.

[Susan Liao (she/her) - Portland, OR] 10:16:04 If that's helpful, I will add before, and kind of that what both of you describe is very resonant, because and I run.

[Susan Liao (she/her) - Portland, OR] 10:16:15 I work in tech with founders, and I ran a couple of cohorts.

[Susan Liao (she/her) - Portland, OR] 10:16:18 Same concept of your programs running people through your thinking about impact.

[Susan Liao (she/her) - Portland, OR] 10:16:25 And typically for impact funders, right? They want to know attendance who showed up, who participated.

[Susan Liao (she/her) - Portland, OR] 10:16:31 And I feel very strongly that I don't want to require attendance.

[Susan Liao (she/her) - Portland, OR] 10:16:35 I can't, because the reality is, there are people with things, especially with Covid, where this came up in commerce, things just happen, and people sometimes have to drop off.

[Susan Liao (she/her) - Portland, OR] 10:16:46 We got to turn off their video package comes at the door, and I think, who am I to require that you have to be in your seat staring at this little camera for 90 min, you know.

[Susan Liao (she/her) - Portland, OR] 10:17:02 And so, yeah, I really, with that, whoever comes or the right people, whatever happens, is the only thing I could have to me.

[Susan Liao (she/her) - Portland, OR] 10:17:09 That. Really it's that trust of empowering the participant to decide what they need to pay attention to.

[Susan Liao (she/her) - Portland, OR] 10:17:19 You know, but it's a it can be scary for many folks because of the letting go.

[Susan Liao (she/her) - Portland, OR] 10:17:27 Control, and being okay with not knowing, with uncertainty

[Susan Liao (she/her) - Portland, OR] 10:17:39 Simon, or Karen. What brings you here? Any?

[Susan Liao (she/her) - Portland, OR] 10:17:44 It's okay to also, just listen in

[Simon Harris] 10:17:51 My said, what brings me to the overarching event?

[Simon Harris] 10:17:56 Was curiosity about open space. What brings me particularly to your conversation?

[Simon Harris] 10:18:04 Was that you had post the question, What are the principles look like?

[Simon Harris] 10:18:15 So I was curious to hear what the conversation

[Simon Harris] 10:18:22 Might throw up. I've got some thoughts, but I won't share them at the moment, cause I want to hear what other people have to say

[Simon Harris] 10:18:38 And I'm sorry I missed the beginning. I I didn't want to have to set the PC.

[Simon Harris] 10:18:44 Here, so I was trying to get one of the tablets to work.

[Simon Harris] 10:18:49 But yeah, tech a sorry.

[Susan Liao (she/her) - Portland, OR] 10:18:51 No, that's see, that's part of the where we're living.

[Susan Liao (she/her) - Portland, OR] 10:18:55 It whenever it starts. This is the right time, and in my head I I think for you, for us.

[Susan Liao (she/her) - Portland, OR] 10:19:02 And so, bouncing in and out whenever you know. Sometimes it feels a little awkward.

[Susan Liao (she/her) - Portland, OR] 10:19:09 Is it okay for me to just turn off my video without saying, excuse me, I'm sorry, but I can drop my video right. There's courtesy.

[Susan Liao (she/her) - Portland, OR] 10:19:18 But is it? Yeah, in conversation we have these principles

[Susan Liao (she/her) - Portland, OR] 10:19:24 Does that create space, maybe, or

[Susan Liao (she/her) - Portland, OR] 10:19:29 What does that mean? I'll say I do have a question.

[Susan Liao (she/her) - Portland, OR] 10:19:33 Curious, Angela, you're talking about equity. One of the

[Susan Liao (she/her) - Portland, OR] 10:19:40 Social agreements or pheny agreements. Sometimes I bring into spaces is, take space, makes space, which is thinking about air time. And even if you have more to say at the same time with open space, it's a little bit of

[Susan Liao (she/her) - Portland, OR] 10:19:57 Is it too much guidance? Is it too limiting to bring that forward?

[Susan Liao (she/her) - Portland, OR] 10:20:02 But then, when you think about equity, Hi.

[Angela K Evans | SJN (she/hers)] 10:20:06 Yeah, I mean, I think that's like a huge part of it is.

[Angela K Evans | SJN (she/hers)] 10:20:10 And facilitating my group. It's like

[Angela K Evans | SJN (she/hers)] 10:20:15 Yeah, if you look at the open space principle, whatever happens, is the only thing that could have.

[Angela K Evans | SJN (she/hers)] 10:20:22 And yet I still have an agenda that I build ahead of time, and I have, you know, responsibilities to my organizations.

[Angela K Evans | SJN (she/hers)] 10:20:31 I mean, it was an interview question of like, What will you do like?

[Angela K Evans | SJN (she/hers)] 10:20:34 We have a huge push. Toward our equity. My group was built.

[Angela K Evans | SJN (she/hers)] 10:20:41 We're more than half of the group meets our Internet like our equity metric, which you know is not just ethnicity.

[Angela K Evans | SJN (she/hers)] 10:20:49 And and so like in the interview process for the job.

[Angela K Evans | SJN (she/hers)] 10:20:52 They were like. Well, how how are you gonna facilitate equity?



[Angela K Evans | SJNI (she/hers)] 10:20:56 How are you? And exactly what you were just saying, Susan.

[Angela K Evans | SJNI (she/hers)] 10:20:59 It's like, well, maybe I need to interject and call on people or interrupt others who are talking a lot and start every meeting with like gift space space.

[Angela K Evans | SJNI (she/hers)] 10:21:10 That idea. But how does that fit into also like allowing whatever happens to be right and like

[Angela K Evans | SJNI (she/hers)] 10:21:21 Yeah, how do you? I think that's one of my biggest challenges.

[Angela K Evans | SJNI (she/hers)] 10:21:26 I guess, as a facilitator is being careful that I'm not taking up too much space because I'm a facilitator.

[Angela K Evans | SJNI (she/hers)] 10:21:34 But then also

[Angela K Evans | SJNI (she/hers)] 10:21:37 The role I have in creating space for everyone, and with the knowledge I have, too, that I interact with all these people one-on-one.

[Angela K Evans | SJNI (she/hers)] 10:21:48 And so there's times when I'm like, no, I want this person to share, because I know what they can share.

[Angela K Evans | SJNI (she/hers)] 10:21:53 And how do you interject that in a conversation that you want to be open

[Angela K Evans | SJNI (she/hers)] 10:22:02 So I guess I don't know if I answered your question, or just made more questions

[Susan Liao (she/her) - Portland, OR] 10:22:11 That's the only way to know is to do it right, and I'll share that.

[Susan Liao (she/her) - Portland, OR] 10:22:19 I think there's a there's definitely different energy when you are convening with people you already know with, there's already some shared contacts like a cohort, or even in this community, you can see there are people that already know each other versus the the newbies or the folks and

[Susan Liao (she/her) - Portland, OR] 10:22:38 I think there, there can be space for for that's what the opening is.

[Susan Liao (she/her) - Portland, OR] 10:22:44 Is for a few, for something else to kind of, to establish that shared connection.

[Susan Liao (she/her) - Portland, OR] 10:22:53 Maybe that's what connection like establishing connection can can show up in different ways.

[Susan Liao (she/her) - Portland, OR] 10:22:58 So I think there can be still room to intermix.

[Susan Liao (she/her) - Portland, OR] 10:23:05 I don't know their guidelines principles, or maybe just other invitations. But because, for example, yeah, I work with mostly underrepresented folks of intersectional identities

[Susan Liao (she/her) - Portland, OR] 10:23:18 I did introduce. I do use a community agreement

[Susan Liao (she/her) - Portland, OR] 10:23:24 But that's part of the a little bit of the expectation for that particular community

[Angela K Evans | SJNI (she/hers)] 10:23:32 And that I think that brings up a good point, too. That's

[Angela K Evans | SJNI (she/hers)] 10:23:37 It can be it. It's like these principles guide all meetings, and there's nuance to all meetings and expectation to all meetings that changes right like we can't.

[Angela K Evans | SJNI (she/hers)] 10:23:49 I mean, it's in like we tried to be formula again structured, and that never really works out.

[Angela K Evans | SJNI (she/hers)] 10:23:54 So, like, if it's 2 right, like you have your principles, your ideas.

[Angela K Evans | SJNI (she/hers)] 10:23:59 But then, being adaptable to situations and groups, and needs something good to remember when looking at this, these principles are like the idea of facilitating through open spaces, so I was gonna look the same way.

[Susan Liao (she/her) - Portland, OR] 10:24:14 Right.

[Angela K Evans | SJNI (she/hers)] 10:24:14 I mean, that's inherent in in all of this.

[Angela K Evans | SJNI (she/hers)] 10:24:17 But sometimes we forget. I think I do

[Susan Liao (she/her) - Portland, OR] 10:24:24 Simon, or

[Susan Liao (she/her) - Portland, OR] 10:24:28 That's

[Simon Harris] 10:24:28 Yeah, reflect a few things. I think the

[Simon Harris] 10:24:38 Principles I'll take too literally. I I I could go into the home room and ask Harrison what you meant by them, but I don't expect that that would elicit anything like a straight answer.

[Simon Harris] 10:24:54 I would just make we feel frustrated, for for the answer, but I think much more there about starting the permission, starting the process of giving permission to people.

[Simon Harris] 10:25:11 So not they. Constrained by a process that they have bought with them from wherever they were in indoctrinated, and then I would also say a different reflection, which is, meetings are a tool.

[Simon Harris] 10:25:32 I can't remember the guy's name. I did read a paper by a guy who researched meetings some years ago, and I actually wrote a blog post on it.

[Simon Harris] 10:25:46 Anyway, he identified 6 dynamics in 3 States, and which gives, I know I'm gonna make the number up go 829 different combinations.

[Simon Harris] 10:25:59 If they were all meaningful. I like, but like combined into groups so and then he went on to describe how, having an agenda was the best thing you needed, if what you would trying to do was get decision between people who already knew the problem had thought about it and were coming to the room to establish

[Simon Harris] 10:26:24 Consensus and action was absolutely the worst thing to do.

[Simon Harris] 10:26:28 If you couldn't express the question, possibly, or had a variety of views.

[Simon Harris] 10:26:38 If you know horse drills work on wicked problems.

[Simon Harris] 10:26:41 Where do you do you know? Wicked problem? Okay, he.

[Simon Harris] 10:26:46 He was a social scientist, and his particular interest was the built environment.

[Simon Harris] 10:26:51 Yeah, Google. Him and he came up with something called Ibis information based issues, syntax or something.

[Simon Harris] 10:27:01 I don't remember what it, and it's a syntax for for capturing and real time.

[Simon Harris] 10:27:08 People are people's views on topics that can be argued, so, and it prevents people continually.

[Simon Harris] 10:27:18 Restating the same view in order that he who shouts loudest, or she who shouts loudest wins out, and he described a wicked problem as one where every participant in it has a different view of what what matters the raise no right or wrong?

[Simon Harris] 10:27:40 Answer, but some might be better and worse. Any any approach to a solution that supplied changes the problem so you can't back off and try another approach, because you've got a new problem.

[Simon Harris] 10:27:53 There are a few other characteristics. If you find Jeff Conklin's name.

[Simon Harris] 10:27:58 If, in fact, the Wikipedia article is quite good.

[Simon Harris] 10:28:04 So there! There are better ways to to tackle problems.

[Simon Harris] 10:28:09 That are better suit it. There are better tools for some problems than others.

[Simon Harris] 10:28:14 All, all has a good. The analogy I use is, if you got a hammer, not all the world is a nail, but it's bloody difficult if what you got to for lunch is soup.

[Simon Harris] 10:28:26 You know, they're in completely different domains. It's not that if you've got a hammer of the world is a nail.

[Simon Harris] 10:28:32 Some people have got screws. They're in the same domain, that there's some mismatch about application, but it is at least a mismatching application of working practices for attaching 2 pieces of wood together, or something.

[Simon Harris] 10:28:47 But if you got a hammer in your china E.

[Simon Harris] 10:28:49 Bowl of soup they're in completely different domains, and when we try and use structured approaches where we don't know or where we come to a situation that we do know.

[Simon Harris] 10:29:07 And we applied unstructured processes. In both cases we had risk importing mindsets, liberating structures is a different thing.

[Simon Harris] 10:29:20 If we if we yeah, we risk importing baggage, that is unhelpful, and that creates frustration.

[Simon Harris] 10:29:28 And then emotion kicks in, and people are very poor.

[Simon Harris] 10:29:33 Alright, distinguishing the pursuit of argument in an intellectual state from their from their emotions, and then they translate their emotions into what you said was, and very often that's no what you heard what I said with those words, but I didn't communicate that concept you've in

[Simon Harris] 10:30:00 You've generated that into concept by my words affecting your psyche with your life experience and my life experiences different.

[Simon Harris] 10:30:10 So those words didn't mean well, I so all those things go together in in ha!

[Simon Harris] 10:30:19 Sparking my curiosity about open system principles, open space principles in conversation and dialogue.

[Simon Harris] 10:30:28 What does that look like? And I don't have anywhere near an answer.

[Simon Harris] 10:30:33 The other thing you you asked me what brought me. The other thing is, I've spent a very long time facilitating meetings.

[Simon Harris] 10:30:41 I'm much more interested in curating community now, and I don't know how to do that.

[Simon Harris] 10:30:49 I did, I should say I'm interested in creating curating community, that leverages digital platforms to form.

[Simon Harris] 10:30:57 And I've got no clue how to do that.

[Simon Harris] 10:31:00 And I thought I'd join a community of people who did know.

[Simon Harris] 10:31:02 And when I started looking I found that I've not found anybody else, really who's got experience of that. I find a few people to talk about it

[Simon Harris] 10:31:14 That's about as much as I can. Well, no, I can quit.

[Simon Harris] 10:31:20 Keep on talking for another hour, but I'm not sure I've got anything useful to say.

[Simon Harris] 10:31:27 Do you want to reflect on that, or go off in a different direction?

[Susan Liao (she/her) - Portland, OR] 10:31:35 Well, I I'm thinking right now a little bit, Meta.

[Susan Liao (she/her) - Portland, OR] 10:31:40 You know I I don't want to take out too much airspace.

[Susan Liao (she/her) - Portland, OR] 10:31:42 There's definitely things that to worth reflecting on, you know the literal versus the the ethos, the spirit.

[Susan Liao (she/her) - Portland, OR] 10:31:50 I think there's something about

[Susan Liao (she/her) - Portland, OR] 10:31:53 Granting yourself permission, right to yeah, unlock, unleash whatever the the the word is to open the conversation.

[Susan Liao (she/her) - Portland, OR] 10:32:07 There's also, I think, an element of who is gathering the purpose of the gathering conversation

[Susan Liao (she/her) - Portland, OR] 10:32:17 And there's also, I think, also in those conversations.

[Susan Liao (she/her) - Portland, OR] 10:32:21 Thinking about? How do we, or do we curate spaces for descent, disagreement.

[Susan Liao (she/her) - Portland, OR] 10:32:32 In argument, thinking about emotion and frustration. You're saying

[Susan Liao (she/her) - Portland, OR] 10:32:39 Acknowledging that people do have emotions.

[Susan Liao (she/her) - Portland, OR] 10:32:42 So it's like always in facilitation. You're trying to balance these extremes right?

[Susan Liao (she/her) - Portland, OR] 10:32:44 Of the individual versus collective, and maybe also, when you're trying to move forward on something balancing space for human emotion, but also some sense of if you're talking about equity or cycle safety and and those things.

[Susan Liao (she/her) - Portland, OR] 10:33:01 But we also have to acknowledge that we can't as facilitate as control or guarantee safety for anyone

[Susan Liao (she/her) - Portland, OR] 10:33:12 So maybe, and

[Susan Liao (she/her) - Portland, OR] 10:33:21 Anyway, I I think there's a lot of powering questions.

[Susan Liao (she/her) - Portland, OR] 10:33:24 Maybe that the invitation, the permissions just setting the context.

[Susan Liao (she/her) - Portland, OR] 10:33:31 That's this is what's coming to mind for me.

[Awilda Rodriguez] 10:33:36 Yeah, you know of just thinking of of what SIM was saying.

[Awilda Rodriguez] 10:33:42 And you know, trying to create a community right in in regards to what they're working on.

[Awilda Rodriguez] 10:33:46 And and I'm thinking also like when you make you have a meeting, or you, you know you try to gather people, and then nobody shows up, and which all these things, and in and it's been like a big question.

[Awilda Rodriguez] 10:33:58 And how do we make that call? How do we really? How we engage new new being new people?

[Awilda Rodriguez] 10:34:06 Right also, especially if you're new to a place. And then suddenly, you want to have this gathering, and you have this great topic, and you want to talk about it being openstake technology, or whichever, how do you make that call what is engaging?

[Awilda Rodriguez] 10:34:17 What is it? How do? How do we do it? Which was a big question, because I was doing all these events when I moved to Puerto Rico.

[Awilda Rodriguez] 10:34:23 Nobody was showing up, and I was like, well, what what is it that I need to do?

[Awilda Rodriguez] 10:34:27 Apart from probably having free food, will definitely support that. But I don't.

[Awilda Rodriguez] 10:34:33 Usually I did all this events without no budget, so I just want, you know, to have these really difficult also, because a lot of the themes were themes about difficult conversations, because I believe that that needs to happen.

[Awilda Rodriguez] 10:34:45 But then, like I was participating in this facilitating training with other social justice, community members that were different from feminist groups and transcripts.

[Awilda Rodriguez] 10:35:00 Like as it was, everybody was there, and Puerto Rico is very small, so we all know the conflicts that everybody has conflict there like we know who doesn't talk to nobody, and Blah blah blah and in the gathering was actually to try to solve these conflict as we're

[Awilda Rodriguez] 10:35:13 Training Us. Facilitators, which was like a very ambitious task.

[Awilda Rodriguez] 10:35:17 But it was so difficult to get people talking with their truth and their honesty and their bravery like.

[Awilda Rodriguez] 10:35:25 So it's not only making the call, but also how you create a brave and safe space in a way like, how do you get people really empowered with their own shoes without it in?

[Awilda Rodriguez] 10:35:38 You know, in the car, and I was in another room in regards to conflict and nonviolent conflict.

[Awilda Rodriguez] 10:35:44 And all of this, but it's those are questions I know I'm bringing more questions, and then answers or anything.

[Awilda Rodriguez] 10:35:48 But it's just, it's it's something.

[Awilda Rodriguez] 10:35:53 Why, I'm in some ways excited about this kind of technology.

[Awilda Rodriguez] 10:35:56 But also as human beings. How do we? How do we make a call for a conversation that needs to happen that we know it's not gonna be, you know, it's not the same convening people for this type of work?

[Awilda Rodriguez] 10:36:13 Then for a concert right like, or gathering or dance party, right?

[Awilda Rodriguez] 10:36:16 That you know. People know they're going to be there today as. But when you're saying we're coming here to do a workshop, and we're gonna walk like you know, I'm trying to do this the symposium with regards to social justice race gender and diversity in

[Awilda Rodriguez] 10:36:30 In regards to of our mobility. How do you make people engage and excited about?

[Awilda Rodriguez] 10:36:35 Okay, I'm gonna go and talk about race is so exciting.

[Awilda Rodriguez] 10:36:38 And I know I'm gonna have conflicts. And oh, and I'm gonna learn so much.

[Awilda Rodriguez] 10:36:41 I I don't think people want to do that because we're so exhausted.

[Awilda Rodriguez] 10:36:44 But but if we have to, I don't know so it's just kind of like thinking of convening and and inviting people.

[Awilda Rodriguez] 10:36:51 And how do we do that? Nothing. It's just a big question that I have, and

[Awilda Rodriguez] 10:36:57 Simon got me thinking about, you know, finding more of us, you know, in a way, and us, and sense of whatever you want to to really challenge

[Simon Harris] 10:37:14 I have a practical challenge that I have to put some more wood on the fire.

[Simon Harris] 10:37:20 I live in Scotland, and it's getting cold in my fire.

[Simon Harris] 10:37:23 If I don't attend to it now, it will go out, and I'll have to start all over again.

[Susan Liao (she/her) - Portland, OR] 10:37:27 And

[Simon Harris] 10:37:30 What I'll do is I'll actually drop off zoom.

[Simon Harris] 10:37:33 And salt the fire out and feed the cats and the such and such like.

[Simon Harris] 10:37:38 Nice talk to you, and I'll see you around in in some other meeting rooms. I'm sure

[Susan Liao (she/her) - Portland, OR] 10:37:42 Thank you, Simon. Hello! Are you on? Carrie?

[Susan Liao (she/her) - Portland, OR] 10:37:49 For those are just joining us. Just let me know.

[Susan Liao (she/her) - Portland, OR] 10:37:51 I. The the transcript is on, if you want to open it, and then we also have notes

[Susan Liao (she/her) - Portland, OR] 10:37:57 Which are more just me writing some things around words that I'm hearing, and questions that I'm hearing.

[Susan Liao (she/her) - Portland, OR] 10:38:05 Oh! And

[Ariel Lublin - NYC] 10:38:07 Okay. The transcript

[Susan Liao (she/her) - Portland, OR] 10:38:10 You can click on show captions. Yeah, I could even change the language.

[Ariel Lublin - NYC] 10:38:12 Oh, show captions. Okay?

[Susan Liao (she/her) - Portland, OR] 10:38:16 But I think it changes the language for everybody.

[Susan Liao (she/her) - Portland, OR] 10:38:22 We're just talking about things around. Sure. Okay? Well, specific.

[Susan Liao (she/her) - Portland, OR] 10:38:29 A will that you were talking about making a call. These principles and

[Susan Liao (she/her) - Portland, OR] 10:38:34 What does that mean when you bring people together? And I think a lot what I really love open space.

[Susan Liao (she/her) - Portland, OR] 10:38:40 These principles are for bring people who together, who are all meeting each other for the first time, I did the reimagining on conference last year, which was a group of different communities from different people, and it was like a 100 people that were all new to open space all new to the sense of I can go to

[Susan Liao (she/her) - Portland, OR] 10:38:59 A gathering. I'm not. I can actually leave whenever I want to I don't know if that was emphasized upfront, but, like you can leave whenever you want, you can jump in just as we're doing here you don't have to no explanation needed and so one shared with me you

[Susan Liao (she/her) - Portland, OR] 10:39:18 Know I never knew. Spaces like this existed before.

[Susan Liao (she/her) - Portland, OR] 10:39:22 And that seems really powerful to me, and the permission I think of just you were thinking about power as facilitators or as the host.

[Susan Liao (she/her) - Portland, OR] 10:39:32 Maybe the the corrects of open source principles, again, is just that invitation.

[Susan Liao (she/her) - Portland, OR] 10:39:39 With permission, just explicitly saying, it's okay.

[Susan Liao (she/her) - Portland, OR] 10:39:43 We're not. You don't have to be on the video all the time.

[Susan Liao (she/her) - Portland, OR] 10:39:46 These are not about requirements, you know.

[Susan Liao (she/her) - Portland, OR] 10:39:51 By around the the question that you mentioned will the which, how do you make the call?

[Susan Liao (she/her) - Portland, OR] 10:39:59 And and no one shows up. I think there is this that makes me think about pacing like space and pace and grace, and in today's headlines we think about events.

[Susan Liao (she/her) - Portland, OR] 10:40:11 So marketing, getting the word out right, and realizing, I think sometimes it just takes time.

[Susan Liao (she/her) - Portland, OR] 10:40:19 It's nothing about you. The facilitators. But maybe it actually starts with a conversation with one other person.

[Susan Liao (she/her) - Portland, OR] 10:40:27 Okay? And then through that conversation one other person, it becomes a conversation with 4, and then 5, and then the energy comes

[Susan Liao (she/her) - Portland, OR] 10:40:41 I'll just share that reflection. But

[Ariel Lublin - NYC] 10:40:43 I just wanna say, Hi, I'm joining for the day.

[Susan Liao (she/her) - Portland, OR] 10:40:44 Hi

[Ariel Lublin - NYC] 10:40:47 I'm I might drop off actually, I'm very tired I'm I have long covid and fatigue, and and I just did another meeting which was even too much for me.

[Ariel Lublin - NYC] 10:40:58 But I just had an obligation. So by a month, but I I think it's I was enjoying the reflections I heard, and I'm reflecting on how it's it.

[Ariel Lublin - NYC] 10:41:09 It is open space a bit about, how do we hat to me?

[Ariel Lublin - NYC] 10:41:12 How do we have conversations? And we have dialogue.

[Ariel Lublin - NYC] 10:41:17 How do we learn to express and listen in ways that reflect our passions like?

[Ariel Lublin - NYC] 10:41:22 How do I get clear, what, what, what are my choices?

[Ariel Lublin - NYC] 10:41:26 There's a whole array of choices like what?

[Ariel Lublin - NYC] 10:41:28 What's my choice, or what do I want to initiate?

[Ariel Lublin - NYC] 10:41:30 And so what what is it that matters to me helps me.

[Ariel Lublin - NYC] 10:41:34 Look at what matters and what are the conversations that I that that that juice me around that?

[Ariel Lublin - NYC] 10:41:42 And how do I have those conversations in ways that respect others, and respect my own voice?

[Ariel Lublin - NYC] 10:41:50 So it's from fraudly. I'm just enjoying playing with articulating that, and noticing how it reflects.

[Ariel Lublin - NYC] 10:41:57 Sort of questions I'm having in my own life right now, like, how does?

[Ariel Lublin - NYC] 10:42:01 How is my life? How can my life right now? Personally just be enhanced by looking at it in terms of open space principles and questions, and and for me the summary of that is, I think it's self reflection on purpose.

[Ariel Lublin - NYC] 10:42:16 What I want to initiate, what I want to respond to and dialogue around at all

[Ariel Lublin - NYC] 10:42:24 I hope that kind of fits with what the topic is

[Susan Liao (she/her) - Portland, OR] 10:42:25 Yes.

[Susan Liao (she/her) - Portland, OR] 10:42:27 I almost wrote, what does open space in life

[Susan Liao (she/her) - Portland, OR] 10:42:33 And work looks like together. I and this I love those questions like, what do you?

[Susan Liao (she/her) - Portland, OR] 10:42:42 What do I want to initiate? But I also think and then, on the flip side, what do I want to let go of?

[Susan Liao (she/her) - Portland, OR] 10:42:48 With kind of the e, the ecosystem, sometimes the hardest.

[Susan Liao (she/her) - Portland, OR] 10:42:53 I'm more of a if you looked at my desk.

[Susan Liao (she/her) - Portland, OR] 10:42:55 There's all these stickies. But what do I wanna like over what?

[Susan Liao (she/her) - Portland, OR] 10:43:00 What am I going to toss out? Honest, honestly toss out of my bucket as well?

[Ariel Lublin - NYC] 10:43:06 We can see that he's on the wall behind you.

[Susan Liao (she/her) - Portland, OR] 10:43:07 Oh, those those are ideas, stickies everywhere. Yeah.

[Susan Liao (she/her) - Portland, OR] 10:43:15 I'm glad I haven't

[Ariel Lublin - NYC] 10:43:16 Yeah, thanks for that cause. I was actually thinking about that recently.

[Ariel Lublin - NYC] 10:43:18 I'm hadn't quite noted it for myself clearly enough.

[Ariel Lublin - NYC] 10:43:21 Like I'm at this crossroads juncture in my life, where it's like that's that's one of the things that's up for me like. What do I? What am I saying?

[Ariel Lublin - NYC] 10:43:31 No, to that allows space for other things to have space or to follow.

[Ariel Lublin - NYC] 10:43:37 You know, if I choose this, what am I saying? No, to so in my moment I almost need to be looking at that first.

[Ariel Lublin - NYC] 10:43:43 So I appreciated you articulating that I think it's I think it's different to different moments.

[Ariel Lublin - NYC] 10:43:48 But in my moment that's where I'm at.

[Ariel Lublin - NYC] 10:43:52 Hi karen tarry.

[Kari ♡ Iceland] 10:43:57 How Rick! Hi!

[Susan Liao (she/her) - Portland, OR] 10:44:02 From Iceland.

[Kari ♡ Iceland] 10:44:03 I am from Iceland, but I'm currently in Taiwan.

[Susan Liao (she/her) - Portland, OR] 10:44:07 Oh, that's always when I like it is. It's the same Kari from I was in Iceland in November, just side, new in my background.

[Kari ♡ Iceland] 10:44:16 Oh! This is no longer

[Susan Liao (she/her) - Portland, OR] 10:44:18 Yeah. Last number, actually, my background previously was from Island when I was this one here

[Kari ♡ Iceland] 10:44:23 Oh, cool!

[Kari ♡ Iceland] 10:44:25 I haven't been there for 3 years

[Susan Liao (she/her) - Portland, OR] 10:44:30 On. This is what it looked like, at least up right outside of Rakio, big so

[Ariel Lublin - NYC] 10:44:35 But you own it in your name.

[Kari ♡ Iceland] 10:44:38 I'll be calling back to last month in 2 weeks.

[Susan Liao (she/her) - Portland, OR] 10:44:41 So it's it's late for you. What brings you here?

[Kari ♡ Iceland] 10:44:48 The the 3 launchers that brings me here to the event or to the chat room.

[Susan Liao (she/her) - Portland, OR] 10:44:49 To this room

[Susan Liao (she/her) - Portland, OR] 10:44:53 To this point, to this chat room

[Kari ♥ Iceland] 10:44:57 This 10, okay, I come to a chat room because of what was posted embracing open space, principle and conversation and dialogue.

[Kari ♥ Iceland] 10:45:08 What does it look like

[Kari ♥ Iceland] 10:45:11 That is the Roma menus. Okay.

[Susan Liao (she/her) - Portland, OR] 10:45:13 Yeah.

[Kari ♥ Iceland] 10:45:18 And then I here some interesting conversation. So I stay

[Kari ♥ Iceland] 10:45:31 Yeah. There was a question, and then there was another question, and I got confused

[Susan Liao (she/her) - Portland, OR] 10:45:39 What does that look like for you? Because I I think I recognize you from other.

[Susan Liao (she/her) - Portland, OR] 10:45:44 Maybe the future of work. Are you something open? Okay? Interesting.

[Kari ♥ Iceland] 10:45:45 No, never been part of you through work

[Susan Liao (she/her) - Portland, OR] 10:45:50 So have you been to open space sessions before?

[Susan Liao (she/her) - Portland, OR] 10:45:55 Is this?

[Kari ♥ Iceland] 10:45:56 Yes, I have been part of open space, as you understand, since 2,006

[Susan Liao (she/her) - Portland, OR] 10:46:01 Yeah, wow, so what does that look like for you? Don't? You don't have to be in the hot spot if you don't want to, we can.

[Kari ♥ Iceland] 10:46:10 No, no, I find it's it's just 2 to 50 is almost 30'clock in the night, so I might be a bit slow to response and confuse the continue and I will ask the first, what do you want to be present for?

[Susan Liao (she/her) - Portland, OR] 10:46:11 Yeah, yeah, curious, since it's been part of you.

[Kari ♥ Iceland] 10:46:30 In your hi.

[Susan Liao (she/her) - Portland, OR] 10:46:36 I do present 4.

[Kari ♥ Iceland] 10:46:43 All your notes on your desktop is that you want to keep present for them

[Ariel Lublin - NYC] 10:46:49 I want to be present for myself in my body. I want to be present for my feelings, and I want to be present for how the people around me are doing.

[Ariel Lublin - NYC] 10:47:03 Actually, it depends on the moment how far that around me extends.

[Ariel Lublin - NYC] 10:47:08 In this moment. It's the 3 of you other moments.

[Ariel Lublin - NYC] 10:47:11 It's a bigger world if I have more energy. But other moments is just me or me, and a PET

[Susan Liao (she/her) - Portland, OR] 10:47:22 I will that I was actually curious for you. At the the movement.

[Susan Liao (she/her) - Portland, OR] 10:47:26 Thanks for mentioning that because and then you're talking about dance and

[Susan Liao (she/her) - Portland, OR] 10:47:33 Open spaces more than just, or conversation and dialogue is actually more than just what we say.

[Susan Liao (she/her) - Portland, OR] 10:47:39 Right.

[Awilda Rodriguez (she/her) - Puerto Rico] 10:47:42 Yeah, completely. Which is why I was very curious about this open space technology meeting, because it was gonna be.

[Awilda Rodriguez (she/her) - Puerto Rico] 10:47:51 Virtually the idea what I really liked about the practice was the mobility that it really makes.

[Awilda Rodriguez (she/her) - Puerto Rico] 10:47:56 You know, creates. You have to get up, and you have to put your posted on a wall, and and that creates an action also in.

[Awilda Rodriguez (she/her) - Puerto Rico] 10:48:04 And our physical bodies. Right? That's another language. So many, you know.

[Awilda Rodriguez (she/her) - Puerto Rico] 10:48:09 And and I know you carry the mention in one of the groups in regards to language right and translating.

[Awilda Rodriguez (she/her) - Puerto Rico] 10:48:16 And what does that look like? But I think there's the other language of body, language, accessibility, and and how we're present.

[Awilda Rodriguez (she/her) - Puerto Rico] 10:48:23 And it's great, you know, and I thank you, Ariel, for being, you know, and being an honest and vulnerable in regards to how you probably is.

[Awilda Rodriguez (she/her) - Puerto Rico] 10:48:31 But that's something that probably will even feel it in the room of like, okay, this person needs that space or in then you how do you approach a body and don't approach your body.

[Awilda Rodriguez (she/her) - Puerto Rico] 10:48:40 So there's that element of the human experience which I do believe that this technology is trying to to really. Well, it comes from that.

[Awilda Rodriguez (she/her) - Puerto Rico] 10:48:47 You know, it's transformed because of Covid and the Condemnia, but it's still, I think that's an element such an important one that that is not.

[Ariel Lublin - NYC] 10:48:49 Thank you.

[Awilda Rodriguez (she/her) - Puerto Rico] 10:48:57 I don't think it's taken into consideration completely in, regardless of what we're thinking about.

[Awilda Rodriguez (she/her) - Puerto Rico] 10:49:01 All this practice, and facilitating gathering people because we now we have to shift into this virtual world.

[Awilda Rodriguez (she/her) - Puerto Rico] 10:49:08 But you know, it's like even talking, you know, like right now, you know, we're all we're not muted, which is great because you can listen to the reactions.

[Awilda Rodriguez (she/her) - Puerto Rico] 10:49:18 But when you're in the room and you're like telling a story of you're trying to be, you know.

[Awilda Rodriguez (she/her) - Puerto Rico] 10:49:22 Funny, because that also helps with the facilitation and getting people together.

[Awilda Rodriguez (she/her) - Puerto Rico] 10:49:25 Then you're here. Let nobody laughing you're like, was that really funny, or wasn't it?

[Awilda Rodriguez (she/her) - Puerto Rico] 10:49:30 The cameras are not on, so it really challenges us as as facilitators and as as people, and connecting and using this nonverbal language, which I think it's such a problem thing and presence, you know what you're pressing for which was the question that was brought into the room.

[Awilda Rodriguez (she/her) - Puerto Rico] 10:49:47 It's like I'm pressing for the presence like it's just being in breath like.

[Awilda Rodriguez (she/her) - Puerto Rico] 10:49:52 That's what I always want to be pressing. Sometimes we forget we we need to breathe, even though the party doesn't automatically.

[Awilda Rodriguez (she/her) - Puerto Rico] 10:49:58 But when you create a awareness of that earth, and that air coming through your body, and that's that's the first movement, you know.

[Awilda Rodriguez (she/her) - Puerto Rico] 10:50:06 And and a hopprin has a documentary and something that she says that movement is breath made visible and that always sticks to me.

[Awilda Rodriguez (she/her) - Puerto Rico] 10:50:15 It's like really, it's just breathing. It's it's one of those dances that happen unconsciously.

[Awilda Rodriguez (she/her) - Puerto Rico] 10:50:20 But that is a beautiful gift that's beautiful. Present right to breathe.

[Awilda Rodriguez (she/her) - Puerto Rico] 10:50:24 But at all you get a me thinking about the bodies, and like I'm here with my mother, and it's great, and and I have another body in the room.

[Awilda Rodriguez (she/her) - Puerto Rico] 10:50:33 I have a PET. But these types of of facilitating and group gathering, as is shifted and thinking of safety and and trusting like that other element of trust which is such an important aspect of of the practice, nothing is how we can obviously talk forever and all this stuff.

[Awilda Rodriguez (she/her) - Puerto Rico] 10:50:53 Because it's you know we're here I believe that we're all here because of the human connection.

[Awilda Rodriguez (she/her) - Puerto Rico] 10:50:57 It's this, we want to make works that can transform us in a in that sense of peace and and conflict that's a way of gathering.

[Awilda Rodriguez (she/her) - Puerto Rico] 10:51:07 But yeah, and so very grateful. That's a great Kiko is amazing.

[Awilda Rodriguez (she/her) - Puerto Rico] 10:51:13 I. I'm not gonna complain. It's just really dynamic which helps for for the is to be sustained

[Kari ♥ Iceland] 10:51:20 I wanted to see. You have an experience now into what you were talking about.

[Kari ♥ Iceland] 10:51:27 I have a clear memory. 15 years ago, participating in an online open space

[Kari ♥ Iceland] 10:51:36 Have that that's hosted on the second life

[Susan Liao (she/her) - Portland, OR] 10:51:43 Second Life.

[Kari ♥ Iceland] 10:51:43 And it's a like a virtual reality thing where you have an avatar and you walk around, and as you work further away from a person, you hear them less, and as you were closer to the year and more, but you don't have the video, element, but you had this just so popular, in it but this is very



[Ariel Lublin - NYC] 10:51:54 Yeah.

[Kari ♥ Iceland] 10:52:06 old, but the element there is that you could hear the excitement from the other groups.

[Kari ♥ Iceland] 10:52:13 Causing, and you don't have that in this room.

[Ariel Lublin - NYC] 10:52:14 Hmm.

[Kari ♥ Iceland] 10:52:19 But this is very old technology. 15 years ago.

[Susan Liao (she/her) - Portland, OR] 10:52:23 Yeah, there's go ahead

[Ariel Lublin - NYC] 10:52:25 Yeah.

[Ariel Lublin - NYC] 10:52:28 I just quickly. I I mean, I was surprised that we don't have breakout rooms because, you know, I'm using to breakout rooms that are easier to switch back and forth, and you see how many people are in one.

[Ariel Lublin - NYC] 10:52:38 And you can only see how many people are in one here.

[Ariel Lublin - NYC] 10:52:40 If you go back to the home. And then I was a little confused. So even that is a little bit more sorry

[Kari ♥ Iceland] 10:52:43 Oh, I'm talking about the zoom breakout rooms.

[Kari ♥ Iceland] 10:52:46 You talk about the feature in soon as it's called record rooms.

[Ariel Lublin - NYC] 10:52:49 Yeah, and here I have to close out of this room off zoom completely.

[Ariel Lublin - NYC] 10:52:54 I think, in order to get back to the next room. So it's just I'm just thinking about the technology

[Kari ♥ Iceland] 10:52:58 Okay, I want to tell you some story. Small story. The reason why there are now record rooms in Zoom.

[Kari ♥ Iceland] 10:53:05 Because Zoom was responding to Kikotia, providing this service so they're out competing.

[Kari ♥ Iceland] 10:53:14 Kiko chat. If I remember the story correctly.

[Ariel Lublin - NYC] 10:53:18 Sorry I didn't understand

[Kari ♥ Iceland] 10:53:18 Platform that we have using key code chat.

[Ariel Lublin - NYC] 10:53:22 Oh, oh, oh, I see! I see! I see. Yes, I got you

[Kari ♥ Iceland] 10:53:24 Brought this many rooms and that zoom reacted by creating the breakup sessions

[Ariel Lublin - NYC] 10:53:30 I see right. Gotcha

[Susan Liao (she/her) - Portland, OR] 10:53:33 You can see. I'll I'll just say a little logistics.

[Susan Liao (she/her) - Portland, OR] 10:53:37 I'm not sure if it will help or not. If you have your browser window with Kiko, chat open in your browser window, then you can see who's in which rooms yeah.

[Ariel Lublin - NYC] 10:53:47 Oh, I see, I see, I see. Thank you. Yes, I see

[Susan Liao (she/her) - Portland, OR] 10:53:49 Sometimes you have to refresh so it can take a moment to see cause.

[Susan Liao (she/her) - Portland, OR] 10:53:58 Things will change, and people will hop back and and forth

[Ariel Lublin - NYC] 10:54:00 I see. Okay, thank you. That was helpful.

[Ariel Lublin - NYC] 10:54:06 But you were gonna say something else, I think

[Susan Liao (she/her) - Portland, OR] 10:54:07 Yeah. Well, I just wanted to add a reflection around. What I think with this is this, conversation is kind of

[Susan Liao (she/her) - Portland, OR] 10:54:16 Kick starting in me is continuing to experiment with open space in different formats, like even audio or ways.

[Susan Liao (she/her) - Portland, OR] 10:54:25 Pria Parker, the author of the Art of Gathering he talks a lot about that.

[Susan Liao (she/her) - Portland, OR] 10:54:30 Talking about movement, and having conversation as you're moving into different spaces, physically moving into different spaces.

[Susan Liao (she/her) - Portland, OR] 10:54:36 Or the energy that comes from. I always love working in coffee shops because I'm the person likes to have the the noise of the background, noise and the activity of the steam from the expressive machine, and so I do wonder what might it be like to have open space where you can still your senses are

[Susan Liao (she/her) - Portland, OR] 10:54:55 still kind of picking up queues from other things around.

[Susan Liao (she/her) - Portland, OR] 10:54:57 You physically, or it's it might be challenging.

[Susan Liao (she/her) - Portland, OR] 10:55:03 But maybe it's not through zoom, you know, a desktop laptop.

[Susan Liao (she/her) - Portland, OR] 10:55:08 Maybe it's using things on your phone, you know, using Zoom on your phone.

[Susan Liao (she/her) - Portland, OR] 10:55:14 I don't know right. There's just a but just thinking, that's what I'm really interested exploring.

[Susan Liao (she/her) - Portland, OR] 10:55:19 I think this is coming forth for me

[Kari ♡ Iceland] 10:55:22 There is one format that I always wanted to try with open space.

[Kari ♡ Iceland] 10:55:28 It is to have a downtown open space, and then have each of the different cafes

[Susan Liao (she/her) - Portland, OR] 10:55:36 Yeah.

[Kari ♡ Iceland] 10:55:36 And then we have the mainstream call online on the phone. And then we call to a different cafes for the different platforms

[Susan Liao (she/her) - Portland, OR] 10:55:39 Yeah.

[Kari ♡ Iceland] 10:55:46 I never done that. I really want to do that.

[Susan Liao (she/her) - Portland, OR] 10:55:46 This is getting oh, well, this reminds me of the reason why I went to Iceland is because of a music festival called Island Airwaves.

[Kari ♡ Iceland] 10:55:57 Yes, yes.

[Susan Liao (she/her) - Portland, OR] 10:55:57 And the very first time I visited, which is maybe almost 10 years ago.

[Susan Liao (she/her) - Portland, OR] 10:56:04 There's music, in all these different venues across, Ray Gavic over 4 days, but not just music, venues.

[Susan Liao (she/her) - Portland, OR] 10:56:12 It might be the grocery store and there's a musician in the corner playing something store in the swimming pools.

[Kari ♡ Iceland] 10:56:15 Yeah, yeah. And the swimming pool and

[Susan Liao (she/her) - Portland, OR] 10:56:20 And so for 4 days you wake up you I can move.

[Susan Liao (she/her) - Portland, OR] 10:56:24 Yeah. Walk all around and freely drop into these different stores.

[Susan Liao (she/her) - Portland, OR] 10:56:31 Listen to the music, walk out, move, and that's what open space felt like to me.

[Susan Liao (she/her) - Portland, OR] 10:56:36 Virtually. But like I'm in this hall, I'm in this hallway Hub, where there's all these different conversations happening, and I can kind of freely move back and forth between these different

[Kari ♡ Iceland] 10:56:48 Are you connected with the wealth of music in a serious way?

[Susan Liao (she/her) - Portland, OR] 10:56:54 Hey? Am I connected with music?

[Kari ♡ Iceland] 10:56:56 Are you connected to the world of music in a serious way?

[Susan Liao (she/her) - Portland, OR] 10:56:58 Oh, no, not see. Well, no, I'm I'm I'm just a music I mean.

[Susan Liao (she/her) - Portland, OR] 10:57:04 I used to play violin piano, but I do not play in bands or anything.

[Susan Liao (she/her) - Portland, OR] 10:57:06 I'm a

[Susan Liao (she/her) - Portland, OR] 10:57:09 What's the word for it? I'm a passionate spectator.

[Kari ♡ Iceland] 10:57:13 At it a beautiful 3 day, open space with experimental musicians and composers, and Iceland.

[Susan Liao (she/her) - Portland, OR] 10:57:21 Oh!

[Kari ♡ Iceland] 10:57:24 A few years ago about the desire to keep through to their passion and their roots. While still getting like this, the formal conductor of the symphony, and things like that to be part of the passion that is rising against the system as well at the same time a body in the system

[Susan Liao (she/her) - Portland, OR] 10:57:25 Wow!

[Kari ♡ Iceland] 10:57:53 That's a very fun topic

[Susan Liao (she/her) - Portland, OR] 10:57:55 Yeah. It. Are you all I'm thinking about what you're talking about, you know.

[Susan Liao (she/her) - Portland, OR] 10:58:03 Just these questions, levels of inquiry for self reflection, and with open space kind of in the strength, for me, at least in open space, is the the theme and the imitation

[Kari ♡ Iceland] 10:58:17 I want to challenge you for a team right now, if we are to convert Icelandic air, wave into an open space, to run parallel with the Music Festival.

[Susan Liao (she/her) - Portland, OR] 10:58:17 And

[Kari ♥ Iceland] 10:58:30 So all the participants are also participants in our open space event.

[Kari ♥ Iceland] 10:58:35 What would be the same

[Susan Liao (she/her) - Portland, OR] 10:58:38 I would co-create with, I just that's what I do.

[Susan Liao (she/her) - Portland, OR] 10:58:44 I think we should. That's a good question to ask.

[Susan Liao (she/her) - Portland, OR] 10:58:46 Everyone to say.

[Susan Liao (she/her) - Portland, OR] 10:58:50 Have an open state. I would. Yeah, I would totally do that, if you know.

[Kari ♥ Iceland] 10:58:51 Do you want to do that for next year

[Kari ♥ Iceland] 10:58:55 That's the way

[Susan Liao (she/her) - Portland, OR] 10:58:57 Yeah, if you're connected, I would. I would. Let's do it.

[Susan Liao (she/her) - Portland, OR] 10:59:00 Then. And actually, yeah, I've been 4 times

[Kari ♥ Iceland] 10:59:02 Well, if you, if you feel comfortable, going to Iceland next it again, how do you experience the open space host

[Susan Liao (she/her) - Portland, OR] 10:59:10 Have I experienced open space

[Kari ♥ Iceland] 10:59:12 Have you been hosting open space before

[Susan Liao (she/her) - Portland, OR] 10:59:14 Virtual only, not in that line. Yeah.

[Kari ♥ Iceland] 10:59:17 Oh, okay.

[Susan Liao (she/her) - Portland, OR] 10:59:20 Are you? Are, you do? Are you connected to music?

[Kari ♥ Iceland] 10:59:26 Only through my contacts, not my personal experience. Like I was contacting open space for music. People

[Susan Liao (she/her) - Portland, OR] 10:59:28 Oh, yeah.

[Susan Liao (she/her) - Portland, OR] 10:59:34 And then, URL for you

[Ariel Lublin - NYC] 10:59:37 I've dropped in and out of music. I was in Horace and band when I was in elementary school, and had various opportunities to be in or not in, and the rest of my life. So I'm not.

[Susan Liao (she/her) - Portland, OR] 10:59:44 Oh, okay.

[Ariel Lublin - NYC] 10:59:51 I'm not what I really want with music right now, and actually have for a long time is, and actually reminds me, maybe I'll rejoin my choir and might be able to do that right now.

[Ariel Lublin - NYC] 11:00:02 But is spaces that I could drop into that were a bit like abandoned chorus and elementary school like like Band especially.

[Ariel Lublin - NYC] 11:00:10 I want to get better at playing instruments. I play a few instruments a little, but I love playing them with people but I don't really know how to play them with people I've never learned.

[Susan Liao (she/her) - Portland, OR] 11:00:19 Hmm.

[Ariel Lublin - NYC] 11:00:20 How do you improvise together? How do you like? I I I don't know how to like that's what would inspire me to practice, and whatever is, if I was playing with people.

[Ariel Lublin - NYC] 11:00:31 But I don't know like I don't know an open space to drop into with a flute when I'm not that good at it, you know.

[Ariel Lublin - NYC] 11:00:38 Like, but I would love it if I could. I guess I could host that sometime.

[Susan Liao (she/her) - Portland, OR] 11:00:39 I, actually, yeah, we I would. I will help you if you want.

[Ariel Lublin - NYC] 11:00:44 Right sorry, what?

[Susan Liao (she/her) - Portland, OR] 11:00:45 I think open so could be great with music. It

[Susan Liao (she/her) - Portland, OR] 11:00:51 My friend has a Portlandia event. You just bring whatever instrument you

[Susan Liao (she/her) - Portland, OR] 11:00:58 You want you. You have handy, and and they play things.

[Ariel Lublin - NYC] 11:00:59 You have handy

[Susan Liao (she/her) - Portland, OR] 11:01:05 But yeah, that's interesting. It's just her name for that.

[Ariel Lublin - NYC] 11:01:06 What's Portlandia

[Susan Liao (she/her) - Portland, OR] 11:01:11 Her theme for bringing together and just playing. Yeah, improvising on the spot with whatever instrument you you bring to the table.

[Ariel Lublin - NYC] 11:01:11 Oh!

[Ariel Lublin - NYC] 11:01:16 Cool.

[Susan Liao (she/her) - Portland, OR] 11:01:20 And she plays outside on her porch. So, yeah, oh, yeah.

[Ariel Lublin - NYC] 11:01:24 Oh, Gotcha, no, thank you. This is really love to do this. Yeah.

[Ariel Lublin - NYC] 11:01:32 Hmm.

[Susan Liao (she/her) - Portland, OR] 11:01:32 Hi Karen

[Ariel Lublin - NYC] 11:01:34 I once did an event. I want to say how to Karen more in a second, but I once did.

[Ariel Lublin - NYC] 11:01:38 I I participated in events that had is just a very brief part of it.

[Ariel Lublin - NYC] 11:01:45 Somebody had laid out all these instruments, but most mostly like rattles and little drums, and, you know, sort of simple instruments, and and just invited everybody to pick one up and just play like just not to try to coordinate not to try to you know not to try just to do it.

[Ariel Lublin - NYC] 11:02:04 Just to be sort of as random as you felt like, and just, you know, is raw, and and it was so much fun, and it did sound good, you know, right, it did sound good, but we the goal was not to sound, but the goal was just to be experimenting for yourself all together, at the same time.

[Ariel Lublin - NYC] 11:02:23 So it that gives me some freedom around thinking about what can be fun without having to be good or trained

[Susan Liao (she/her) - Portland, OR] 11:02:32 It's that permission right to just do

[Ariel Lublin - NYC] 11:02:33 Yeah.

[Ariel Lublin - NYC] 11:02:39 Just to be present. That's it. Yeah.

[Susan Liao (she/her) - Portland, OR] 11:02:40 Yeah.

[Ariel Lublin - NYC] 11:02:45 Hi Karen, and Hi, Angela!

[Ariel Lublin - NYC] 11:02:51 And and Coca-cola, whose name I can't quite say right.

[Ariel Lublin - NYC] 11:02:54 I think I've seen you in New York right in New York.

[Kari ♥ Iceland] 11:02:57 Hi! Yes, 2,018

[Ariel Lublin - NYC] 11:02:58 Open space. I thought, so, okay, I think that must have been well.

[Ariel Lublin - NYC] 11:03:03 I was there twice, I think 3 times. I think you might have even let something on play.

[Kari ♥ Iceland] 11:03:09 Play.

[Ariel Lublin - NYC] 11:03:09 Okay, maybe not. Maybe that wasn't you. But I think you oh, you were okay.

[Kari ♥ Iceland] 11:03:12 Yes, yes, I was part of play. Hello. There, yeah. Yeah. Yeah.

[Kari ♥ Iceland] 11:03:17 This question of Clareman for you from play. Actually, I do remember your face from that place session right now, and good bye.

[Ariel Lublin - NYC] 11:03:19 Sorry.

[Ariel Lublin - NYC] 11:03:23 Oh, I'm I'm impressed. I'm not good with faces, but I'm impressed.

[Ariel Lublin - NYC] 11:03:28 Yes.

[Ariel Lublin - NYC] 11:03:31 Good.

[Susan Liao (she/her) - Portland, OR] 11:03:31 So much. Sarah City. Here I open space with music, open space with movement.

[Ariel Lublin - NYC] 11:03:43 Hmm.

[Susan Liao (she/her) - Portland, OR] 11:03:43 That a well isn't here anymore. But that really made me think about

[Susan Liao (she/her) - Portland, OR] 11:03:49 Yes, I'm I'm 100% really serious because I I love Iceland Airways and the yes to me, that's what

[Kari ♥ Iceland] 11:03:57 So I'm proposing a five-day open space with 8,000 people and graduate next to number. Okay.

[Susan Liao (she/her) - Portland, OR] 11:04:04 Yes.

[Kari ♥ Iceland] 11:04:05 Cool. Let's do it.

[Susan Liao (she/her) - Portland, OR] 11:04:07 We're we're gonna do it. I have my email here.

[Susan Liao (she/her) - Portland, OR] 11:04:10 Everyone's witnessing, and anyone else who wants to join

[Susan Liao (she/her) - Portland, OR] 11:04:16 So I wanna, I'm also interested in open space.

[Susan Liao (she/her) - Portland, OR] 11:04:19 That's with over a longer period, a large, longer durations, and maybe that takes 2

[Kari ♥ Iceland] 11:04:24 The long question space. I can host it to 6 days

[Susan Liao (she/her) - Portland, OR] 11:04:29 Or or once you can even start it on, you know, mix and match for me.

[Susan Liao (she/her) - Portland, OR] 11:04:38 It's about accessibility. Angela was in earlier, when we're talking about equity.

[Susan Liao (she/her) - Portland, OR] 11:04:43 A little bit of, and for me, and that's my!

[Susan Liao (she/her) - Portland, OR] 11:04:46 How, how might we bring in open space principles, in dialogue?

[Susan Liao (she/her) - Portland, OR] 11:04:50 But then it seems like that was leading to the question of Well, what what does having a conversation look like?

[Susan Liao (she/her) - Portland, OR] 11:04:56 What does dialogue look like

[Susan Liao (she/her) - Portland, OR] 11:05:00 And sometimes that might be just picking up a flute.

[Susan Liao (she/her) - Portland, OR] 11:05:04 Good playing it

[Susan Liao (she/her) - Portland, OR] 11:05:10 So.

[Susan Liao (she/her) - Portland, OR] 11:05:12 Well, I I'm I'm free to hang out the closing.

[Susan Liao (she/her) - Portland, OR] 11:05:16 I just wanna time note is in 25 min.

[Susan Liao (she/her) - Portland, OR] 11:05:21 I won't hurt any feelings. I'm happy to continue talking about.

[Susan Liao (she/her) - Portland, OR] 11:05:26 I'm feeling a passion around. Yeah, experimenting with open space in different ways.

[Susan Liao (she/her) - Portland, OR] 11:05:33 Maybe it's hand bearing off from the original.

[Susan Liao (she/her) - Portland, OR] 11:05:36 Topic for this chat room. But yeah, I mean fine to hang out.

[Susan Liao (she/her) - Portland, OR] 11:05:41 What else is on people's minds?

[Ariel Lublin - NYC] 11:05:48 Sorry I missed that. But that's okay. I'm just setting an email thread up with all of the email addresses that we're in the chat which obviously we'll include mine with it when it comes to you.

[Susan Liao (she/her) - Portland, OR] 11:05:52 Okay.

[Susan Liao (she/her) - Portland, OR] 11:05:54 Yeah.

[Ariel Lublin - NYC] 11:06:00 Karen, do you want to be on it?

[Susan Liao (she/her) - Portland, OR] 11:06:14 Okay, and you are still on mute. Yes, I could mute you.

[Susan Liao (she/her) - Portland, OR] 11:06:19 I can't

[Kari ♥ Iceland] 11:06:28 Aden Davis, do you want to say something? You are on mute

[Susan Liao (she/her) - Portland, OR] 11:06:33 And she's looking for her button. Are you looking

[Kari ♥ Iceland] 11:06:41 Daniel unmute

[Ariel Lublin - NYC] 11:06:44 No! Can you put? Can you put your thumb up if you'd like to be on an email thread about a 5 day open space?

[Susan Liao (she/her) - Portland, OR] 11:06:51 Okay.

[Ariel Lublin - NYC] 11:06:52 And okay, I got because I have. I think I have your email address. But I'm pretty sure camera. Okay.

[Susan Liao (she/her) - Portland, OR] 11:07:12 Yeah. Curry, have you? Can you see your name? Just one more time?

[Susan Liao (she/her) - Portland, OR] 11:07:17 Let me make sure. Kari. Okay, what's

[Kari ♥ Iceland] 11:07:17 Calorie

[Kari ♥ Iceland] 11:07:24 It actually has, above all, on the a hat.

[Susan Liao (she/her) - Portland, OR] 11:07:27 Oh, okay.

[Kari ♥ Iceland] 11:07:29 Missing that in my name

[Susan Liao (she/her) - Portland, OR] 11:07:37 What is embracing. Okay.

[Ariel Lublin - NYC] 11:07:38 Hi! Sorry. One question. I have, Karen. I have K Dave is a concentric. K.

[Ariel Lublin - NYC] 11:07:43 Davis, at Karen Davis and K Davis at Globe, Trotter.

[Susan Liao (she/her) - Portland, OR] 11:07:47 I I can pull it. I have it. I can Kerry not got you

[Ariel Lublin - NYC] 11:07:47 None of them. Okay? Then, I don't have your email address. Okay.

[Ariel Lublin - NYC] 11:07:52 We just just oh, and just data to the email thread.

[Ariel Lublin - NYC] 11:07:56 Then, okay, thanks.

[Susan Liao (she/her) - Portland, OR] 11:07:58 Is Karen Atkinson

[Susan Liao (she/her) - Portland, OR] 11:08:10 I'm Karen. You can thumbs down if this is wrong.

[Susan Liao (she/her) - Portland, OR] 11:08:13 Email

[Susan Liao (she/her) - Portland, OR] 11:08:17 Good old sums up and thumbs down.

[Susan Liao (she/her) - Portland, OR] 11:08:30 I just. I was curious. Kari, what brought you? How did you?

[Susan Liao (she/her) - Portland, OR] 11:08:34 How were you introduced to open space

[Kari ♥ Iceland] 11:08:38 Me. Personally, I was attending a youth conference and push Kinsky Quarry, Russia.

[Kari ♥ Iceland] 11:08:49 I was representing as Ltb. Student movement in Russia, and was invited by Austrian organization to be one of 15 Western European people.

[Kari ♥ Iceland] 11:09:04 Part of the use of Europe program organizations, and we have a partner with 15 Eastern.

[Kari ♥ Iceland] 11:09:14 European use organizations for translation purposes, and we had our parallel conference alongside with a bigger conference that was centered about the crisis of the use and the youth movement in posterior East

[Kari ♥ Iceland] 11:09:37 And that was brought in 2 people who recently had been studying Los Angeles and I found open space there, and they were living in Moscow, and they conducted open space for half a day, and I instantly fell in love and small potential because I have been for several years before part of many

[Kari ♥ Iceland] 11:10:05 Frustrating conversations in conferences around Europe, sponsors by European Union, but not really giving the results that we'll be saying that we're gonna give

[Susan Liao (she/her) - Portland, OR] 11:10:20 So much history. No, I won't see history. It's stories.

[Susan Liao (she/her) - Portland, OR] 11:10:26 Yeah.

[Kari ♥ Iceland] 11:10:27 This was 2,006 long before Russia turned so at the Ltd.

[Susan Liao (she/her) - Portland, OR] 11:10:37 I have one more question. If that's okay, and then we can.

[Kari ♥ Iceland] 11:10:41 You can ask me all the questions you want, and let's catch you whenever you want to continue

[Susan Liao (she/her) - Portland, OR] 11:10:42 Okay.

[Susan Liao (she/her) - Portland, OR] 11:10:47 I like to hear about what what calls like, what is embracing open space principles look like like, what does that look like for you?

[Kari ♥ Iceland] 11:11:00 I feel like reflecting, and say hello to Anig

[Susan Liao (she/her) - Portland, OR] 11:11:03 Yeah.

[Kari ♥ Iceland] 11:11:06 I need. Can you answer for my half what it looks like when I am praise?

[Kari ♥ Iceland] 11:11:13 Open space and the Open Space Principles

[Annick ♥] 11:11:18 I just joined the khy. So you you'd like me to answer the question what it is for you to embrace open space principles

[Kari ♥ Iceland] 11:11:28 Yes. Please. Okay. So nice.

[Annick ♥] 11:11:34 Okay.

[Annick ♥] 11:11:54 I see a space in nature

[Annick ♥] 11:12:03 And the Batson different paths at here

[Annick ♥] 11:12:15 And there's total freedom to

[Annick ♥] 11:12:21 Go.

[Annick ♥] 11:12:25 On whatever that is, there

[Annick ♥] 11:12:30 Hmm.

[Annick ♥] 11:12:39 I guess that would be my answer to your question, Kathy

[Kari ♥ Iceland] 11:12:43 It's a beautiful answer, and I get goosebumps all over.

[Kari ♥ Iceland] 11:12:47 You're speaking through

[Kari ♥ Iceland] 11:12:52 Me and Nick. We have been working together for over a year since.

[Kari ♥ Iceland] 11:12:56 One year ago, after this same event here, and peace and hyperformance well, having weekly meetings on the topic of grieving and thriving, and we have had 3 offerings of open space and one diving into the topic with other, with the community

[Susan Liao (she/her) - Portland, OR] 11:13:09 Hmm.

[Kari ♥ Iceland] 11:13:25 And this has been beautiful

[Annick ♥] 11:13:28 And also I discovered that casting you are a coach, and I ask you to be my coach because I I was saying that since you knew open space technology and I feel so lonely in Quebec here, a lot of people don't know about open space technology, I I said the opportunity

[Annick ♥] 11:13:56 to discuss with you about my business, my facilitating business, and how it might expand. And I was.

[Annick ♥] 11:14:07 I was so trailed and so amazed by your coaching skills.

[Annick ♥] 11:14:13 We went a lot deeper, a lot deeper then.

[Annick ♥] 11:14:20 Only business talk, so I very highly recommend your services as a coach

[Harry Thieu] 11:14:29 I'm sorry. It's at least some things

[Annick ♥] 11:14:34 Hi! Ari

[Harry Thieu] 11:14:35 Hi hi annex haya I'm sorry my my voice is today.

[Harry Thieu] 11:14:40 Shouldn't share much. I'm with Neil lost my voice

[Harry Thieu] 11:14:46 Yeah, I'm I'm coming into this room because I I was so interested in the principle was beautiful.

[Harry Thieu] 11:14:55 Actually, I just copied it and posted my Facebook. Can you share more about brings how it comes out this way?

[Harry Thieu] 11:15:02 The the 4 principal. What what if it comes? Who whoever comes the right people kind of that.

[Harry Thieu] 11:15:09 Can you share more about Susan?

[Susan Liao (she/her) - Portland, OR] 11:15:13 I might take a queue from Kari and ask maybe, Angela to answer that question for you

[Harry Thieu] 11:15:18 Oh, yeah.

[Susan Liao (she/her) - Portland, OR] 11:15:29 What are those principles?

[Susan Liao (she/her) - Portland, OR] 11:15:34 Hi

[Susan Liao (she/her) - Portland, OR] 11:15:35 What do they mean for you? What do they look? What do they look like for you?

[Angela K Evans | SJN (she/her)] 11:15:41 Sure I can track. And we talked about this a little bit earlier.

[Angela K Evans | SJN (she/her)] 11:15:46 In this room as well, but I think to summarize all of them.

[Angela K Evans | SJN (she/her)] 11:15:55 I think it's a challenge for me personally, and interests and letting go of control all like all of them.

[Angela K Evans | SJN (she/her)] 11:16:02 Combined as I'm facilitating as I facilitate for my work.

[Angela K Evans | SJN (she/her)] 11:16:09 But then also, you know more broadly in conversation, that, having those these principles at the forefront, give me space to let go a little bit more, and trust both myself and other people better

[Angela K Evans | SJN (she/her)] 11:16:31 Not very detailed, but that's kind of how I would summarize it.

[Susan Liao (she/her) - Portland, OR] 11:16:34 Yeah.

[Susan Liao (she/her) - Portland, OR] 11:16:38 Oh, Harry, you're on mute! I'm not sure if you enjoyed to

[Harry Thieu] 11:16:43 I just say beautiful.

[Susan Liao (she/her) - Portland, OR] 11:16:50 Any.

[Annick ♥] 11:16:50 What comes to me is the the power of the invitation

[Annick ♥] 11:17:00 For me, embodying the principles. It's also saying yes to an invitation that really makes my heart sing, that when I feel the vibration is good.

[Annick ♥] 11:17:14 Even if I don't know what will be the outcome.

[Annick ♥] 11:17:20 What will happen about this invitation? Show up and be present and welcome.

[Annick ♥] 11:17:27 Jean unknown, the unexpected. Be prepared to be surprised.

[Annick ♥] 11:17:38 I feel this is something I and Buddy more and more, and I'm it.

[Annick ♥] 11:17:46 It brings me so much joy and so wonderful discoveries, and most of the time I don't know with this intellect, with that mind, why I'm going there, why, I'm saying yes, but I feel it's the right thing to do, and just follow the heart.

[Annick ♥] 11:18:06 And see what gift is there

[Karen Davis -NYC] 11:18:16 For me the embracing has to do with with being the child.

[Karen Davis -NYC] 11:18:23 That I was

[Karen Davis -NYC] 11:18:31 And still am

[Susan Liao (she/her) - Portland, OR] 11:18:41 I'm still imagining the the beautiful landscape that I need.

[Susan Liao (she/her) - Portland, OR] 11:18:50 You painted for us, being in a place with and like at least for me, my mine was translating it almost like my background, just in place

[Susan Liao (she/her) - Portland, OR] 11:19:06 Or you can take any path issues.

[Susan Liao (she/her) - Portland, OR] 11:19:14 Even if there's one that's already seems more clear and well paved.

[Susan Liao (she/her) - Portland, OR] 11:19:20 If I my feet are pointing this way.

[Susan Liao (she/her) - Portland, OR] 11:19:25 I still can go this way, but it's up to me to decide that I'm I'm choosing where I'm going

[Annick ♥] 11:19:36 And being a child, just as Karen just shared.

[Annick ♥] 11:19:41 It's welcoming the amazement in our lives, because when I try to control, I'm all in doing, I'm trying to be an adult to send sensible person.

[Annick ♥] 11:20:00 And I'm all in the mind, and it's

[Annick ♥] 11:20:04 It's imposing myself. Lim. A lot of limits and constraints

[Annick ♥] 11:20:11 But children the they welcome and enjoy the experience and the are amazed.

[Annick ♥] 11:20:19 Then so easily. And I was really reading in the in a book in a book on rituals, that the world has become too sensible.

[Annick ♥] 11:20:34 We? How? How might we go back to this childhood and amazement in all aspects of our lives?

[Annick ♥] 11:20:46 I think open space might be an answer to this

[Harry Thieu] 11:21:06 That's thanks. I was so blessed to be in this room the Eddie was just amazing.

[Harry Thieu] 11:21:11 I was just so glad to be here like Suzanne.

[Harry Thieu] 11:21:14 Leo and Nick Angela, Carrie. That's Karen Davis.

[Harry Thieu] 11:21:20 Hopefully. Current colleague. Johnny, right? Was just. It's energy with so beautiful

[Susan Liao (she/her) - Portland, OR] 11:21:27 Oh, thank you, Harry, for me.

[Kari ♥ Iceland] 11:21:30 And

[Kari ♥ Iceland] 11:21:30 Harry, what do you like? Traditional rundown of the principles

[Harry Thieu] 11:21:39 Again, one more time.

[Kari ♥ Iceland] 11:21:41 Would you like a tractational runtime of the principles like I?



[Kari ♥ Iceland] 11:21:44 Sometimes do on when I'm open space

[Harry Thieu] 11:21:50 Sorry I haven't got what the

[Kari ♥ Iceland] 11:21:52 Would you like me to talk a little bit about the principles

[Harry Thieu] 11:21:55 Of course, come on, carried, carried, cannot wait.

[Kari ♥ Iceland] 11:21:57 Okay.

[Kari ♥ Iceland] 11:22:01 Whoever comes on the right people

[Kari ♥ Iceland] 11:22:07 It means that you have to work with the people you have.

[Kari ♥ Iceland] 11:22:11 You don't need to worry about people that are not there.

[Kari ♥ Iceland] 11:22:13 They are not present, they are not able to come. They are not able to give anything.

[Kari ♥ Iceland] 11:22:19 It might also mean that you need to do some more work in inviting.

[Kari ♥ Iceland] 11:22:25 But you are not there. You are now you are here, and these are the people you have, and these are people that you need to work with.

[Kari ♥ Iceland] 11:22:32 And these are the right people to do what needs to happen.

[Kari ♥ Iceland] 11:22:37 Now they had a good present

[Kari ♥ Iceland] 11:22:41 Whenever it happens, is whatever it happens, is the right place. Maybe it doesn't happen in the open space.

[Kari ♥ Iceland] 11:22:48 Maybe it happens in the grocery store. Why, buying some coffee, or maybe it happens after or before or wrong time, the wrong place with the wrong people.

[Kari ♥ Iceland] 11:23:07 But these are the right people, the right place and the right time.

[Kari ♥ Iceland] 11:23:12 And we are just being too judgmental to see it.

[Kari ♥ Iceland] 11:23:16 What that happens is the only thing that could have

[Kari ♥ Iceland] 11:23:28 Accept what happens. Don't sorry about it. Be present for now, and stop worrying about what could have happened whenever the start is the right time.

[Kari ♥ Iceland] 11:23:43 There is no need, though, first, about time people are here they need to be present otherwise you don't have anything and don't worry about that.

[Kari ♥ Iceland] 11:23:55 People are not showing up right now. They will show up later.

[Kari ♥ Iceland] 11:23:57 Maybe nobody will show up to your session. What will you do then?

[Kari ♥ Iceland] 11:24:02 Well, you can enjoy your session alone. You can write about it.

[Kari ♥ Iceland] 11:24:06 You can. Journal.

[Kari ♥ Iceland] 11:24:10 Maybe you wanted that person to come, but he is not available interested, or he's just engaging with something else.

[Kari ♥ Iceland] 11:24:16 So it's fine

[Kari ♥ Iceland] 11:24:20 And when it's over it's over it also means when it's not over.

[Kari ♥ Iceland] 11:24:26 It's not over so, even though the closing circle is about to begin.

[Kari ♥ Iceland] 11:24:30 Oh, no! The palace ringing, the facilitator is concrete.

[Kari ♥ Iceland] 11:24:34 You can ignore it. It's fine

[Kari ♥ Iceland] 11:24:40 If it's not over, it's not over, and if it's over oh, we had like 1 h time.

[Kari ♥ Iceland] 11:24:46 Slot. It's written here on a table. We should do something with this.

[Kari ♥ Iceland] 11:24:49 None. And I oh, I just finish it. We go to something else.

[Kari ♥ Iceland] 11:24:52 Go, join another group, or enjoy I'm on your phone, or whatever you like to do.

[Kari ♥ Iceland] 11:24:58 It's just over. Take a nap for quite a sec.

[Kari ♥ Iceland] 11:25:05 And the low mobility. Don't be where you don't want to be.

[Kari ♥ Iceland] 11:25:13 Be present for yourself first.

[Kari ♥ Iceland] 11:25:16 And if you're not teaching, giving, receiving, being present, then go somewhere else.

[Kari ♥ Iceland] 11:25:26 Or bring mobility into the conversation, and bring things that you want to share into that space.

[Kari ♥ Iceland] 11:25:34 You are not a passive receiver. You are a human being.

[Kari ♥ Iceland] 11:25:39 I think that's a pretty nice runtime. Invent a bit of script for. Yes.

[Karen Davis -NYC] 11:25:49 With one addition to the guidelines

[Kari ♥ Iceland] 11:25:53 Oh, that's it!

[Susan Liao (she/her) - Portland, OR] 11:25:53 Oh yes!

[Karen Davis -NYC] 11:25:56 Wherever it happens, is the right place.

[Kari ♥ Iceland] 11:26:00 Oh, yeah. The first one

[Kari ♥ Iceland] 11:26:08 Yeah, that one is beautiful.

[Annick ♥] 11:26:11 1 one principle that sometimes is very, very useful, and I feel that I embody it in my life.

[Annick ♥] 11:26:17 But other times I told you forget about it is, whatever happens is the only thing that could have.

[Annick ♥] 11:26:27 Yesterday I went to a shopping mall, put a lot of stuff in my and in my basket, and when I arrived at the cashier I look in my purse, my my money is not there, and the but by chance my the love of my life was beside me, so he could pay for me

[Annick ♥] 11:26:57 Bye, instead of worrying about oh, my God! I someone stole my my wallet.

[Annick ♥] 11:27:03 I I lost. Where did I lose it? I thought. Hmm!

[Annick ♥] 11:27:09 How interesting! Now, what is life reserving me now? And I I did not worry that much about it, and I kept smiling.

[Annick ♥] 11:27:18 And what? Okay, my wallet is not there. So if I don't find it well, I'll do whatever it takes to to solve the problem, and I'll meet only people.

[Annick ♥] 11:27:32 It. It will be a new experience. But this morning I was talking.

[Annick ♥] 11:27:41 I was having a conversation with someone about grief, and we were talking about the passing of our parents, and I was telling her, I'll sorry and guilty.

[Annick ♥] 11:27:53 I sell that I was not holding the hand of my mom when she passed, and I was truly so sad about it, and I just looked at the cards with the principles I just I gifted my friends my friend who was in front of me, and the first guide was whatever happens.

[Annick ♥] 11:28:19 Is the only thing that could have. And I thought, Oh, my God!

[Annick ♥] 11:28:23 This principle, I forgot about it. What happened to my mom and I at that moment was the only thing that could have, and I realized how easy it is for me to forget about that principle, and how reassuring it is when I re remind myself about it.

[Susan Liao (she/her) - Portland, OR] 11:28:59 I shared earlier. That's also one of my favorite principles that I go back to, and I think now it's because it gives me grace.

[Susan Liao (she/her) - Portland, OR] 11:29:11 It reminds me to. We talked a little bit about permissions.

[Susan Liao (she/her) - Portland, OR] 11:29:16 These principles as a signal of it's okay, I think, for me growing up, I was in an environment where, okay?

[Susan Liao (she/her) - Portland, OR] 11:29:25 I don't know if this is traditional Asian.

[Susan Liao (she/her) - Portland, OR] 11:29:28 But, my, you know, being compared a lot, there's a lot of comparison of So and so's daughter does this or that, whether it's a violin recital, or even now, you know, in my own work it's just giving myself Grace at whatever happened.

[Susan Liao (she/her) - Portland, OR] 11:29:47 Is the only thing could have and acceptance. Thank you for bringing that word to the table carri acceptance and grace

[Kari ♥ Iceland] 11:30:00 I I would like to mention a principle from Berlin.

[Kari ♥ Iceland] 11:30:05 2,010

[Kari ♥ Iceland] 11:30:08 And a breakup session. I haven't mentioned that before, but it is especially directed at all.

[Kari ♥ Iceland] 11:30:17 Open space practitioners who are trying to find clients for their open space business, and it is you'll get the clients that you deserve

[Kari ♥ Iceland] 11:30:33 Oh, I see!

[Kari ♥ Iceland] 11:30:40 Thomas. Oh, must tell us. What does it mean?

[Annick ♥] 11:30:40 What does it mean?

[ThomasH] 11:30:48 Well, I guess if clients enjoy what I offer

[ThomasH] 11:30:54 They might come back and spread the word

[ThomasH] 11:30:59 That's my interpretation. Anyway. I was at in 2,010.

[ThomasH] 11:31:04 I don't remember, but maybe I most of the group

[Harold Shinsato] 11:31:12 I think this is kind of that's kind of like the open space principles, which is, whoever comes is the right client

[ThomasH] 11:31:21 Yeah.

[Susan Liao (she/her) - Portland, OR] 11:31:24 Whereas facilitators were saying, Whoever is there?

[Susan Liao (she/her) - Portland, OR] 11:31:29 Well, this is, yeah, what we're doing hope is, there are the right people.

[Susan Liao (she/her) - Portland, OR] 11:31:33 And, as Carrie mentioned.

[Annick ♥] 11:31:34 I think there's an energetic aspect to it after, for example, after having these convers, coaching conversations would carry.

[Annick ♥] 11:31:50 It was kind of a deep block, that dissolved in, opened in their space inside of me, and a client I had worked with 9 years ago, called, I think that was the next day.

[Annick ♥] 11:32:07 Did the after our conversation got it, and I was so surprised, but there was a effectively space open inside of me to welcome these clients.

[Annick ♥] 11:32:22 I probably was not ready to welcome her before. That's how I interpret it.

[Annick ♥] 11:32:31 So I I think there's something in energetic about the clients that come to us. And for open space presentation. I don't know about your experience, guys

[Susan Liao (she/her) - Portland, OR] 11:33:02 Prepared to be surprised

[Harold Shinsato] 11:33:08 I'm noticing that the schedule saying the closing circle is happening now.

[Kari ♥ Iceland] 11:33:14 Yeah, but we don't care about it.

[ThomasH] 11:33:18 Maybe maybe we will ask if they want to join us.

[ThomasH] 11:33:24 Thanks thanks for allowing me to join the these last beautiful minutes, anyway, for me.

[ThomasH] 11:33:29 I will head back. Thanks a lot

[Annick ♥] 11:33:32 I I like this conversation to continue tomorrow

[Kari ♥ Iceland] 11:33:35 Yes, that's continue to model

[Susan Liao (she/her) - Portland, OR] 11:33:39 Is zoom work.

[Kari ♥ Iceland] 11:33:39 What could be the topic will be the convenient

[Susan Liao (she/her) - Portland, OR] 11:33:43 It. Just car, are you? Is there more open space from from the the Apec region happening

[Kari ♥ Iceland] 11:33:50 Yes, the model

[Susan Liao (she/her) - Portland, OR] 11:33:51 Alright! What! When is tomorrow? What time does it

[Kari ♥ Iceland] 11:34:00 Hmm, hmm! So that would be an 9 and a half hour

[Susan Liao (she/her) - Portland, OR] 11:34:00 Cool.

[Susan Liao (she/her) - Portland, OR] 11:34:03 3,

[Susan Liao (she/her) - Portland, OR] 11:34:07 Okay, that's like, okay, maybe. I'll come back for that.

[Susan Liao (she/her) - Portland, OR] 11:34:13 Hi, Harold, yeah. Alright. See you

[Kari ♥ Iceland] 11:34:13 Nice

[Annick ♥] 11:34:16 See you soon

[Harry Thieu] 11:34:21 Okay. See you soon. I think you're gonna oh, this, this car more, and then go to sleep too. 2 right now.

[Susan Liao (she/her) - Portland, OR] 11:34:24 Yeah, hop off. I'm just. I'm just letting the words amazing and surprised. These words kind of settle with me, and I'll see all that there

[Harry Thieu] 11:34:35 See? Y'all

[Susan Liao (she/her) - Portland, OR] 11:34:37 Yes.

## **Space 12: 11am est What could you do in the service of peace with free use of QiqoChat? - Lucas Cioffi**

The offer for all who are here is this... you can use Qiqo for free in the service of peace if you're doing any free or low-cost events in the next six months. - Lucas Cioffi

Facilitator interview series: <https://blog.qiqochat.com/2022/04/11/facilitator-interview-series/> lucas@qiqochat.com +1 917 528 1831

At Qiqo, here is the link to our open office hours each week for free, live support: <https://community.qiqochat.com/events>

## **Space 13: 11am est Does High-Performance (as Contest) undermine Peace? What alternate framings support both? - Marc Trudeau**

Does High-Performance (as Contest) undermine Peace? What alternate framings support both? - Marc Trudeau

Here: Charlie, Chuni Li, Luci, Thomas, Awilda, Harry, Eva, Karen, Skye, Paul, Rijon, Anika, Harold

Paper by Harrison's friend, Peter Vaill: thesis about high-performance systems High-performance systems are not in competition with each other.

References Peter Vaill's paper from 1977. [http://openspaceagility.com/wp-content/uploads/2019/06/vaill.HPS\\_.pdf](http://openspaceagility.com/wp-content/uploads/2019/06/vaill.HPS_.pdf) Dan Pink on motivation (and high performance) - money competition destroys performance - <https://www.youtube.com/watch?v=u6XAPnuFjJc> Project Aristotle - high performing teams promote participation rather than competition - <https://www.nytimes.com/2016/02/28/magazine/what-google-learned-from-its-quest-to-build-the-perfect-team.html>

Why are we here? Awilda: yesterday: high-performance vs. productivity; performing arts performance (presence) Chuni Li: Chaos; peace is an ingredient to high-performance; doesn't mean competition. Chaos can co-exist with peace in a high-perf organization. We OSTers embrace chaos. Rijon: Theme: what is peace; what is performance? Need shared definitions. Is peace lack of violence, a calm? Is it chaos productive of wholeness and health? Who is performing; to what end? Mess through to meat! Charlie: Any "we all agree" is wrong; we don't really understand it the same way. If we all align, we get a fragile system. Same definitions purges diversity. Skye: "Dynamics", movement, changing, chaos. How do we be our sovereign selves, in the context of others doing the same. BBoth, and. Be like water. Marc: Every person a gift or burden? Elizabeth: Impetus in my to excel and perform (very human) (excellence); if we derive our worth from that, it creates a hierarchy. Worth independent of performance would free us. Some have value that the marketplace doesn't value. How do we excel without that being our and others' worth. Rights vs. virtuous society. Conditions of human flourishing that emerge from communities of care. Eva: Remembers Marc from last year. Facilitates performance for managers. "A contest"; who's it against? Competition with myself? \$\$? Harold: Check out "DRIVE" video, Daniel Pink. Google's project Aristotle - psych safety. Chuni Li: Safety is critical for high-performance. Diversity: everyone brings gifts, but can be hard to see. Tolerance becomes important. A lesson to learn. Diversity brings conflict, which challenges peace, but is important to performance.

Marc: Do we believe the environment assures high-performance? Charlie: Team emerges as a part of the process. Some perform; some don't. Marc: Yes; team creates the environment. Skye: Allow the emergence. Children wrestling learn themselves how not to hurt each other.

Marc: Does performance include finishing valuable stuff frequently? (Someone can now behave in a new way.)

Answer???: The (team-self-created) environment that supports diversity of contributions IS high-performance.

Skye: a living organism must act or it either fights to act or dies. Action wants to move to harmony. Harmony is the goal. It will do it if allowed to act, then you will have dysfunction and sub-optimal performance. - Sovereignty is fundamental. Elizabeth: freedom is what it means to be human. Skye: Dance improvisation brings aliveness. Challenge is our individual complexity; unconscious, habit. Requires listening (mutual awareness); listening is hard.

[Note to Marc: Add link to Marcelle Bastianello's reference about classes of group operating rules.]

It's not difficult to do the right things - it's difficult to find what the right things are.

## **Space 14: 11:30 am est Which are the practical elements that create space for magic (Peace and High Performance) to happen in physical OSTs? How can we do OST as closely as possible online?/Thomas**

AGENDA Thomas had a little facilitation plan for this topic. I started by inviting once around the circle. Then we worked on the board simultaneously in writing, sharing what we think contributes to creating space for magic in physical OSTs. Then we used a

“talking crystal” - for the speaker about how we can create space for superior magic in online OSTs. Finally we did a closing circle.

Once around - what brought you here, to this topic?

- The word magic. Contrasting physical / digital. (can improve meetings) richness of tools, sociological safety
- Only session, now.
- Curious abt OST as a tool, drawn by the pragmatism
- The word magic. People are used to online now, new magic needs to be created.
- Curiosity/deep commitment to have the magic with OST alive. Qigo and OST gives the opportunities. Minimalist way. Pre-work important.
- The word Thomas.

Which are the practical elements that create space for magic (Peace and High Performance) to happen in physical OSTs?

- Random Serendipity
- Hugs
- Not being in my normal space with the usual responsibilities and distractions
- fancy food made by others that I don't have to make myself.
- comensaminality (eating together) (Best conversations over the coffee urn )

xoxox love this!!! Random Serendipoti:)

The circle!

Finding a chair in the circle, feeling of sitting in a circle together

The opening by the facilitator - simple, clear, inviting, challenging...

The empty space when we invite topics.

The “seriousness” of walking into the center.

Energy

Feeling of safety

Mingling before it starts - getting to know each other.

Simplicity - basic human - most people can manage easily

Quickly going from confusion and wonder to inspiration and action - when the agenda is created and we go into breakouts.

Magic of OST is the suspension of the roles that we usually play in our life as we enter the facilitated liminal space where everything is possible. But this liminal space is not magical without the correct prework.

Simple Mechanics + Simple Ritual = Possibilities for High Engagement

Having a simple format and structure that invites people to contribute and participate. It requires a discipline in making the technology as easy as possible to use, trusting that as people experience these tools, they will quickly get the hang of it. We give the basics and the magic is then ready to happen.

When we host from the heart, we ready the space (home, meeting, etc.) with love and attention. Then when people arrive, we have stuff ready so they can feel at home in this home, wherever that is. There is ritual in this and a commitment after to let go, and let the collective energy have a space to thrive. That's what I love about Open Space and QigoChat, they are both committed to the same goals. THE END

Beautiful room/space, structure, freedom, choice and responsibility, paper and pen, colour, physical movement, dancing, practical use of all senses /Annika

Space for spontaneity

does magic happen ? how constantly? for who? when? itd fragile (isnt it?)

we should strive for online sessions that are superior to in person meetings Ritual makes it “special”. We need to make it ordinary!

Why asking this question about physical OST to a group in online space?

One detail: In physical OSTs its possible to negotiate at the agenda wall with another person about combining topics etc without “disturbing” others as they may not hear you speaking to e/o.

**How can we do OST as closely as possible online? ...CONVERSATION... (please help out making notes)**

I love the idea that emerged in the discussion - that we may find ways to have superior magic in online OSTs... I do think that there are some special features/key ingredients which are important (to how I work with OST anyway) both in physical and online OSTs. I do agree there are some opportunities online that are unique and can contribute to this superiority :)

**What are methodological advantages in online spaces to physical?**

1. One advantage can be that you have infinite number of breakout spaces, so you don't have to move when a new group

- comes.
- 2. ...please add...
- 3. ...

**What are the challenges/risks?**

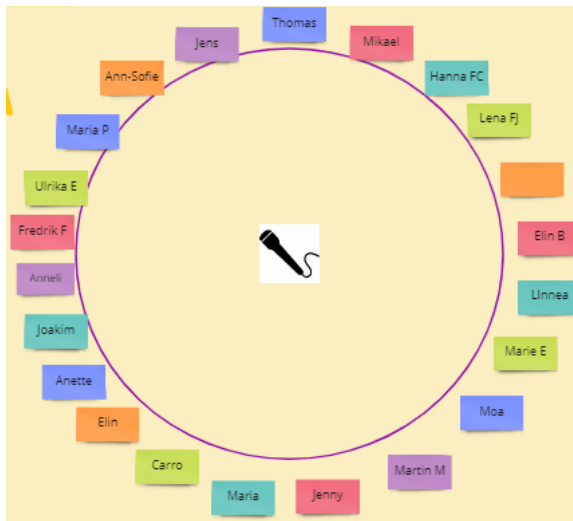
- Everyone who is in the same room hears when one person is talking there. Be aware about this and try to find solutions to keep the energy.
- ...please add...
- ...

Trust is nostalgia an obstacle? Is ritual an obstacle?

Trust to give people the space

Charilie: Strive for Superior Magic - 1. advantage, we have no competition for the rooms; 2. we can do simultaneous translation, 3. we have immediate access to the notes, people contributing together; (talked to Lucas about creating Superior Magic)

Thomas, I always use the circle, I have people write their name in the circle, gives the feel of being in the circle, using a virtual mic or other object in closing circle etc. See example



I use a virtual background in my Zoom, can give the sense of BEING in the circle, papers and markers in the center. Give the feel we're in a circle with a center. I can point around in the room



Suzanne: dedicate to doing the prep/facilitation work as efficiently as possible so the PARTICIPANTS can run with it and create magic

Luci: was in a session with Lucas; Value of the Lobby experience, Susan mentioned KUMO space (decorated as the host would like to have it, you can go to tables to talk to people). More like traditional, in virtual space, it could be anything  
<https://www.kumospace.com/startupsforall>

Charlie - what if it was Virtual Reality (VR)? If we experienced that together

Kari regarding VR for young generation like him, Second Life and Avatar, as you came close to them, the voice would be louder, as we were farther, it would be lower. Is there experience in that regard.

Charlie: more like a simulation.

Thomas: VR is more like you're actually meeting, moving around.

Thomas: Agree with Superior Magic, all in with that. At the same time, in some online Open Space, I missed some of the conditions that invite magic, it was missing the ritual. Superior Magic. Also important that it's accessible and simple (one less thing to do). Simple and easily working for everyone. Able to handle their computer. Support people before the Open Space to navigate their computer

Prehistoric caves was in France, Lescaux?

Suzanne: Remember as Facilitators, it is not our role to make people feel safe.

Superior Magic in an online environment: Ritual and Ordinary!!!

## **Space 15: 12pm est Practical steps to holding space for international students where they are. - Tom Brown**

The idea here was to discuss online Open Space online in the context international student participants.

Thank you Lucas for Joining

We discussed the idea of moving toward threaded async conversations. rather than synchronous conversations. Lucas shared a threaded conversation tool that Qiqo Chat is working with.

## **Space 16: 12pm est Opening Space for INSIGHT. Presence, Dialogue and the Practice of Peace. Richard Schultz**

Opening Space for INSIGHT Presence, Dialogue and the Practice of Peace

Attendees: Eva, Kim, Harry, Skye, Simon, Angela, Eric, Betty, Awilda, Harold, Paul, Annika, Ulises

Einstein said, "We cannot solve our problems with the same thinking we used when we created them."

I feel we need to create more 'spaces' for the emergence of insight if we are going to solve many of the problems we have created in our complex world. We cannot make insight happen, but we can create environments or practices where the probability of insight emerging is greater.

What have you discovered about insight? How or where does it show up for you?

What conditions, group shared agreements or practices do you have that seems to open up an environment for insight? - Example: - Bohm Dialogue: Suspending, Respecting, Voicing and Listening

How do Open Space Technology Principles and the Law open space for insight?

Please join me(Richard) online in a regular Peace Cafe Dialogue <https://www.wisdomways.net/Dialogue/PeaceCafes/> or a Leadership Dialogue <https://www.elevatework.ca/dialogue/> These are using the Bohm Method of practicing Suspending, Respecting, Voicing and Listening. I am also using QiqoChat and Zoom as the platform for the sessions.

Presence as an important factor

Breath THE NEW SCIENCE OF A LOST ART By James Nestor <https://www.penguinrandomhouse.com/books/547761/breath-by-james-nestor/>

As consultants and facilitators, we are paid for outcomes. But the attachment to outcome can close life from flowing to what is most needed. Open Space Technology is not outcome centric.

George Leonard - book Synchronization. It's something we're all born with. Walking and reading and singing and dancing together. Just taking a walk together brings a synchronization. Eva - during the pandemic - Denmark is a small country and we would meet. But we did it on Zoom, each taking a walk in our separate locations. Heard the paces were different. When we walk together shoulder to shoulder, we do it automatically. We calibrate speed / synchronize pace - when we are not together we need to put words to it - talk about if we want to walk 'side by side' at the same pace

I make peace available in myself. Like I can put water in the four corners of my home, and my guests can then partake of it. But it is their choice. I don't make them drink it.

Dr. Ian McGillquist. Various books. The Matter With Things: The Unmaking of the Western World. In order to look at the problem you have to keep seeing the problem, and then you don't see the context. To close your eyes to not look at it to open up the right brain to let new imagination to arise. Experiencing a whole new way of knowing.

- Use of Affirmations

- creating psychological safety in groups, welcoming,
- coming into the other person's world... empathy, compassion, walking with, eating with, singing with, moving with... Respect, rapport, genuine connection
- being in the body, movement, getting out of the head/knowing
- Experience life from the NOT Knowing rather than knowing; Being in the question rather than needing to know the answers
- Silence - creates a gap and a new thought. The gap between words
- Put full attention into the experience of what is. Openness
- Clean language practice created insight. Deep listening
- Insight is an experience, not a concept
- Shades of insight... personal, collective and beyond and between..
- Creating trust, shared agreements
- Book - Thinkronization
- Fully experiencing what is arising
- using imagination to break open what had not been there before. A whole new way of knowing, stepping outside the current thinking of the moment
- Words mean nothing - it is the energy behind the words, experiencing the being of the person speaking the words - the energy, vibration etc.
- I am the experience of "Harry" I am not "Harry"
- Surrender vs resistance. Practice non-resistance
- Experiencing is a re-membering... a coming together, presence/unity/wholeness

## **Space 17: 12:30pm est Organize an OST parallel to a large music festival in downtown Reykjavik, Iceland, early November 2023 - Kari**

Hey there!! Use this space to write down key insights from your conversation. As you type, everyone sees the changes immediately.

To coincide with Iceland Airwaves, Nov 2-4, 2023 - when 8,000+ folks from around the world descend in Reykjavik.

Susan has gone 4 times in last decade - When I first experienced Open Space, it brought me back to my first experience at Airwaves - this is a good summary of what my first experience was like (review from 2015 event)- "Perhaps the best part of the festival was overall vibe. People don't attend Iceland Airwaves to show off their wardrobes, pose or get catastrophically drunk. It's a festival for lovers of music - as pure and simple as that. There's a sense of companionship and pure enjoyment in the air. Iceland is a country that is as lax as it comes. You don't get strip searched on your way into a gig, as you would in London or Sydney. You can leave your possessions in the corner of a room and expect to find them there when you return. Wandering the main street of the city at night, I saw something that completely summed up the attitude of Icelanders, at least in my opinion. Someone had ridden their bike to the local 1011 convenience store, kicked out the kickstand and left their bike there. No locks. Complete trust." <https://www.birdgehl.com/iceland-airwaves/>

- The festival has changed hands since then and is now 3 days vs. 5. However, the culture and spirit is still strong with local/community events offered both before and after the festival.

Some photos & video from Susan's November 2022 experience => <https://padlet.com/andiwillrest/icelandairwaves2022>

## **Space 18: 1pm est "Bursting Bubbles" Harrison Owen**

Hey there!! Use this space to write down key insights from your conversation. As you type, everyone sees the changes immediately.

Here's a link to the Bursting Bubbles text shared yesterday from Harrison: <https://padlet.com/apriljefferson/3gamtzgbvnl5o4jr/wish/2444239713>

The full "Bursting Bubbles" essay from the OSList is [here](#).

The video of his talk is on YouTube [here](#)

## **Space 19: 1:30pm est Open Space as a Ritual - Annick**

Open Space as a Ritual - Annick / Experimenting with Open Space - Susan

Participants: Susan, Minghau, Luci, Marc, Skye

Minghau: Equivalism/Equanimity - concept from Buddhism in which one avoids premature(?) judgement

Rituals are important in liminal times - when you jump into what you don't know. Ritual help people with the psychology of such journeys (security)

Invitation to something that might be different.

[For tomorrow: Master of Ceremonies role]

## **Space 20: 1:30pm est What happens after the bubbles burst? How might we deal with it? /Rijon**



## **Space 21: 12:30pm est Can we create an indicator for Peace - Performance ? (Moussa Kone)**

Can we create an indicator Peace-Performance?

Participants: Moussa Koné, Annick Corriveau, Awiilda Rodriguez Lora

Many indicators exist:

The human development indicator places man at the center of development (level of life, health, level of education)

L'indice de développement humain place l'homme au centre du développement. (le niveau de vie, la santé, le niveau d'éducation).

Place peace and performance in conjunction  
Mettre en jonction la paix et la performance.

We are here to share because we have inner peace first. We have peace in our social environment, in our city, in our country. If our area was troubled, we would not be here sharing. Nous sommes ici pour échanger parce que nous avons la paix intérieure d'abord. Nous avons une paix au niveau de notre environnement social, de notre ville, de notre pays. Si notre voisinage était en trouble, nous ne serions pas en train d'échanger ici.

In our activities, in our work, we also need peace. Peace that will allow to keep our job.  
Dans nos activités, dans le travail, il y a aussi un besoin de paix. Une paix qui te permettra de te maintenir en emploi.

Peace at the level of the country allows the person to have power to... La paix au niveau du pays permet à l'individu de pouvoir

Awiilda shares her experience about the Hurricane in Puerto Rico. It destroyed land and homes, impacted bodies. The community experienced high performance. The space did not divide the people. Peace was there. We were generating peace. There was a lot of solidarity in the community to get out of the crisis. Before the hurricane, there was a lot of anger in the population about the US colonialism. When the hurricane happened, this anger was put aside and people got together to help out their families and neighbours. But 7 years after the hurricane, people are caught in higher productivity and capitalism and that brings less peace. People are tired and just want to avoid conflict because of inflation. They are choosing not to revolt. Most are tired of they left Puerto Rico.

In this example, the power of the community was the real stability. A solid basis.

The solidarity of a community can really help people to get out of a crisis.

Economists measure the performance of a country by: 1) Economic development 2) Financial development 3) Operational performance

But in the case of Puerto Rico, the operational and organizational performance came first.

Peace can be a tool of resiliency in times of emergency.

It is not possible for a heart that is not in peace to be hyper performing at work.

How might we make sure humans arrive at the best of themselves.

Could a leader ask the team members to answer a poll every morning: What is your level of (inner) peace today?

A team member who is not at peace for example because of the death of a child will have major impacts on the department, on the collaborators, on the business. Could having an indicator assist the leader in dealing with these major events in the team's life? In maintaining a climate of Peace in the workplace?

What is the communal work to create that space of peace and freedom and reach out to others?

Peace = justice, equity, honesty.

Conflict = judgements of values, conflicts of interest, biased statistics.

Injustice creates conflict.

Could authenticity be a source of Peace?

We'd like to create a Peace poll for business leaders and test it in a business.

We'd like to hold an Open Space event on that topic to go deeper in the conversation.

## **Space 22: 11am est What is your relationship with peace? Do you remember the first time you desired peace? Harry/Sweetness**

What is your relationship with peace? Do you remember the first time you desired peace? (Harry and Sweetness)

Participants: Elaine, Quita, Suzanne, Ulises, Chuni Li, Skye, Theress, Richard, Elena, Karen, Paul, Rain, Harold, Annick.

I want to know more why some people have such great relationship with peace and some people don't

Chuni Li: Experienced a lot of drills when she was young. The only generation who has now experienced war in China now wants peace. They would not know how to respond to it. They want to end their life in peace.

Quita: Notices peace is all around her. When I encounter something or someone who is not peace, Who Am I?

Richard: Whatever I can't be with, it won't let me be. (Shadow work). Being with whatever is arising. Not to be by myself. The opportunity with groups like this, the storytelling allows it to fully be in the space and honor it and take responsibility individually and collectively to hold that space that transforms. When I can't stand something, I be with it. Part of me is wanting to blame that other person for not allowing me to be at peace. But I come back to me and go towards the suffering, not going away from it.

Quita: Well, I don't like it but I could!

## **Space 23: 11am est Pop up Open Space and Open Space in Cafes /Paul**

Pop up Open Space and Open Space in Cafes /Paul

Marc, Annika, Luci, Charlie, and Rijon are here. Simon

Paul: Cafe Open Space: Shaort notice, Open Space concepts in invitation, ~15 seat opening circle (table), 2 min. opening for anyone who hadn't read the invite, blank agenda on the table, (or in a Google Doc for our phones) whatever happens... Might get only oe session. (Friendly cafe owner; chose off-hours.) It worked! (Open Space happened.) Closing often happened online after, asynchronously.

online you might like remo as an app - it has 'tables' in 'rooms' and other parallels to a cafe & more

Paul: "Thje potential of the empty tables"

Paul (Marc loves this idea!): Offer Open Spoaace to cafe owners, (like a musician might offer an open-mic night).

Marc: LeanCoffee.org can be used similarly (Paul: and World Cafe and Unconference).

Rijon: Artifact/proceedings?

Paul: Shared Google doc... Collect actions at each table.

Marc: See the Sharing Wall for "Daniel Mezick's A-1 Meeting (mashup of a provocative experience with Open Space)"

## **Space 24: 11:30am est EXPANSION AND INVITATION: Am I hearing the knock? The calling? The whispers in my life? - Dr. Rain**

Hey there!! Use this space to write down key insights from your conversation. As you type, everyone sees the changes immediately.

EXPANSION AND INVITATION: What is the Calling? Am I hearing the knock? The whispers in my life...? ATTENDEE: Rijon, Rain, Conrad, Paul, Quita, Irene, Elaine, Kari, Harold

Hi it's good to be here! Minghua What is the calling? What is the whispering? What does Rain have to say? What does this all have to do with "bubbles" - safety or otherwise...? Listen to when you are being "invited in"? - how might we teach people to be sensitive to what they are being invited to do? Also to be sensitive to what it means to "share space"

The KNOCK and THE CALLING and THE WHISPERS - what do they mean? Rain's story of expectation of academic career into serving family members into transition "this is my assignment" FOR NOW - sensing an expansion of 'who I'm being in the world' - want to be in a place of DEEP LISTENING - the whisper of "quality time remaining" and who YOU WANT TO BE! - compare "letter from a birmingham jail" to a bigger call to service

I am as complete as can be ringht now.

Paul Levy: there can only be verbs on "the other side", I've tried to live in verbs - 'Who am I being in the midst of this living...?'

A Poem By Paul Levy: In this place there are only tones. No bodily function yet movement From thought that flexes Non-existent muscles.

There are no nouns, only verb Upon verb, Like fields and valleys, The language spoken by The dead, who have cast off all nouns Is a landscape uttered here. There are harmonics and rising pitch That discords as pain, and accords As love. In this place there is only tone. There is communion in notes with a Melody of Meaning and it is possible To touch another with the intention Of a healing song. Into this place, I unfold my wings of sound-borne light

ConRAD: Sending you Light, The Light will be your guide, the Light is being, the Light will get us through We notice and allow that we are the Light we can let all that stuff go... Shine and see your greatest possibility Do the shining YOU ARE THE LIGHT - WE ARE THE LIGHT

Sending you Light, The Light will be your guide, the Light is being, the Light will get us through We notice and allow that we are the Light we can let all that stuff go... Shine and see your greatest possibility Every Challenge, ever Cancer, every Covid, has its gift and we Listen for the gift... What is it Calling you to ? There is always a gift on the other side - "peace be still" when we are still we can hear the knock - the WHISPER is what we are called for the core is bigger - what we are called for

Rain: Every Challenge, ever Cancer, every Covid, has its gift and we Listen for the gift... What is it Calling you to...?

Irene's losses - 'why am I being who I am now?'

Calling is Invitation is knocking is whispering is BECOMING

Am I listening to ALL of it?

Paul: EXPANSION The more we grew "economically" the more we contracted....

## **Space 25: 11:45ish est - Open Spacing to explore: people and power /Susan**

(This lilac section below seems to have been dropped here in the wrong place: see below) We'll do several rounds answering some of these 3 questions. Feel free to make your own contribution with anything related to the topic

1. When I performance at my best energy what's that like? What the patterns are?
2. What is to be spiritual and how is related to our best physical and cognitive performance?
3. Best tips for mixing exercising, meditation (or any other spiritual activity) and consuming right information for learning. How are they related?

Recomendations, books, suggestions:

Day 3 Open Spacing to explore: people and power /Susan

Participants: Susan Liao (convener), Charlie, Luci, Judit, Kennan, Sweetness, Paul, Audrey, Thomas, Harold, and more butterflies & bees

When there's a power imbalance in Open Space (and really, isn't there always? Most of us have privilege in some ways and some have a LOT of privilege), is OST at risk of being an echo chamber where only the more powerful voices carry. - Luci

Kennan brought up Eduardo Duran ... The book is "Healing the Soul Wound"? ... recognizing that the people who're empowered often don't recognize that they are, and that conquered people experience the world very differently.

A question: are there things we might do differently in Openings?

Luci: In my work we collaborate to develop Agreements together about what each of us need to be fully present and do our best work.

Judit has confidence that Open Space always works in the end because nobody is in power. Charlie points out that there always IS power.

Sweetness: I love how we show up as who we are and how we learn to becoming powerful in our own right. // Choice is mine: who benefits from having a leader, and/or a leader with power? // Control is an illusion.

Susan's considering: In virtual environments and physical environments, are the principles enough? What if we didn't have Harold working the back end? I Do believe in Judit's point that the trust will work out. But there will always be people who fall out? But maybe that's the time for them. So maybe the question is of access, mobility, the interfaces in which we dialogue.

Kennan: Wondering about people with power who use cruelty to maintain/wield power.

Sweetness noted that Glory arrived for her often during Harrison's talk yesterday. She encourages each of us to embrace Love as we define/experience it. She is thinking about how to balance/believe in Power and Control: as a parent/grandparent, she realizes it's illusion. As a grandparent she allows her son to introduce her to things she hasn't considered yet; she feels Open Space does the same, widening her view and scope of things. She also recognizes the lens that she has, through which she receives, is different than others. Each of our lenses is contaminated/influenced. She hopes her audacity is not offensive: how someone else perceives things is not her business, and that the measure of peace she knows she has today, she offers it. She doesn't offer things that she doesn't care for, but the things about herself that she adores. She wants to say for herself that she does not identify herself as a particular race, she connects to humanity as one race: she does that for herself because it gives her a freedom that she believes she needs to govern herself to be the best grandparent/neighbor/niece etc that she can be. That's a freedom she gets when she doesn't attach to race. And she wants to be inclusive to those who need to be identified as a particular gender. Inclusiveness is more powerful. The name Sweetness helps her reach inclusion, grace, love, compassion, understanding, acceptance.

Kennan: Curious about leveraging discussion around tech sector. Reimagine Science has shifted toward indigenous wisdom and western science as an allyship. Leaning into seeing if we can recapture a framework that never left several peoples of the world. This framework has a harmony embedded in the value system. There's a centeredness that never left the indigenous cultures even as they "lost power," they stayed centered to a knowledge that defines them. Seems like in European cultures have lost that. One of the central principles she's noticed is that there's nothing monolithic: different tribal nations. With the two members of her group, across all the tribes he knows, they share the Medicine Wheel (and (something) map).

Charlie followed the Algonquins awhile. They've had at least three transformations which created a different set of cultural ...

Susan: Her work with founders and people wanting to transition their own earning power, building wealth for themselves and communities ... Teacher/electrician/etc. wants to earn more. Some people in her circle identify as Native Women: what draws them to Susan's spaces returns to being seen and heard, some sense of healing in these spaces. Space to reflect and share stories. To know there are other paths to advancing purpose that doesn't have to be VC/Private Equity. What is power in that sense? In entrepreneurship there's "a model/assumption of scarcity. How much of the world can you dominate? Who are your

competitors? Scarcity vs abundance.” So let’s redefine what work looks like where we have harmony, valuing of the land. De-normalizing how we look at data for funding, etc. There’s more to me than being Asian, there are many “Asians.” What Sweetness shared sits with her: What do I want to be present for? What are the questions I want to ask and reflect on?

Kennan: The word “healing” has some really strong interplay with “power” and all the rest, too. Appreciation for Thomas Hübl’s work on generational healing around conquering and being conquered.

Charlie: I have a very naive notion – and I hate the word – of shamanism. I understand that the core of that is healing, doing things that their peers couldn’t accomplish. After the death of a healer, different dynamics arise.

Kennan: My understanding is that shamanism helps retrieve parts of souls that have been fractured, to bring them back. I believe Hübl’s work, quite strong in leadership circles worldwide, feels like reclaiming a fracturing of our society’s souls. It looks like electing officials w a lot of projected issues from their childhood, we seek to elect “father figures” to “make things right again.” A sign of fracturing and trauma from one’s own early childhood, non-harmonic ... in contrast with how biologically life was meant to unfold.

Paul: Interesting conversation yesterday in a Theater Open Space he attended, around improv in lives not just in theater. Isn’t it great to get into flow where everything falls away. But is it a good thing? Being in the moment means all history falls away. Is being in the moment an escape that has benefits, but maybe isn’t where we should be? We’re not on a timeline: when you’re on a timeline your’e trapped. Circles can go anywhere, off the timeline into the field of possibility, then suddenly wherever you are you can say “that’s my child talking to me” “that’s my parent talking to me” “I’m going to call a session on ...” ... You can be past/present/future all at the same time. What would the younger me have said? A lot of mindfulness is all about sweeping away the past and future and just being in the now. Open space provides that option – stand anywhere in that field, anytime, and it’s up to you.

Charlie: I’d love to take the 4 Principles and reconfigure them in support of this model. The only thing that could happen is what happened – well, everything happened. Etc.

Sweetness: I wouldn’t want to be in a life with a Quiet Charlie. The Woman has been honored in such a low vibration for such a long time. Kennan’s consideration of how we elect official sits like castor oil in my throat! Now that I exercise the wonderful privilege of voting... When Kennan used the word “healing” she thoughts about women being “in charge” “in power” in regards not just to another woman but to Humans. How does it show up that Woman has been honored in such low vibration for so long? When we think of men being damaged but needing to show up “in power” does that mean they’re wrapped in bandages? I have desire to advocate for women now: I know what it looks like when we are together.

— Charlie: “The answer to racism is 2042” ... In 2042 we’re going to be a majority minority country. White people will be a minority in 2042. What will that do, if anything, t power discussions when technically white people aren’t in charge, at least democratically. I’m thinking about what the battle looks like in the meantime?

Kennan: Finland has an interesting dynamic: most are Swedish Fins, but the Finnish Fins hold all the power even though they’re a minority.

Charlie: I came back to comment on Kennan’s remark that 2042 is a “red herring”.

I believe that we are already seeing the impact of this set of changes. We are seeing it in MAGA, voter suppression, gerrymandering, immigration policies, prohibition on teaching critical race theory, Trump’s “1776 Project”, mainstreaming of white supremacy, and drives to eliminate affirmative action, to mention a few.

Luci: In this country, we’re well dominated by the 1% who hold the money. Why do we, the 99%, cede our power to them?

Susan: There’s a sense of urgency to the idea of shifting power. There’s alot of empowerment inherent in Open Spaces, but I’m still questioning if the structures are enough?

Luci: Thinking about people with less access to tech, and how we lose them in conversations.

Paul: Consideration around Power, but is it really about Politics? When I meet an extremely rich person who has all the “power” but are racist/etc ... Capitalism is only a few hundred years old. Their power was kind of cheated, not won. Open Space can balance that. Their money isn’t in the room, necessarily, their weakness is exposed. In Theater Open Space, women hold conversations around women int he arts and one senses a power: it isn’t charged up batteries but is molten power as in the center of the earth.

Charlie: Thanks, Paul for clarity. Discussion of power is two dynamics – people with TONS of power, equalizing them, and people with NO power, equalizing them. I suspect the solution is different.

Paul: Batteries corrode. The power at the center of the earth is ...

Susan: “Open space being equalizing” There’s power in the human connection. Serendipitous moments conversation. Tech can’t solve everything. Just voicing WELCOMING is powerful. Serendipitous meanderings.

<https://theconversation.com/companies-are-trying-to-connect-remote-workers-with-virtual-water-coolers-but-its-harder-than-it-sounds-146505>

Harold: I value Luci’s questions about tech who aren’t abled. We all have space where we have power, Paul is talking about something more primal: everyone has access to. Is there one less thing I can do and it will still work? The more we do FOR them, the less we’re acknowledging their connection to that primal power. It doesn’t answer every question. Requires inquiry, patience, maybe psychotherapy!

Luci: How do we bridge the gap between accessing deepest power with those who're experiencing housing/food/fuel difficulties?

Sweetness: It (racism) has been going on for hundreds of years Where is there? Greed is a demon that feeds off of injustice

Keenan: We have to stop the harm first before healing can occur.

## **Space 26: 12pm est Exploring social safety and open space. Do rituals make a difference for equality and social safety? Opportunities and obstacles?/ Annika/Annick**

Hey there!! Use this space to write down key insights from your conversation. As you type, everyone sees the changes immediately.

Room 26 Exploring social safety and open space. Do rituals make a difference for equality and social security? Opportunities and obstacles?/ Annika/Annick Participants: Marc, Uilises, Chuni Li, Eric, Annika, Annick, Richard, Angela, Harry, Thomas, Simon, Harold, Skye, Minghua. Moussa. Irene.

Welcome, What brought you here? Marc: I believe my calling is to evoke psych safety for myself and others. Curious how that will connect with this.

Uilises: Power and social safety Eric: The opening was a very powerful ritual, collective wisdom, want you to dive in

Annick: I like to do the ritual as described in the users book, It feels good in the body Harry; I came here to listen, Im interested in people Chuni Li: The ritual, the principles, totally changed my facilitation and how participants are empowered to engage in their own ways . "You're there but not there." (as facilitator)

Thomas; curious about the theme, to challenge the normal social safety, everybody is naked and similar.

when we sit together in a circle we are in a way all naked with each other .We go beyond the normal ways of being safe. The ritual is really important.

Being vulnerable together, presence and to see each other, quality, The intent underneath,

Simon: Ritual and social safety, damaging rituals. [https://www.amazon.com/dp/B0B3BC6NMT/ref=tsm\\_1\\_fb\\_lk](https://www.amazon.com/dp/B0B3BC6NMT/ref=tsm_1_fb_lk)

Do rituals make a difference for equality and social safety? Opportunities and obstacles?

Social safety (vs. social conflict); being accepted, being seen and heard and welcome.

Uilises: related to controversial topics and power and status quo. It's about setting up the space to talk about controversial topics that are against status quo.

The ugly and sloppy ritual

Just show up with whats on your mind, triggers so that emergency occurs and a thread (is "woven"?)

Annick; every meeting starts with a check-in, a major tool to open space

Jim Mc Karthy, Microsoft on the rules can be in the way. <https://liveingreatness.com/core-protocols/>

Simon: Any form of ritual is a bubble. Goldfish- what water? Explicit rituals can give people permission to abandon implicit (unhelpfully constraining) rituals, but bring with them the risk of inadvertently constrain in some other way.

Richard: Ritual is interesting, is it a useful bubble. intention is coming together. the collective consciousness, getting attached, having a structure is important, can you drop the ritual? The ritual and the essence. Use the structure but can you let go. Let go, just be present. Essentials of Open Space are presence and emergence.

Annick, religion association, we can really embrace rituals that are not religious, the birthday party or the teenage party

Rain; Came to communicate my grief of not being able to attend this session ritual and ceremony are so critical to me in my life. Much love and appreciation, I will review the notes. EVERYTHING in life is ritual, whether BEING conscious of it or not. It is not an intellectual getting in Open Space, it is already there, the "ritual" of Open Space reminds us of what we already know, that which lives in the bones, in the heart, in the body, in the Spirit

Marc; Get the values into your bones. the ritual to fall back on Ritual (habits; procedures) = Practice (of ethereal concepts, like "equality," "respect," "freedom," "accountability").Rituals evolve/fall away, but are useful to return to when stress breaks "the field." (Richard Schultz' word)

Chuni: the ritual and the true essence, the process to bring people to the circle, the ritual is in the organization and its culture. The ritual and the structure.

Richard: walk in the circle, investment in the ritual in the beginning, advancing and letting the ritual go when accepting the power in them. It is a dance.

Simon: 1) do it according to the rules, 2) use them as guidelines, 3)make it to your own (Shu, Ha, Ri)

Marc added note after: OST provides boundaries that make the possibly foreign ritual experience feel safer: try these behaviors

just for these three hours.

We closed the dialog with an invitation to check-out

## **Space 27: 12:30 pm est Mind, body and spirit. Conversation on how to incentive our best being? / Ulises**

How can we become coherent, bringing together spirit, mind and body. How can we not leave out the physical? How to we "experience" to connect all these?

Being present, overcoming overwhelm requires quiet moments without new or more stimulations. Time out going to our own form of a "cave" to "gather ourselves" back together into a wholeness, not being pulled outward to what's going on around us or in us. When we feel overwhelmed, it's like we are filled up, we are too full to take on anything more.

Trying to fix what we don't like often just sets us into more activities, more thought, more efforts. BEing still is countintuitive when we feel like we are being swamped by life, activities and new processes we don't know how to manage.

Feelings of going up and down are because we are focused "out there" rather than connecting within our inner core self.

## **Space 28: 1pm est Endings and New beginnings in the workplace. How might we better deal with them? (Annick)**

Hey there!! Use this space to write down key insights from your conversation. As you type, everyone sees the changes immediately.

Endings and New beginnings in the workplace. How might we better deal with them? (Annick)

Participants: Rijon, Rain, Suzanne, Conrad, Therese, Quita, Chuni Li,

Rion: Shares an experience about a brutal departure of a team manager. Not enough permission for the team members to live the shock and anger.

Being more provocative: Open space for the group. Open it instead of closing the space. Not leave emotions on the table. Small group intervention maybe. To keep the group cohesive.

Do emotions have space to be expressed in the workplace? If no emotion, not being human.

Conrad shares his experience of leaving a 9 to 5 job. Stayed for 5 more years for the money... And left for his well-being. Stepping out and being an entrepreneur, he feels constantly on new beginnings. Going from one small gig to another. Longer gigs, the ending was difficult. He did not want to let it go. Don't like to experience this kind of ending but likes the long gigs with the camaradery and feeling he's making a difference. Feels he is constantly applying for a job. Experience of creating his life. Learned some great skills. If he would have stayed at the company, would have become violent or would have internalized and become very hill.

Dare to step out into nothingness. He has been blessed all along the way, not working 9 to 5.

Suzanne - provoking is sometimes having the courage to invite the conversation. See if there is a role that fits with Open Space to assist ending and new beginning. Engage a conversation. We are facing a new beginning, what do we want to be in this new beginning and what are we sad to let go?

Quita - shares about illness. Looking at it as a new beginning. There's some fear. Some excitement. Freedom and power in doing that and creating what is in front of myself. Very present on endings and new beginnings. New take on the relationships with people I have not long heard from. Thinking about Legacy. Exciting and Joyful. Nobody knows which way it is going to go.

Rain: We are always in the presence of endings and beginnings. Be present to the moment. Express pure emotion about the ending (leaves falling in the Fall). Balancing the beginnings and the endings.

Conrad: Emotions in the workplace. Often the workplace don't want us to get emotional. Reflect or share what emotions are coming up for me. Embrace whatever comes up. Let the manager know. The clearing assists us to be present in this change. Acknowledge the person, be honest, have an honest creating with this person. When we take care of ourselves first, we are such a beautiful contribution to the world. We got to take care of ourselves first.

Sharing something that is so precious (like Open Space) - fear that it will not be acknowledged and honored.

Quita - Making sure that wholeness of self is present. Without the wholeness of being, how can someone be effective in work. Most of times, we are censoring ourselves, worrying we might be judged. My own high performance - the more authentic I can be, the more I can express my best self. Has a deep impact on my contribution.

## **Space 29: 1:30pm est What's love got to do with it Peace/Peak Performance? How do I connect to, remember loving, is it a choice? What do I have to do with it? What is your experience of loving and connecting to it. What interrupts what helps? /Skye**

What's love got to do with it Peace/Peak Performance? How do I connect to, remember loving, is it a choice? What do I have to do with it? What is your experience of loving and connecting to it. What interrupts what helps? /Skye (Room 29)

Who's here? Skye, Elena, Marc, Ulises, Suzanne, Richard, Rijon, Harold, Harry, Chuni, Angela, ConRAD, Elaine, Eric, Annick, Susan, Audrey

Skye: Can we choose love? can we speak of it? Expansive vibration. Can we connect to that feeling on purpose? Story of "remembering" love (through the gift of a break), and it became effortless. Loving energy is what we're made of; when we remember it, it changes us/our bodies; opens door to communication like no other. No distance. Can't always access it.

REmembering loving, Skye asked everyone to recall a time, time, event or experience of feeling loving. Close the eyes, and allow yourself to re-call, re-memeber, to call it back into your experience at this time.

Then look around the "circle" and choose one person to "tell them something they need to hear from you from this loving energy you are now feeling and connected with.

The sharing from this loving energy seemed to expand with sharing stories and remembering and connections one to another.

This energy field we created seemed as if we could actually feel one another next to us beyond the technology

Skye: Love is a choice. We can remember it and it may well be a way to talk with 8Billion people maybe beyond words. This energy allows communication, working together, getting things done, and effortless.

Take time to find what generates this loving feeling, again ana again. This we each alone can do for ourselves to know to keep present to what helps us feel loving and what interrupts it. That we can choose.

It's like coming "home." Home to the harmony, the integration, the wholeness aware possible with each breath. It can only take a moment of presencing the experiencing of feeling loving.

Instead of saying "I'm upset", or "that person or situation upset me" say "I'm upsetting myself".

Forgiving yourself. (permission to start (loving) fresh.)

Forgiveness (opens loving) changes your body chemistry.

Title: If I Could See Through Your Eyes by ConRAD Neblett

If I could see through your eyes If I could feel through your pain If I could understand your world I wonder who I would BE How would I then see YOU? How would I then see ME? Would the lens I see through be different? Would that affect my life? I wonder if there would be a cosmic shift in the world? A transformational birth of my understanding of you and your understanding of me? I Wonder?

Conrad shares about his experience having a new vision. The intuitive eye. The third eye. The We being included in an individual experience. The value of seeing the asian colour. Ancient wisdom. Certain wisdoms that enrich our lives. There's a lot of freedom to understand - in the midst of being treated less than human how black Americans have created in this country.

The word Wonder. To open in the wide way of Love. I Wonder could I keep choosing love, inviting love?